

**SAFE SPACE**

**Violence Prevention and Action Center**  
JCU Counseling Center, 2567 Belvoir Blvd.

Hours: 8:30am - 5:00pm Monday - Friday

Phone: 216-397-2175  
24 Hour Hotline: 216-397-CALL (2255)  
[www.jcu.edu/vpac/](http://www.jcu.edu/vpac/)

**Additional Campus Services**

- Campus Safety Services  
(24 hour emergency resources).....216-397-1234
- Campus Ministry..... 216-397-4717
- Dean of Students Office .....216-397-3010
- Residence Life .....216-397-4408
- Student Health Center.....216-397-4349
- University Counseling Center.....216-397-4283

**Local and National Services**

- Cleveland Rape Crisis Center  
24 hour Hotline..... 216-619-6192
- Cleveland Domestic Violence Center  
24 hour Hotline.....216-391-HELP (4357)
- National Sexual Assault  
Hotline..... (800) 656-HOPE (4673)
- National Teen Dating Abuse  
Helpline .....(866) 331-9474

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John Carroll University





## Sexual Assault

Engaging in, or attempting to engage in, oral, vaginal, or anal penetration through any means (i.e., penis, tongue, finger, foreign object, etc.) without the consent of the other person.

Consent is the freely given and mutually understandable. Consent cannot be given while substantially impaired.

**Someone is raped every two minutes. College-age women are 4 times more likely to be assaulted than any other age group.**

## Stalking

Pattern of two or more incidents of unwanted attention directed at a specific person that would cause reasonable persons to fear for their safety.

Various methods may be used including: calling, texting, social networking, monitoring behavior, physical proximity, taking pictures.

**Victims are stalked by someone they know 75% of the time. College-aged women experience the highest rate of stalking.**

## Relationship Violence

Behavior used to establish power and control over another individual using fear, intimidation, violence and/or threat of violence. This can include emotional, physical, sexual or financial abuse.

Some Warning signs of unhealthy relationship:

Your partner is . . .

- Extremely jealous
- Aggressive towards you or others
- Constantly checking up on what you're doing
- Putting you down
- Controlling what you do and who do it with
- Blaming you for all the problems in the relationship

## How To Help A Friend

### What To Do:

Be supportive / Believe them

Refer them to a supportive service (Safe Space, counseling center, etc)

Understand that they will experience a wide range of emotions

Let them know it was not their fault

Listen

### What Not Do:

Make decisions for them

Judge them

Confront the accused

Investigate/Interrogate

## How Violence Prevention and Action Center (VPAC) can help

### Supportive Services:

- Crisis intervention and advocacy
- Safety planning
- Transportation
- Resources and referrals
- Class or housing reassignments
- Assistance with legal process if applicable

### VPAC Will:

- Provide a safe and private atmosphere
- Listen
- Empower
- Discuss all your options

### VPAC Will Not:

- Judge
- Tell you what to do
- Give you inaccurate information