Regention & University

2018 Easter Break Group Fitness Class Schedule

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|-----------|----------------------------------------------------------|------------------------------------------------------------|------------------------------------------------|------------------------------------------------------------|------------------------------------------------------------|----------------------------------------------|
| Wednesday | Thursday | Friday | Saturday | Sunday | Monday | Tuesday |
| March 28 | March 29 | March 30 | March 31 | April 1 | April 2 | April 3rd |
| 6:00pm: | Il Group Fitness Classes are ancelled | All Group Fitness Classes are Cancelled | No Scheduled Group Fitness Classes | All Facilities CLOSED for Easter Sunday | 5:00pm: Restore and Renew Yoga with Nathan | 6:30pm: Power Yoga with Izabele |

The Spring 2018 Group Fitness Schedule will resume Wednesday, April 4th.

Contact Brian Armelli x1785 or barmelli19@jcu.edu with any questions