**Abby’s Pushback Hey (for my granddaughter, Abby Pershing, who likes this dance)**

A1 With your Neighbor, star right all the way around, and swing
A2 Ladies lead a push-back Hey**

B1 Ladies pass by the right, swing your partner
B2 Ladies chain, left hand star

** In a pushback hey dancers start a hey for 4 but when they meet the other person of their gender in the middle of the set, they put up both hands and push off from each other. Ladies begin by going to the middle while the men step to the right. Ladies push back into the gent’s place on the side of the set. While the men go to the center the ladies step to their right then the men push back to their original places. Repeat the figure.

**Alice's Gay Gordons**

Duple, improper

A1 Neighbor balance and swing
A2 Ladies in the middle, varsuvian promenade, in the Gay Gordons' style
  (forward 4 steps, half turn, back up 4 steps, repeat)

B1 Ladies pull by the right, swing your partner
B2 Circle left 1 ¼, California twirl

**Aloha Basket**

Duple, improper

A1 Two men join both hands, balance, ladies duck under their joined arms to form a basket, basket swing.
A2 Neighbor do si do, Neighbor swing

B1 Long lines go forward, take your partner back with you (to the man's side of the set)
  Swing.
B2 Join hand and circle left, just ¾, balance, pass through

Notes: Depending on the efficiency with which people form the basket, couples MAY end up on the wrong side of the set to do si do their neighbors. There are two recovery points where dancers can correct this. 1) People are supposed to swing their partners on the MAN's side of the set. The woman to take the man back with her for that to happen. 2) foursomes in the wrong place can circle left once and a quarter to pass through in the proper direction.

**And Allemande Left**

Duple, improper

A1 Ladies allemande left once around, swing your neighbor
A2 Men, Allemande left once and a half, swing your partner

B1 Half promenade, ladies chain
B2 Ladies lead a hey for four
Around the World and Back Again
Duple, improper

A1 Neighbor balance and swing
A2 Circle left ¼, swing your partner

B1 Long lines forward and back, Ladies chain
B2 *Square through with partner balance

*give right to your partner, balance, pull by the right, face your same neighbor, pull by the left, repeat. I guess the real square through doesn't have the balance, but I don't know what else to call this.

Aurora Borealis (which I did NOT see in Iceland)

A1 Neighbor balance and swing
A2 Down the hall in a line of four, four steps, face across, pass through and return to the top

B1 Men, do si do ½, swing your partner
B2 Circle left, once and a quarter more, California twirl

Baughman Jig
Duple, improper

A1 Neighbor Balance and swing* *alt: gypsy and swing
A2 Long lines forward and back, Right and left through

B1 Circle left ¾, Swing your partner
B2 Half promenade, Ladies chain

Baughman Reel
Duple, improper

A1 Neighbor balance and swing
A2 Full ladies chain,(over and back)

B1 Circle left, Circle right
B2 Star right, Star left

Bay Village Hey
Duple, improper

A1 Neighbor balance and swing
A2 Circle left ¼, swing your partner

B1 Long lines forward and back, Ladies chain
B2 Ladies lead a hey for four
**Be my Valentine**  
Duple, improper

A1  Neighbor allemande right 1 ½, men allemande left 1 ½  
A2  Pass your partner by the right, hey for four  

B1  Partner balance and swing  
B2  Pass through to a wave, Balance, ladies allemande left 1 ½

**Blue Boy**  
Duple, Improper

A1  Join hands in a ring, balance, Petronella turn 2X  
A2  balance the ring and swing your neighbor  

B1  Men, pull by the left, swing your partner  
B2  Circle left, 1 ¼, California twirl

**Blue Daze**  
Duple, improper

A1  Form a ring and balance, Petronella turn to the right, 2X  
A2  Neighbor balance and swing  

B1  Men do si do 1 ½, Swing your partner  
B2  Circle left 1 ¼. California twirl

**Blue Dog (as in the dog in Blue’s Clues)**  
Duple, Improper

A1  Join hands in a ring, balance, Petronella turn 2X  
A2  balance the ring and swing your neighbor  

B1  Men, pull by the left, swing your partner  
B2  Long lines forward and back, Ladies chain

**Bob's Birthday Bounce** (for Bob McQuillen's 79th birthday)  
Duple Improper

A1  Long lines forward and back,*Neighbor do si do 1 ¼  
A2  In a wavy line, balance, Rory O'More  
    Balance, Rory O'More, ladies continue across the set

B1  Balance and swing your partner  
B2  Ladies, pull by the right, swing your neighbor  
*people tend to want to turn back to the old neighbor, so I call this, "New neighbor do-si-do"
Canterbury
Duple, improper (Easy)

A1  Neighbor balance and swing
A2  Long lines forward and back, roll away with a half sashay (while returning)
    Men, do-si-do, 1 ½

B1  *Gypsy and swing partner
B2  Circle left 1 ¼, pass through
*To keep the dancers lined up, it helps if the ladies step left while the men do-si-do

Dick and Mary's Departure (for Dick and Mary Ashbrook)
Duple, improper

A1  Neighbor allemande right 1 ½, Men allemande left 1 ½
A2  *Partner balance and swing ( *alt: gypsy and swing)

B1  Ladies allemande right 1 ½, Swing your neighbor
B2  Half promenade, Left hand star

Dwayne's Reel
Duple, improper

A1  Turn your neighbor with a two hand turn, pull her into a swing
A2  Full ladies chain, over and back

B1  Long lined forward, gents take your partner back with you and swing
B2  Circle left ¾, balance, pass through

Fall Fever
Duple, improper

A1  Neighbor balance and swing
A2  Men allemande left 1 ½, swing your partner

B1  Full ladies chain
B2  Circle left 1 ¼ pass through

Friday Night at Fiddleheads
Duple, Improper

A1  Neighbor allemande right 1 ½, Men allemande left 1 ½
A2  Gypsy and swing your partner

B1  Half promenade, Ladies chain
B2  Square through with partner balance
**Graceful Reel**  
Duple, improper

A1  Join hands in a ring and balance, turn to the right and swing your partner  
A2  Join hands in a ring and balance, turn to the right and swing your neighbor  

B1  Long lines forward and back, Right and left through  
B2  Ladies lead a hey for four  

**Greentown Give and Take**  
Duple, improper

A1  Circle left, swing your neighbor  
A2  Long lined forward, Ladies take the gent back with you, swing  

B1  Half promenade, ladies chain  
B2  Ladies lead a hey for four  

**Greentown Reel**  
Duple, improper

A1  With your neighbor do si do and swing  
A2  Long lines forward and back, right and left through  

B1  Men pull by the left (4) Partner balance (4) partner swing (8)  
B2  Circle left ¼, balance, pass through  

**Greentown Jig**  
Duple, improper

A1  Gypsy and swing neighbor  
A2  Long lines, forward and back, Right and left through  

B1  Ladies Do-si-do 1 ½, swing your partner  
B2  Circle left ¼, pass through  

**Hi Low I**  
Duple, improper (Easy)

A1  Neighbor balance and swing  
A2  Down the hall in a line of 4 (6)*Right hand high, left hand low,(4) return (6)  

B1  Partner gypsy and swing  
B2  Circle left ¾, Balance, pass through (8)  

* Gent 2 and his neighbor (lady 1) make an arch with their joined hands. Lady 2 ducks under the arch to lady 1's original place, while lady 1 moves to lady 2's original place. The gent follows his partner under the arch, so the ladies have changed positions and all are facing up the hall.
Hi Low II
Duple, improper
A1  Neighbor do-si-do, Neighbor swing
A2  Down the hall in a line of 4, *Right hand high, left hand low, return
B1  Partner balance and swing
B2  Ladies chain, Star left

Hi-lo Stars
Duple, improper
A1  Star right, Swing you neighbor (ladies turn back over the right shoulder)
A2  Four in line, down the hall, Right hand high, left hand low
B1  Face your partner, balance and swing
B2  Ladies chain, left hand star

Holiday Chains
A1  Form ring and balance, turn to the right and swing your partner
Form ring and balance, turn to the right and swing your neighbor
B1  Long Line forward and back, Right and left through
B2  Ladies chain over and back

Holiday Stomp
A1  Form ring and balance, turn to the right and swing your partner
Form ring and balance, turn to the right and swing your neighbor
B1  Long Line forward and back, Right and left through
B2  Give right to your partner, balance, pull by the right, pull your neighbor by the left
Give right to your partner, balance, pull by the right, pull your neighbor by the left

A Hop, a Skip and a Jump (good for high energy teens, adults get tired)
Duple, improper
A1  Neighbor do si do and swing
A2  HOP down the hall in a line of four, turn as a couple, HOP back
B1  Face across the set and SKIP a hey for four (ladies lead)
B2  Long lines forward and back, Ones, JUMP into the middle and swing
Jack's Gay Gordons
Duple, improper

A1  Neighbor balance and swing
A2  Men in the middle, varsuvian promenade, in the gay Gordons' style
    (forward 4 steps, half turn, back up 4 steps, repeat)

B1  Men pull by the left, swing your partner
B2  Right and left through, ladies chain

Ladies’ Hi Low
Duple, improper

A1  Neighbor balance and swing
A2  Face UP the hall in a line of 4
    LADY IN THE MIDDLE, Right hand high, left hand low, return

B1  Partner gypsy and swing
B2  Circle left ¼, pass through

Lady Walpol's Jig (based on Lady Walpol's Reel)
Duple Improper

A1  Neighbor do si do
    Neighbor swing
A2  Down the hall in a line of 4
    Turn as a couple

B1  Full ladies chain (over and back)
B2  Half promenade (with a butterfly whirl, except for raw beginners)
    Right and left through

Left Overs

A1  In a wave across, balance, spin to the right
    Make a wave across, balance, spin to the left
A2  Allemande right with your neighbor 1 ½
    Men to the center, Allemande left 1 ½

B1  Partner balance and swing
B2  Circle left once and a quarter, pass through
**Maori Warrior** (based on Safeway Produce)

Duple Improper

A1  Star right, Neighbor allemande right (1 ½)
A2  Men, allemande left 1 ½, Swing your partner

B1  Circle left ¾, Swing your neighbor
B2  Half promenade, Left hand star

**May Frolic**

Duple, improper

A1  Neighbor balance and swing
A2  Down the hall in a line of 4, turn as a couple

B1  Ladies, pull by the right, swing your partner
B2  Circle left ¾, balance, pass through

**New Clover**

Duple, improper

A1  Neighbor balance and swing
A2  Long lines forward and back, 1's swing in the middle

B1  reach back for the 2's, go down the hall, make a cozy line, return
B2  Make a cloverleaf, turn once around, unwind it, 1's duck through the 2's joined hands

**Northern Lights**

Duple, improper

A1  Neighbor gypsy and swing
A2  Four in line down the hall, pass through across the set, return to the top

B1  Ladies do si so 1 ½, swing your partner
B2  Circle left 1 ¼, pass through

**Peninsula Reel**

Duple, improper

A1  Neighbor do-si-do, Neighbor swing
A2  Ladies chain, Right and left through

B1  Partner balance and swing
B2  Half promenade, Ladies chain

The right and left through to a balance and swing is very nice if dancers finish the courtesy turn, face each other and balance on the down beat of B1.
Perfect Attendance (for Paul, who did not miss a single Forward and Back dance while we danced at the Baughman Grange hall)

A1 Neighbor do-si-do, Neighbor swing
A2 Down the hall in a line of four, Turn alone, return

B1 Circle left ¼ and swing your partner
B2 Half promenade, ladies chain

Rhubarb $\pi r^2$
(Rhubarb $\pi r$ Squared, note all the circles)
in honor of 3.14 (March 14, Pi day) and Rhubarb Pie’s 20th birthday, March 20, 2010

A1 Circle left once around, swing your neighbor
A2 Circle left three quarters, swing your partner

B1 Long lines forward and back, ladies chain
B2 Give right to your partner, balance, pull by, pull by your neighbor by the left,
Give right to your partner, balance, pull by, pull by your neighbor by the left

(I don’t know the official name for this last move…Grand right and left around with balance each time you meet your partner)

Prime Meridian

A1 Circle left ¼. Swing your neighbor
A2 Face up or down the set, lady on the outside, promenade
Turn and a couple, return

B1 Ladies, pull by the right and swing your partner
B2 Long lines forward and back, Circle left and slide left

Rainbow Snake
Duple Improper

A1 Long line forward and back
Men chain (they are on the ladies right, so just like a ladies chain)
A2 Men pass by the right to a hey for four

B1 Partner balance and swing
B2 Men pull by the left and swing your neighbor

Reindeer Stomp
Duple, improper

A1 Star right, Ladies turn back and swing your neighbor
A2 Men allemande left ½, swing your partner
B1  Half promenade, Ladies chain  
B2  Square through, with partner balance  

Road to Oberlin  (with Ann DuFresne)  
Duple Improper  

A1  Circle left, Neighbor do-si-do, 1 1/4  
A2  To a wavy line (ladies in the middle) and balance, Rory O'More  
   Balance, Rory O'More, ladies continue to their partners  

B1  Partner balance and swing  
B2  Long lines forward and back, Ladies chain
**Rolly Poley**
Duple, improper

A1. Join hands in a ring and balance, with your partner roll away (with a half sashay)
    Join hand again and you balance with your neighbor roll away (with a half sashay)
A2  Neighbor balance and swing

B1  Men, allemande left, 1 ½, swing your partner
B2  Circle felft 1 ¼, California twirl

**Shadrack’s Friday**
Duple Improper

A1  Neighbor do-si-do 1 ¼
    To a wave, ladies in the middle, balance, turn ½ by the right
A2  To a new wave, men in the middle, balance, turn ½ by the left
    Swing your partner

B1  Half promenade
    Ladies chain
B2  Square through with partner balance

**Shamrock Jig**
Duple, improper

A1  Four in line, down the hall, Make a cozy line, return
A2  Make a cloverleaf and turn once around, neighbor swing

B1  Neighbor turn by the right, Just the 2’s turn by the left, turn neighbor by the right
B2  Ones balance and swing in the middle

**Spring Greens**
Duple, improper

A1  Neighbor do si do (or balance) and swing
A2  Four in line, down the hall, turn as a couple, return

B1  Circle left ¼, Swing your partner
B2  Pass through to a wave, balance, ladies turn by the left 1 ½

**Stars of Baughman Grange**
Duple Improper

A1  Star right (ladies turn back)Neighbor swing
A2  Long lines forward and back,Ladies, turn by the right 1 ½

B1  Partner balance and swing
B2  Ladies chain, Star left
**Star and Hey**
Duple Improper

A1  Star right (ladies turn back), Neighbor swing
A2  Ladies, turn by the right 1 ½, Partner swing

B1  Long lines forward and back, Ladies chain
B2  Ladies lead a hey for four

**Trinity Stomp**
Duple Improper

A1  In a wavy line, (ladies in the middle) balance, Rory O'More
    Balance, Rory O'More, ladies continue across the set
A2  Balance and swing your partner

B1  Long lines forward and back, Ladies chain
B2  Ladies lead a hey for four

* Ladies should look for the new neighbor lady and join left hands at the end of the hey

**Trip to Lakewood**
Duple, improper

A1  In a wavy line, balance, Rory O'More
    Balance, Rory O'More,
A2  Turn your neighbor by the right 1 ½
    Men allemande left 1 ½

B1  Partner balance and swing
B2  Circle left 1 ¼, pass through up and down the set

**Valentine Petronella**
Duple, improper

A1  Neighbor Do si do and swing
A2  Ladies turn by the right 1 ½, partner swing

B1  Join hands in a ring, balance, Petronella turn to the right 2X
B2  Join hands in a ring, balance, Petronella turn to the right, balance, California twirl

**Valentine Stomp**
Duple, improper

A1  Neighbor Balance and Swing
A2  Men, pull by the left and swing your partner

B1  Join hands in a ring, balance, Petronella turn to the right 2X
B2  Join hands in a ring, balance, Petronella turn to the right, balance, pass through
Xi'an Warriors (pronounced She'an. The famous terra cotta warriors in China)
Duple, improper

A1  Neighbor allemande right 1 ½, Men allemande left, 1 ½
A2  Partner gypsy and swing

B1  Half Promenade, Ladies chain
B2  Ladies lead a hey for four
These are a bit more challenging:

Nelson Madness
Beckett, Double progression

A1  Long lines forward and back
    Right and left through
A2  Circle left ¼
    Swing your neighbor

B1  On the left diagonal, ladies chain
    Straight across, ladies chain
B2  Men, *zig-zag
    Swing your partner

*turn ¾ by the right with the man across the set, turn, ¾ by the left with the next man in line
NOTE  Remind dancers to get re-aligned on the forward and back. Less experienced dancers may need
to be told to take a step to their left to line up with the new couple.

Shoot the Man
Beckett, single progression

A1  Ladies allemande left 1 ½
    Neighbor allemande right 1 ½
A2  Ladies start a left shoulder hey

B1  Ladies turn your neighbor by the right and "shoot" him across to his partner
    Swing
B2  Join hands in a ring and balance, petronella turn
    Join hand again and balance, petronella turn, with your partner, slide to your right

Love, Port and Sherry Contra
Proper

A1  Star left, 1s half figure 8 below
A2  With your neighbor allemande right 1 ¼, Ladies pass right and partner swing

B1  Long lines forward and back, Ladies chain
B2  1s half figure 8 above, Same neighbors, star right
Circle Mixers

Box the Gnat Mixer

A1  Forward and back 2X
A2  Face your partner, gypsy, Do-si-do 1 ½

B1  With then next, balance, box the gnat, Swing
B2  Promenade

Contracordians Mixer

A1  Partner Balance and Swing
A2  Promenade, turn as a couple, Promenade back

B1  Forward and back 2X
B2  turn your back on your old partner, New partner pull by the right
     Next in line, turn by the left, new partner pull by the right, old partner turn by the left.

(A and B can be reversed)

Friday Night Circle

A1  All join hands, forward and back 2X
A2  Give right to your partner, balance, pull by the right, pull by the left
     Give right to the next and balance, pull by the right, pull by the left

B1  New partner balance and swing
B2  Promenade the ring

Sashay to Peninsula

A1  Join hands, go forward and back, Balance, roll away
A2  new partner allemande right 1 ½, do si do

B1  Balance and swing
B2  Promenade

Rory O'More Mixer

A1  Forward and back
     Forward and back, the ladies face out (join right hands with your partner)
A2  Rory O'More, 2 X

B1  With the next in line, balance and swing
B2  Promenade
4 facing 4

4 X 4 Chains

A1 In lines of 4, forward and back, Circle left ½ way
A2 Straight across, ladies chain (into the line of 4 you are facing)
    Down the line, ladies chain (ie, the line of 4 you are in)

B1 Straight across, ladies chain, Down the line, ladies chain
B2 Men, turn by the left, swing your partner, (end facing original direction)
These dances are written to go with Pig Ankle Rag, which has an odd 48 measure format, with 24 beats in each part. It will NOT work well with most 48 bar tunes with an AA BB CC form.

**Pig Ankle I**

A1  Neighbor Do Si Do (8)  
     Neighbor Swing (8)  
     Ladies turn by the right 1 ½ (8)  

A2  Pass your partner by the left to a hey for four (16)  
     Swing your partner (8)  

B1  Long lines forward and back (8)  
    Hands across right hand star (8)  
    Men drop out and the ladies chain (8)  

B2  Square through with partner balance (16)  
    Just the 1s swing in the middle (8).

**Pig Ankle II**

A1  Neighbor balance and swing (16)  
    Men turn by the left 1 ½ (8)  

A2  Pass your partner by the right to a hey for four (left in the middle) (16)  
    Partner swing (8)  

B1  Half promenade (8)  
    Ladies chain (8)  
    1s half figure 8 above (8)  

B2  1s, turn contra corners (16)  
    Just the 1’s swing (8)

**Pig Ankle III** (double progression)

A1  Neighbor balance and swing (16)  
    Ladies chain (8)  

A2  Ladies pass right to a hey for four (16)  
    Partner balance and swing (8)  

B1  Slide left and circle left ¾ (8)  
    Swing your neighbor (8)  
    Long lines forward and back (8)  

B2  Square through with partner balance(16)  
    Just the 1’s swing (8)