

# Wellness in the Stacks

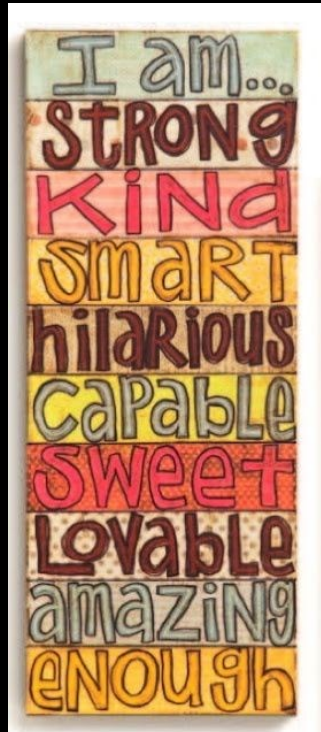
Thursday,  
Feb. 9<sup>th</sup>

Rice Socks  
and  
Aromatherapy



Thursday,  
Feb. 23<sup>rd</sup>

Love  
Yourself  
Mirrors



Thursday,  
March 16<sup>th</sup>

Aromatherapy  
air  
fresheners



Thursday,  
March 30<sup>th</sup>

JCU Tile  
Magnets



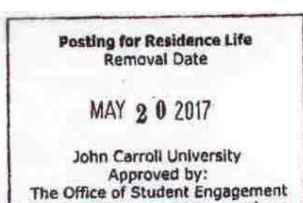
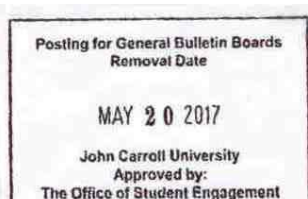
Thursday,  
April 20<sup>th</sup>

Dirt pudding  
and slime



**Spring Semester**  
**Thursdays, 8-10 p.m.**  
**Library Learning Commons**

**Sponsored by: JCU Peer Health Advocates & Grasselli Library**



Grasselli Library and  
Breen Learning Center  
 



**JCU WELL** 