

Abby's Pushback Hey (for my granddaughter, Abby Pershing, who likes this dance)

A1 With your Neighbor, star right all the way around, and swing

A2 Ladies lead a push-back Hey**

B1 Ladies pass by the right, swing your partner

B2 Ladies chain, left hand star

** In a pushback hey dancers start a hey for 4 but when they meet the other person of their gender in the middle of the set, they put up both hands and push off from each other. Ladies begin by going to the middle while the men step to the right. Ladies push back into the gent's place on the side of the set. While the men go to the center the ladies step to their right then the men push back to their original places. Repeat the figure.

Alice's Gay Gordons

Duple, improper

A1 Neighbor balance and swing

A2 Ladies in the middle, varsuvian promenade, in the Gay Gordons' style
(forward 4 steps, half turn, back up 4 steps, repeat)

B1 Ladies pull by the right, swing your partner

B2 Circle left $1\frac{1}{4}$, California twirl

Aloha Basket

Duple, improper

A1 Two men join both hands, balance, ladies duck under their joined arms to form a basket, basket swing.

A2 Neighbor do si do, Neighbor swing

B1 Long lines go forward, take your partner back with you (to the man's side of the set)
Swing.

B2 Join hand and circle left, just $\frac{3}{4}$, balance, pass through

Notes: Depending on the efficiency with which people form the basket, couples MAY end up on the wrong side of the set to do si do their neighbors. There are two recovery points where dancers can correct this. 1) People are supposed to swing their partners on the MAN's side of the set. The woman to take the man back with her for that to happen. 2) foursomes in the wrong place can circle left once and a quarter to pass through in the proper direction.

And Allemande Left

Duple, improper

A1 Ladies allemande left once around, swing your neighbor

A2 Men, Allemande left once and a half, swing your partner

B1 Half promenade, ladies chain

B2 Ladies lead a hey for four

Around the World and Back Again

Duple, improper

- A1 Neighbor balance and swing
- A2 Circle left $\frac{3}{4}$, swing your partner

- B1 Long lines forward and back, Ladies chain
- B2 *Square through with partner balance

*give right to your partner, balance, pull by the right, face your same neighbor, pull by the left, repeat. I guess the real square through doesn't have the balance, but I don't know what else to call this.

Aurora Borealis (which I did NOT see in Iceland)

- A1 Neighbor balance and swing
- A2 Down the hall in a line of four, four steps,
face across, pass through and return to the top

- B1 Men, do si do 1 $\frac{1}{2}$, swing your partner
- B2 Circle left, once and a quarter more, California twirl

Baughman Jig

Duple, improper

- A1 Neighbor Balance and swing* *alt: gypsy and swing
- A2 Long lines forward and back, Right and left through

- B1 Circle left $\frac{3}{4}$, Swing your partner
- B2 Half promenade, Ladies chain

Baughman Reel

Duple, improper

- A1 Neighbor balance and swing
- A2 Full ladies chain,(over and back)

- B1 Circle left, Circle right
- B2 Star right, Star left

Bay Village Hey

Duple, improper

- A1 Neighbor balance and swing
- A2 Circle left $\frac{3}{4}$, swing your partner

- B1 Long lines forward and back, Ladies chain
- B2 Ladies lead a hey for four

Be my Valentine

Duple, improper

- A1 Neighbor allemande right 1 ½, men allemande left 1 ½
- A2 Pass your partner by the right, hey for four

- B1 Partner balance and swing
- B2 Pass through to a wave, Balance, ladies allemande left 1 ½

Blue Boy

Duple, Improper

- A1 Join hands in a ring, balance, Petronella turn 2X
- A2 balance the ring and swing your neighbor

- B1 Men, pull by the left, swing your partner
- B2 Circle left, 1 ¼, California twirl

Blue Daze

Duple, improper

- A1 Form a ring and balance, Petronella turn to the right, 2X
- A2 Neighbor balance and swing

- B1 Men do si do 1 ½, Swing your partner
- B2 Circle left 1 ¼. California twirl

Blue Dog (as in the dog in Blue's Clues)

Duple, Improper

- A1 Join hands in a ring, balance, Petronella turn 2X
- A2 balance the ring and swing your neighbor

- B1 Men, pull by the left, swing your partner
- B2 Long lines forward and back, Ladies chain

Bob's Birthday Bounce (for Bob McQuillen's 79th birthday)

Duple Improper

- A1 Long lines forward and back, *Neighbor do si do 1 ¼
- A2 In a wavy line, balance, Rory O'More
Balance, Rory O'More, ladies continue across the set

- B1 Balance and swing your partner
- B2 Ladies, pull by the right, swing your neighbor

*people tend to want to turn back to the old neighbor, so I call this, "New neighbor do-si-do"

Canterbury

Duple, improper (Easy)

- A1 Neighbor balance and swing
 - A2 Long lines forward and back, roll away with a half sashay (while returning)
Men, do-si-do, 1 ½

 - B1 *Gypsy and swing partner
 - B2 Circle left 1 ¼, pass through
- *To keep the dancers lined up, it helps if the ladies step left while the men do-si-do

Dick and Mary's Departure (for Dick and Mary Ashbrook)

Duple, improper

- A1 Neighbor allemande right 1 ½, Men allemande left 1 ½
- A2 *Partner balance and swing (*alt: gypsy and swing)

- B1 Ladies allemande right 1 ½, Swing your neighbor
- B2 Half promenade, Left hand star

Dwayne's Reel

Duple, improper

- A1 Turn your neighbor with a two hand turn, pull her into a swing
- A2 Full ladies chain, over and back

- B1 Long lined forward, gents take your partner back with you and swing
- B2 Circle left ¾, balance, pass through

Fall Fever

Duple, improper

- A1 Neighbor balance and swing
- A2 Men allemande left 1 ½, swing your partner

- B1 Full ladies chain
- B2 Circle left 1 ¼ pass through

Friday Night at Fiddleheads

Duple, Improper

- A1 Neighbor allemande right 1 ½, Men allemande left 1 ½
- A2 Gypsy and swing your partner

- B1 Half promenade, Ladies chain
- B2 Square through with partner balance

Graceful Reel

Duple, improper

- A1 Join hands in a ring and balance, turn to the right and swing your partner
- A2 Join hands in a ring and balance, turn to the right and swing your neighbor

- B1 Long lines forward and back, Right and left through
- B2 Ladies lead a hey for four

Greentown Give and Take

Duple, improper

- A1 Circle left, swing your neighbor
- A2 Long lined forward, Ladies take the gent back with you, swing

- B1 Half promenade, ladies chain
- B2 Ladies lead a hey for four

Greentown Reel

Duple, improper

- A1 With your neighbor do si do and swing
- A2 Long lines forward and back, right and left through

- B1 Men pull by the left (4) Partner balance (4) partner swing (8)
- B2 Circle left $\frac{3}{4}$, balance, pass through

Greentown Jig

Duple, improper

- A1 Gypsy and swing neighbor
- A2 Long lines, forward and back, Right and left through

- B1 Ladies Do-si-do $1\frac{1}{2}$, swing your partner
- B2 Circle left $1\frac{1}{4}$, pass through

Hi Low I

Duple, improper (Easy)

- A1 Neighbor balance and swing
- A2 Down the hall in a line of 4 (6)*Right hand high, left hand low,(4) return (6)

- B1 Partner gypsy and swing
- B2 Circle left $\frac{3}{4}$, Balance, pass through (8)

* Gent 2 and his neighbor (lady 1) make an arch with their joined hands. Lady 2 ducks under the arch to lady 1's original place, while lady 1 moves to lady 2's original place. The gent follows his partner under the arch, so the ladies have changed positions and all are facing up the hall.

Hi Low II

Duple, improper

- A1 Neighbor do-si-do, Neighbor swing
- A2 Down the hall in a line of 4, *Right hand high, left hand low, return

- B1 Partner balance and swing
- B2 Ladies chain, Star left

Hi-lo Stars

Duple, improper

- A1 Star right, Swing you neighbor (ladies turn back over the right shoulder)
- A2 Four in line, down the hall, Right hand high, left hand low

- B1 Face your partner, balance and swing
- B2 Ladies chain, left hand star

Holiday Chains

- A1 Form ring and balance, turn to the right and swing your partner
Form ring and balance, turn to the right and swing your neighbor

- B1 Long Line forward and back, Right and left through
- B2 Ladies chain over and back

Holiday Stomp

- A1 Form ring and balance, turn to the right and swing your partner
Form ring and balance, turn to the right and swing your neighbor

- B1 Long Line forward and back, Right and left through
- B2 Give right to your partner, balance, pull by the right, pull your neighbor by the left
Give right to your partner, balance, pull by the right, pull your neighbor by the left

A Hop, a Skip and a Jump (good for high energy teens, adults get tired)

Duple, improper

- A1 Neighbor do si do and swing
- A2 HOP down the hall in a line of four, turn as a couple, HOP back

- B1 Face across the set and SKIP a hey for four (ladies lead)
- B2 Long lines forward and back, Ones, JUMP into the middle and swing

Jack's Gay Gordons

Duple, improper

- A1 Neighbor balance and swing
- A2 Men in the middle, varsuvian promenade, in the gay Gordons' style
(forward 4 steps, half turn, back up 4 steps, repeat)

- B1 Men pull by the left, swing your partner
- B2 Right and left through, ladies chain

Ladies' Hi Low

Duple, improper

- A1 Neighbor balance and swing
- A2 Face UP the hall in a line of 4
LADY IN THE MIDDLE, Right hand high, left hand low, return

- B1 Partner gypsy and swing
- B2 Circle left $1\frac{1}{4}$, pass through

Lady Walpol's Jig (based on Lady Walpol's Reel)

Duple Improper

- A1 Neighbor do si do
Neighbor swing
- A2 Down the hall in a line of 4
Turn as a couple

- B1 Full ladies chain (over and back)
- B2 Half promenade (with a butterfly whirl, except for raw beginners)
Right and left through

Left Overs

- A1 In a wave across, balance, spin to the right
Make a wave across, balance, spin to the left
- A2 Allemande right with your neighbor $1\frac{1}{2}$
Men to the center, Allemande left $1\frac{1}{2}$

- B1 Partner balance and swing
- B2 Circle left once and a quarter, pass through

Maori Warrior (based on Safeway Produce)

Duple Improper

- A1 Star right, Neighbor allemande right (1 ½)
- A2 Men, allemande left 1 ½, Swing your partner

- B1 Circle left ¾, Swing your neighbor
- B2 Half promenade, Left hand star

May Frolic

Duple, improper

- A1 Neighbor balance and swing
- A2 Down the hall in a line of 4, turn as a couple

- B1 Ladies, pull by the right, swing your partner
- B2 Circle left ¾, balance, pass through

New Clover

Duple, improper

- A1 Neighbor balance and swing
- A2 Long lines forward and back, 1's swing in the middle

- B1 reach back for the 2's, go down the hall, make a cozy line, return
- B2 Make a cloverleaf, turn once around,
unwind it, 1's duck through the 2's joined hands

Northern Lights

Duple, improper

- A1 Neighbor gypsy and swing
- A2 Four in line down the hall, pass through across the set, return to the top

- B1 Ladies do si so 1 ½, swing your partner
- B2 Circle left 1 ¼, pass through

Peninsula Reel

Duple, improper

- A1 Neighbor do-si-do, Neighbor swing
- A2 Ladies chain, Right and left through

- B1 Partner balance and swing
- B2 Half promenade, Ladies chain

The right and left through to a balance and swing is very nice if dancers finish the courtesy turn, face each other and balance on the down beat of B1.

Perfect Attendance (for Paul, who did not miss a single Forward and Back dance while we danced at the Baughman Grange hall)

- A1 Neighbor do-si-do, Neighbor swing
- A2 Down the hall in a line of four, Turn alone, return
- B1 Circle left $\frac{3}{4}$ and swing your partner
- B2 Half promenade, ladies chain

Rhubarb π^2

(Rhubarb Pi r Squared, note all the circles)

in honor of 3.14 (March 14, Pi day) and Rhubarb Pie's 20th birthday, March 20, 2010

- A1 Circle left once around, swing your neighbor
- A2 Circle left three quarters, swing your partner
- B1 Long lines forward and back, ladies chain
- B2 Give right to your partner, balance, pull by, pull by your neighbor by the left,
Give right to your partner, balance, pull by, pull by your neighbor by the left

(I don't know the official name for this last move...Grand right and left around with balance each time you meet your partner)

Prime Meridian

- A1 Circle left $\frac{3}{4}$. Swing your neighbor
- A2 Face up or down the set, lady on the outside, promenade
Turn and a couple, return
- B1 Ladies, pull by the right and swing your partner
- B2 Long lines forward and back, Circle left and slide left

Rainbow Snake

Duple Improper

- A1 Long line forward and back
Men chain (they are on the ladies right, so just like a ladies chain)
- A2 Men pass by the right to a hey for four
- B1 Partner balance and swing
- B2 Men pull by the left and swing your neighbor

Reindeer Stomp

Duple, improper

- A1 Star right, Ladies turn back and swing your neighbor
- A2 Men allemande left $1\frac{1}{2}$, swing your partner

- B1 Half promenade, Ladies chain
- B2 Square through, with partner balance

Road to Oberlin (with Ann DuFresne)

Duple Improper

- A1 Circle left, Neighbor do-si-do, 1 1/4
- A2 To a wavy line (ladies in the middle) and balance, Rory O'More
Balance, Rory O'More, ladies continue to their partners

- B1 Partner balance and swing
- B2 Long lines forward and back, Ladies chain

Rolly Poley

Duple, improper

- A1. Join hands in a ring and balance, with your partner roll away (with a half sashay)
Join hand again and you balance with your neighbor roll away (with a half sashay)
- A2 Neighbor balance and swing

- B1 Men, allemande left, 1 ½, swing your partner
- B2 Circle left 1 ¼, California twirl

Shadrack's Friday

Duple Improper

- A1 Neighbor do-si-do 1 ¼
To a wave, ladies in the middle, balance, turn ½ by the right
- A2 To a new wave, men in the middle, balance, turn ½ by the left
Swing your partner

- B1 Half promenade
Ladies chain
- B2 Square through with partner balance

Shamrock Jig

Duple, improper

- A1 Four in line, down the hall, Make a cozy line, return
- A2 Make a cloverleaf and turn once around, neighbor swing

- B1 Neighbor turn by the right, Just the 2's turn by the left, turn neighbor by the right
- B2 Ones balance and swing in the middle

Spring Greens

Duple, improper

- A1 Neighbor do si do (or balance) and swing
- A2 Four in line, down the hall, turn as a couple, return

- B1 Circle left ¾, Swing your partner
- B2 Pass through to a wave, balance, ladies turn by the left 1 ½

Stars of Baughman Grange

Duple Improper

- A1 Star right (ladies turn back)Neighbor swing
- A2 Long lines forward and back,Ladies, turn by the right 1 ½

- B1 Partner balance and swing
- B2 Ladies chain, Star left

Star and Hey

Duple Improper

- A1 Star right (ladies turn back), Neighbor swing
- A2 Ladies, turn by the right 1 ½, Partner swing

- B1 Long lines forward and back, Ladies chain
- B2 Ladies lead a hey for four

Trinity Stomp

Duple Improper

- A1 In a wavy line, (ladies in the middle) balance, Rory O'More
Balance, Rory O'More, ladies continue across the set
- A2 Balance and swing your partner

- B1 Long lines forward and back, Ladies chain
- B2 Ladies lead a hey for four

*ladies should look for the new neighbor lady and join left hands at the end of the hey

Trip to Lakewood

Duple, improper

- A1 In a wavy line, balance, Rory O'More
Balance, Rory O'More,
- A2 Turn your neighbor by the right 1 ½
Men allemande left 1 ½

- B1 Partner balance and swing
- B2 Circle left 1 ¼, pass through up and down the set

Valentine Petronella

Duple, improper

- A1 Neighbor Do si do and swing
- A2 Ladies turn by the right 1 ½, partner swing

- B1 Join hands in a ring, balance, Petronella turn to the right 2X
- B2 Join hands in a ring, balance, Petronella turn to the right, balance, California twirl

Valentine Stomp

Duple, improper

- A1 Neighbor Balance and Swing
- A2 Men, pull by the left and swing your partner

- B1 Join hands in a ring, balance, Petronella turn to the right 2X
- B2 Join hands in a ring, balance, Petronella turn to the right, balance, pass through

Xi'an Warriors (pronounced She'an. The famous terra cotta warriors in China)
Duple, improper

- A1 Neighbor allemande right 1 ½, Men allemande left, 1 ½
 - A2 Partner gypsy and swing

 - B1 Half Promenade, Ladies chain
 - B2 Ladies lead a hey for four
- These are a bit more challenging:

Nelson Madness

Beckett, Double progression

- A1 Long lines forward and back
Right and left through
- A2 Circle left ¾
Swing your neighbor

- B1 On the left diagonal, ladies chain
Straight across, ladies chain
- B2 Men, *zig-zag
Swing your partner

*turn ¾ by the right with the man across the set, turn, ¾ by the left with the next man in line
NOTE Remind dancers to get re-aligned on the forward and back. Less experienced dancers may need to be told to take a step to their left to line up with the new couple.

Shoot the Man

Beckett, single progression

- A1 Ladies allemande left 1 ½
Neighbor allemande right 1 ½
- A2 Ladies start a left shoulder hey

- B1 Ladies turn your neighbor by the right and "shoot" him across to his partner
Swing
- B2 Join hands in a ring and balance, petronella turn
Join hand again and balance, petronella turn, with your partner, slide to your right

Love, Port and Sherry Contra

Proper

- A1 Star left, 1s half figure 8 below
- A2 With your neighbor allemande right 1 ¼, Ladies pass right and partner swing

- B1 Long lines forward and back, Ladies chain
- B2 1s half figure 8 above, Same neighbors, star right

Circle Mixers

Box the Gnat Mixer

- A1 Forward and back 2X
A2 Face your partner, gypsy, Do-si-do 1 ½
- B1 With then next, balance, box the gnat, Swing
B2 Promenade

Contracordians Mixer

- A1 Partner Balance and Swing
A2 Promenade, turn as a couple, Promenade back
- B1 Forward and back 2X
B2 turn your back on your old partner, New partner pull by the right
Next in line, turn by the left, new partner pull by the right, old partner turn by the left.

(A and B can be reversed)

Friday Night Circle

- A1 All join hands, forward and back 2X
A2 Give right to your partner, balance, pull by the right, pull by the left
Give right to the next and balance, pull by the right, pull by the left
- B1 New partner balance and swing
B2 Promenade the ring

Sashay to Peninsula

- A1 Join hands, go forward and back, Balance, roll away
A2 new partner allemande right 1 ½, do si do
- B1 Balance and swing
B2 Promenade

Rory O'More Mixer

- A1 Forward and back
Forward and back, the ladies face out (join right hands with your partner)
A2 Rory O'More, 2 X
- B1 With the next in line, balance and swing
B2 Promenade

4 facing 4

4 X 4 Chains

- A1 In lines of 4, forward and back, Circle left $\frac{1}{2}$ way
- A2 Straight across, ladies chain (into the line of 4 you are facing)
Down the line, ladies chain (ie, the line of 4 you are in)

- B1 Straight across, ladies chain, Down the line, ladies chain
- B2 Men, turn by the left, swing your partner, (end facing original direction)

These dances are written to go with Pig Ankle Rag, which has an odd 48 measure format, with 24 beats in each part. It will NOT work well with most 48 bar tunes with an AA BB CC form.

Pig Ankle I

- A1 Neighbor Do Si Do (8)
Neighbor Swing (8)
Ladies turn by the right 1 ½ (8)
- A2 Pass your partner by the left to a hey for four (16)
Swing your partner (8)

- B1 Long lines forward and back (8)
Hands across right hand star (8)
Men drop out and the ladies chain (8)
- B2 Square through with partner balance (16)
Just the 1s swing in the middle (8).

Pig Ankle II

- A1 Neighbor balance and swing (16)
Men turn by the left 1 ½ (8)
- A2 Pass your partner by the right to a hey for four (left in the middle) (16)
Partner swing (8)

- B1 Half promenade (8)
Ladies chain (8)
1s half figure 8 above (8)
- B2 1s, turn contra corners (16)
Just the 1's swing (8)

Pig Ankle III (double progression)

- A1 Neighbor balance and swing (16)
Ladies chain (8)
- A2 Ladies pass right to a hey for four (16)
Partner balance and swing (8)

- B1 Slide left and circle left ¾ (8)
Swing your neighbor (8)
Long lines forward and back (8)
- B2 Square through with partner balance(16)
Just the 1's swing (8)