

PS 457: PSYCHOPATHOLOGY

CONTACT INFORMATION

David W. Rainey, Ph.D.

Dolan East 309

Phone: (216) 397-4465

Email: rainey@jcu.edu

Office Hours: By appointment (email me for appointments)

PREREQUISITES:

The only absolute prerequisite for this course is PS 101 (Introduction to Psychology), but it is recommended that you have 3-4 200 and 300 level courses before taking this course.

STUDENT LEARNING OUTCOMES

Upon the successful completion of this course, you will be able to accomplish the following outcomes:

- **Identify** and **Describe** the competing historical perspectives about what defines "abnormality"
- **Compare** and **Contrast** these competing historical perspectives
- **Provide Examples** of specific theories and theorists who related to each of these perspectives
- **Explain** the contribution of each of these perspectives to our understanding of the nature of psychopathology
- **Describe** the organization of the Diagnostic and Statistical Manual, 5th edition (DSM-5)
- **Identify** and **describe** the limitations and criticisms of the DSM-5.
- Given a list of symptoms, **identify** the correct diagnosis
- Given a diagnosis, **provide and describe** the symptoms
- **Identify** the category of a diagnosis in the DSM-5

REQUIRED TEXTBOOK:

Butcher, Hooley, and Mineka (2013). *Abnormal Psychology* (16th Ed.). Pearson: Boston. I recommend the electronic version, which is available at CourseSmart etextbook, www.coursesmart.com.

Since this is an online course, students are required to have access to a computer capable of operating with John Carroll University's Blackboard system. If you have any questions about your connection before or during the course, call the JCU Help Desk at 216-397-3005. In the summer, hours are 8AM -9 PM Monday through Thursday and 8 AM - 5 Pm on Friday.

WORKLOAD EXPECTATIONS:

On-line courses are more difficult than in-class courses, because they put so much responsibility on students for their own learning. The trade-off is that you get to do your work when YOU choose, but that does not mean that there is less work, quite the contrary. It is expected that you will spend at least 4 hours per day carrying out the assignments for this course during its entire duration (longer for slow readers). Even with the recorded mini-lectures that are provided, most of your learning will occur through reading/studying the text and other resources. In addition, there will be daily quizzes, tests, and written assignments that all come with absolute deadlines. You cannot afford to get behind in this course. You need to be very well-organized, and you need to pay very close attention to the syllabus, which details the due dates and times for all assignments. If you have any doubts about being able to be this organized and dedicated, you should not register for this course.

COURSE STRUCTURE AND ACTIVITIES

During this 5 week class, we will cover 7 units of study, which are listed in the weekly schedule below. Each unit will have associated readings from the textbook and other sources, short on-line lectures, some with video clips, written assignments, and quizzes, all with deadlines. There will also be an on-line

midterm and final exam. Dates and deadlines for all assignments for the course are listed in the weekly schedule. It is **critical** that you complete all assignments and activities by the deadlines. Failure to do so will result in a **zero** for that activity.

Print a copy of this syllabus and read it in detail before you start the course, because you will be held responsible for its contents!

At the beginning of each week, open the **ASSIGNMENTS** section of Blackboard for this course and click on the appropriate week to view the activities and assessments you need to do for that week and their deadlines. **These assignments are arranged in the order in which you should complete them.** For example, when you open the **ASSIGNMENTS** button in Blackboard the first day, click on **Week 1 Assignments Folder**. **Then you will do the assignments in the order in which they are arranged from top to bottom.** For example, listen to Lectures 1, 2, and 3 and read “Case 4 Katharina “ and “Conditioned Emotional Reactions” before taking Quiz 1. Also be sure to read assigned textbook chapters by the dates indicated in the syllabus. Described below are the kinds of activities that make up the course:

Video mini-lectures: There are mini-lectures (running from about 5-12 minutes) accompanying each of the 7 units. When you click on a lecture, you will hear an audio recording of me providing the lecture while viewing an outline of the lecture on Power Point slides. You will need to take careful notes from these lectures, because their contents will be tested in the quizzes and exams. You may view each more than once if you choose.

Video Interviews: For 11 of the diagnoses that we cover in this course I have provided videos of clients with those conditions being interviewed by a therapist. These interviews will provide additional insight and information about these conditions and will be useful in your preparing for quizzes and exams.

Quizzes: There are quizzes each week covering the contents of the video mini-lectures and the assigned readings. There are 14 all together, each with its **deadline**. Each quiz is made up of 5 fill-in-the blank items. The material covered by the quizzes comes from the video mini-lectures and your reading assignments. Your average score on the quizzes accounts for 20% of your final grade.

Written Assignments: For each of the seven units of the course you have a written assignment that requires you to write answers for terms from a terms list for that unit. The directions for how to write these answers (and examples of how to do that) are provided in the file in the **ASSIGNMENTS** section of Blackboard that is labeled "**Instructions for Answering Identification Item Homework Assignments**". This is the first file when you open the **ASSIGNMENTS** section. Make a print copy of this file, and follow these instructions **VERY** carefully. The terms lists for each of the 7 units are found in the files for each of the five weeks of the course. They are always listed as the last item(s) for that week's assignments. Some weeks we cover one unit, and some weeks there are two. Be sure you identify how many of these assignments there are for each week, and be sure your answers are submitted by the deadlines! The answers for each of the terms are provided either by the video mini-lectures or in your readings. **You will write your answers following the correct format in Word files or PDF files and send those files to me as attachments to an email by the due date. My email address is Rainey@jcu.edu.** Your average score for these assignments is weighted 40% of your final grade, so they are a very important component of your grade. These assignments are also excellent preparation for the midterm and final examinations.

Midterm and Final Examinations: There will be a midterm exam following Week 2 and a final exam at the end of Week 5. You will find them in the Assignments section of Blackboard for this course. Each exam will cover material from the video mini-lectures, video interviews, and your assigned readings. Each exam will be 100 multiple choice items with 4 choices each. The exams will be time limited - 50 minutes each - and once you begin, you must finish. These exams will be administered through a "**lock-down browser**", which means that once you start you will not be able to switch to another web site. Also, you are not allowed to stop and restart at some later point. Each of these exams will be weighted 20% of your final grade.

Weekly Assignments

Week 1 (Monday May 12th - Sunday May 18th)

Unit 1: What is Abnormal/ What Causes Abnormality

Readings:

Chapter 1 (only pages 2-14, **before quiz # 1** on Tuesday May 13th)

Chapter 2 (pages 43-53, **before quiz # 1** on Tuesday May 13th)

Chapter 3 (**before quiz # 1** on Tuesday May 13th)

Chapter 5 (**before quiz # 3** on Saturday May 17th)

CASE 4 Katharina ----(Freud) (read after Lecture 3)

CONDITIONED EMOTIONAL REACTIONS (Watson & Raynor, 1920) (read **after Lecture 3**)

INTRODUCTORY SURVEY: A TYPICAL CASE (Maslow)
(read **after lecture 4**)

EITHER/OR FORCED CHOICE ACTIVITY (read **after Lecture 5**)

Video Mini-Lectures:

Lecture 1: Definitions of Abnormal

Lecture 2: Four Competing Models of Abnormality

Lecture 3: Biological, Psychoanalytic, and Behavioral Perspectives

QUIZ # 1: DEADLINE MIDNIGHT TUESDAY MAY 13TH

Lecture 4: Humanistic Perspective

Lecture 5: Existential Perspective

Lecture 6: Interpersonal Perspective : Transactional Analysis:

QUIZ # 2: DEADLINE MIDNIGHT THURSDAY MAY 15TH

Lecture 7: Complexity of Meanings of the Word "Cause"

Lecture 8: Concrete Causes: Specific Psychosocial Causes

Lecture 9: Stress and Stressors

QUIZ # 3: DEADLINE MIDNIGHT SATURDAY MAY 17TH

Written Assignment: Identification Items for Unit 1: DEADLINE

MIDNIGHT SUNDAY MAY 18TH

WEEK 2 (Monday May 19th - Sunday May 25th)

Unit 2: Neurotic Disorders

Readings:

Chapter 5 (pages 145 -155, **before quiz # 4** on Tuesday May 20th)

Chapter 6 (**before quiz # 4** on Tuesday May 20th)

Chapter 8 (**before quiz # 5** on Thursday May 22nd)

Video Mini-Lectures:

Lecture 10: The Neuroses / Generalized Anxiety Disorder

Watch video on social phobia

Lecture 11: Post-Traumatic Stress Disorder

Watch video on PTSD

Lecture 12: Obsessive -Compulsive disorder

Watch video on OCD

QUIZ # 4: DEADLINE MIDNIGHT TUESDAY MAY 20TH

Lecture 13: Somatic symptom Disorder

Watch video on hypochondriasis (Somatic symptom Disorder)

Lecture 14: Depersonalization disorder

Lecture 15: Dissociative Identity disorder

QUIZ # 5: DEADLINE MIDNIGHT TUESDAY MAY 22ND

Unit 3: Eating Disorders

Readings:

Chapter 9: Eating Disorders/Obesity (**before quiz 6** on Fri. May 23rd)

Video Mini-Lectures:

Lecture 16: Anorexia

Watch video on anorexia nervosa

Lecture 17: Binge Eating Disorder

QUIZ # 6: DEADLINE MIDNIGHT FRIDAY MAY 23RD

Written Assignment: Identification Items for Units 2 and 3: Deadline

Midnight Saturday May 24

MIDTERM EXAMINATION: DEADLINE NOON

MONDAY MAY 26TH !!

WEEK 3 (Monday May 26th - Sunday June 1)

Unit 4: Substance Related Disorders

Readings:

Chapter 11: Substance related Disorders (**before quiz 7** on May 27TH)

Video Mini-Lectures:

Lecture 18: Substance Use Disorders

Watch video on alcoholism

Lecture 19: Substance Induced Sleep Disorder

QUIZ # 7 DEADLINE MIDNIGHT TUESDAY MAY 27TH

Unit 5: Personality Disorders

Readings:

Chapter 10: Personality Disorders

(Read about schizoid & schizotypal PD's **before quiz 8** on May 28th, narcissistic & antisocial PD's **before quiz 9** on May 29th avoidant & dependent PD's **before quiz 10** on May 31st)

Video Mini-Lectures:

Lecture 20: Personality Disorders

Lecture 21: Paranoid Personality Disorder

QUIZ # 8 DEADLINE MIDNIGHT WEDNESDAY MAY 28

Lecture 22: Histrionic Personality Disorder

Lecture 23: Borderline Personality Disorder

Watch video on borderline personality disorder

QUIZ # 9 DEADLINE MIDNIGHT THURSDAY MAY 29TH

Lecture 24: Obsessive Compulsive Personality Disorder

Lecture 25: Dependent Personality Disorder

QUIZ # 10 DEADLINE MIDNIGHT SATURDAY MAY 31ST

**Written Assignment: Identification Items for Units 4 and 5
Deadline Midnight June 1st.**

WEEK 4: (Monday June 2nd - Sunday June 8th)

Unit 6: Mood Disorders

Readings:

Chapter 7: Mood Disorders and Suicide

Video Mini-Lectures

Lecture 26: Symptoms of Depression

Lecture 27: Persistent Depressive Disorder

Lecture 28: Major Depressive Disorder

Watch video on depression

QUIZ # 11 DEADLINE MIDNIGHT TUESDAY JUNE 3RD

Lecture 29: Symptoms of Mania

Lecture 30: Episodes of Mania

Watch video on bipolar disorder

Lecture 31: Cyclothymia & Bipolar II Disorders

QUIZ # 12 DEADLINE MIDNIGHT THURSDAY JUNE 5TH

Unit 7: Schizophrenia and other Psychotic Disorders

Readings:

Chapter 13: Schizophrenia and other Psychotic Disorders

Video Mini-Lectures

Lecture 32: Schizophrenia

Watch video on schizophrenia

Lecture 33: Causes of Schizophrenia

Lecture 34: Brain Damage and Schizophrenia

QUIZ # 13 DEADLINE MIDNIGHT SATURDAY JUNE 7TH

Written Assignment: Identification Items: Unit 6

Deadline Midnight Sunday June 8th

WEEK 5: (Monday June 9th - Thursday June 12th)

UNIT 7: Schizophrenia and other Psychotic Disorders (Continued)

Readings:

Ch 13: finish by Tuesday June 10th

Video Mini-Lectures

Lecture 35: Brief Psychotic Disorder and Schizophreniform Disorder

Lecture 36: Schizoaffective Disorder and Delusional Disorder

Watch video on schizoaffective disorder

QUIZ # 14 DEADLINE MIDNIGHT TUESDAY JUNE 10TH

Written Assignment: Identification Items for Unit 7 Deadline

Midnight Wednesday June 11th

**FINAL EXAMINATION: DEADLINE
MIDNIGHT THURSDAY JUNE 12TH!!**

