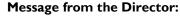
Alumni Issue: Embracing the Mind of Christ



Newsletter of the Ignatian Spirituality Institute

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Welcome to our seventh annual alumni/ae edition of our newsletter *Ignis*. After reading updates on the most recent certification class of 2015, you will find reflections on their life and ministry from many of the rest of our now 120 graduates. Finally we include some art, photos, and reflections submitted by our grads for this issue, along with ISI updates.

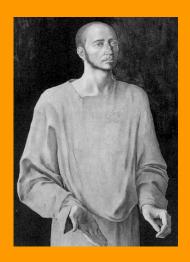
This past semester I, together with eighteen ISI grads, reflected on what it means to have the "mind of Christ" in the ISI continuing education class Cultivating Christ Consciousness: Christology for Spiritual Directors. The phrase comes from Paul who encourages us to have "the same mind in you that was in Christ Jesus" (Philippians 2:5). We are able to have this "mind" because Christ first took upon himself our mind, our human nature, living it perfectly even unto death. Then God raised him up, enabling us, through the presence of his Spirit, to live our lives as he did, with his mind, his consciousness, allowing the incarnation of God in human flesh to continue in us.

There is something in all of us that longs for this union with God through Christ in the Spirit. As Augustine put it, "You have made us for yourself, O God, and our hearts are restless until they rest in you" (Confessions 1:1). Our heart, our mind, the very center of ourselves, longs for union with God. We, as spiritual directors, know this longing in ourselves and see it on a regular basis in those we direct, even though that longing may not be well articulated. We see our ministry as one of helping our directees to welcome Christ into their lives. In other words, we see it as enabling them to realize their deepest desire to be one with God in Christ.

But what if we turned this around? What if we understood our ministry, also, as helping <u>Christ</u> to realize <u>his</u> deepest desire to be one with us? The Word of God became one with us so that we might be one with him. Our desire for God is only the pale image of God's desire for us, which is far greater than our desire.

I found this focus for spiritual direction in a rather unlikely source, in the diary of Etty Hillesum, a young Jewish woman living through the Nazi occupation of Holland during World War II. She kept a diary in which she confided her most intimate thoughts and feelings. Through this diary we are privileged to be in touch with the inner life of someone who increasingly grew in union with God. Though not a professed Christian, Etty emerges as a true Christ figure and a model and inspiration for all who desire to have the "mind of Christ." The last part of her diary reflects her experiences in the camp at Westerbork, where she served as a kind of social worker for others in the camp. Hear what she says of her experience counselling others, voiced in her prayer to God:





Points of Interest:

- Message From the Director
- Whatever Happened to the Class of 2015?
- Updates on Life & Ministry
- Some ISI Ministries
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- Recommended Books and Blogs and Internet Sources
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MESSAGE FROM THE DIRECTOR

I embark on a slow voyage of exploration with everyone who comes to me. And I thank You for the great gift of being able to read people. Sometimes they seem to me like houses with open doors. I walk in and roam through passages and rooms, and every house is furnished a little differently and yet they are all of them the same, and every one must be turned into a dwelling dedicated to You, oh God. And I promise You, yes, I promise that I shall try to find a dwelling and a refuge for You in as many houses as possible. There are so many empty houses, and I shall prepare them all for You, the most honored lodger. Please forgive this poor metaphor. (From *An Interrupted Life: The Diaries of Etty Hillesum*, entry for September 17, 1942).

To my mind this is not a "poor metaphor" at all, but a brilliant one, and equally descriptive of spiritual direction — but with a slightly different twist. Instead of focusing on the desire of the "empty house" for God, Etty focuses on God's desire to inhabit each "empty house," and she promises to do her best to help God find habitation in them.

This image of the "homeless God," deeply desiring habitation with us, recalls the pathos of the Incarnate Word of John's gospel who "was in the world, and the world came into being through him; yet the world did not know him. He came to what was his own, and his own people did not accept him" (John 1:10-11). It evokes the complaint of Jesus, "Foxes have holes, and birds of the air have nests; but the Son of Man has nowhere to lay his head" (Luke 9:58), referring not so much to a literal homelessness as to a metaphorical one where his message was neither understood nor welcomed. This homelessness of God is powerfully evoked at the end of Thomas Merton's prose poem *Hagia Sophia*:

The shadows fall. The stars appear. The birds begin to sleep. Night embraces the silent half of the earth. A vagrant, a destitute wanderer with dusty feet, finds his way down a new road. A homeless God, lost in the night, without papers, without identification, without even a number, a frail expendable exile lies down in desolation under the sweet stars of the world and entrusts Himself to sleep.

It is stunning that this Jewish woman, who knew something about Jesus and the Christian tradition without explicitly avowing its faith, was able to express so well the essence of the Incarnation: that our loving God desires nothing more than to live in us, finding a home in us, loving us, becoming one with our own mind and heart. Etty got to the heart of the Jesus of the book of Revelation who longs to enter into communion with us: "Listen!" he says, "I am standing at the door, knocking; if you hear my voice and open the door, I will come in to you and eat with you, and you with me" (Rev 3:20). In her ministry to the tragic victims of Westerbork, Etty brought this compassionate communion and nourishment of God, helping God to realize the divine desire to love. Is this not also the Jewish God who spoke through Jeremiah the prophet, "I have loved you with an everlasting love"? (Jer 31:3). Etty understood intuitively God's longing to inhabit the "houses" of the suffering future Holocaust victims to whom she ministered in order to bring them courage and solace. I am reminded of the question, "Where was the Shekinah [God's glorious and compassionate presence to Israel] during the Holocaust?" and its answer, "The Shekinah wept with us." So too did Jesus weep over Jerusalem (Luke 19:41).



Having the mind of Christ means learning to love as God loves, as Ignatius expressed so well in the Contemplation to Attain the Love of God at the end of the *Spiritual Exercises*. We are called not only to attend to the longing of our directees for God, but to God's longing for them, and to allow ourselves to be God's instruments for realizing this union. We partner with God in loving them with God's love, Christ's mind, the Spirit's inspiration and guidance.

In the pages to follow you will read many examples of how our graduates do just this. May the realization of God's longing to love us inform what we do and refresh our enthusiasm for the beautiful ministry of spiritual direction.

Peace and all good things, loan

Painting by Cecilia Brendel, 2010

RAUL BOTHA:

Last summer, the ISI journey ended after almost three years of being engaged with it. In a way I had to leave behind loved ones, familiarity, certitude, even Cleveland, and move away, physically, psychologically and spiritually. One chapter of my life closed and created the opportunity for another one to open. Fall came and my family and I moved to Canton, I started the MA Theology program at John Carroll, and began working at the Romanian Catholic Diocese, helping out the Bishop with IT and communication. What I have realized during these months is that God was offering new ways to know Him, through rediscovering my family, a diversity of new people, experiences, roles and interior movements. I continued offering spiritual direction in the Fall, but naturally enough I had to limit myself in that area, for now. When people ask me the culturally embedded and sometimes unconscious "how are you?" I simply respond: living the dream . . . just living the dream. A dream God and I are dreaming together, which hopefully includes many other people as well. And that, I think, is a good place to be.



IULIE GRAHAM:



Time has been a precious commodity and it seems that change was a constant force in my life this past year. Below is a journal entry from December that encapsulates my journey since graduation last August:

Good Morning, Abba, I love starting a new journal, a mark on my continuing journey with You, a pause. It is time for me to reflect on the lessons of the past and then focus on where You are leading me today and tomorrow. So here are the lessons of this past year:

Your world is Amazing, Lord! And I enjoy traveling to distant lands. James is on his path and I am on mine. Alzheimers sucks!! Meditation is key. I am allowed to be angry, sad and frustrated. I don't try to label or "fix" me or the situation. When I do the work I realize that there are always four fingers pointing towards me as I point out the defect of another. Gratitude is the answer! I am abundantly blessed. Foundation, prison and AA work ignite my soul! I am surrounded by people who

love me. I Get-To-Be of service to my family. You are Awesome, Abba! And You, God, love me unconditionally. You are for me, loving me and inviting me ALWAYS. THANK YOU! (The picture is of Julie and her son James in Tanzania.)

MARIA GREEN:

First of all, I would like to say hello to my classmates! Ok, so what have I been up to? Soon after receiving my certification, I took Joan's class on Thomas Merton along with other spiritual directors. I instantly felt legitimized being in a class only for spiritual directors! Also, I have found directing so enjoyable that I am starting to think it was a really good idea getting certified (emoji face would be a smile with a wink). Two wonderful women (one from my church and the other a first-year ISI student) are doing The Nineteenth Annotation with me. Besides my being a spiritual director, God has been surprising me lately by setting me on a dance journey which seems to be taking on a life of its own. I am now a competitive pro/am American rhythm ballroom dancer. I am beginning to learn of a whole different world. It runs with passion on the edge of addiction, which makes for a good continual practice of discernment. When I ask God if I should be here, God answers by giving me joy and the confidence to continue the path, the same answer as with continuing to direct. My family is all doing very well. My husband has also taken up dancing, which adds a whole new dimension to our marriage (a test of patience on both sides!). We have three healthy children, two in college and one in high school. I feel blessed every day being a wife and mother.



ROSE KAVAL:

In the six months since certification I have been busy with my ministry of spiritual direction. I am currently seeing four people for individual, on-going spiritual direction. In addition I have been participating in the Praying With St. Ignatius Parish Retreats. One was completed before Christmas at St. John Bosco and another at St. Christopher finished just before Easter. I presented an evening workshop at the Jesuit Retreat House on May 9 called "Aging GRACE-fully for Women" which is based on the Principle and Foundation of the Spiritual Exercises.



EMMA KRUEGER:

Since graduating from ISI in August, I have participated in an Ignatian Retreat at Gesu Parish as an intern. I also acted as an observer in the Embracing the Mystery series at Regina Healthcare, with the possibility of actively assisting with the program in the future. Both of these were through the Jesuit Retreat House, under the auspices of Martha Campbell. I also had the privilege of conducting an eight-week retreat with a young woman on staff at John Carroll who was truly an inspiration to me! I attended the Merton class that Joan offered in the fall and the Christology class in the spring. I love being with other spiritual directors during the sessions. I am learning and growing as a result of them. I repeated the 19th Annotation with my spiritual director which was a transformative process for me, pure gift. I also conducted a six-week Lenten contemplative prayer series at Saint Noel parish. I really enjoy preparing for contemplative prayer: finding music, scripture, art and poetry that complement each other, in order to create a prayerful experience to journey with others toward God.

On a personal note, my granddaughter Kelly Donovan passed the bar exam and is working as an assistant public defender for juvenile court in Cleveland. She is a dynamic young woman. Tim and I travelled to Arizona in May to attend the retirement festivities for my youngest daughter,

Julie. Many of you know she is a police officer who was seriously wounded in the line of duty on March 3, 2015. I will be glad to see her in civilian life. She is transforming and growing also. She will be taking her experience to a positive level by helping other police officers involved in critical incidents. We are so proud of her.

PATRICE NERONE:

I am adjusting to life in Chicago and to being a full-time student at Loyola University. It was a difficult transition for me at first, but I am more comfortable now and am truly enjoying my learning experience in the Divinity and Pastoral Counseling programs. Joan, through the Ignatian spiritual direction program, has prepared me well for this experience and I am delighted to find that everything I am learning continues to build on the foundation she laid. I am happy to report that spiritual direction is a thriving practice here, and though many seem to prefer calling it "spiritual accompaniment," I share the view that "director" better indicates that we are "directing" others toward God while we accompany them on the journey. I'm enjoying the opportunity of getting to know some wonderful people and feel truly blessed to find myself in a new community that is as caring and supportive as the ones I left behind. I'm kept pretty busy as a full-time student and am not yet able to practice spiritual direction; however, I am involved with campus ministry and look forward to coserving as a retreat leader for the annual student retreat later this year. I also enjoy serving on the student engagement committee. Some books I am currently enjoying, and think others might too, are Caring Ministry by Sarah Butler and Humble Confidence by James Bacik. The last is about Karl Rahner!



TERRI PRESKAR:

Since commissioning in August 2015, I pressed the imaginary "pause" button on any future commitments. I wanted to revel in the recent accomplishment and experience greater joy in the freedom of choice: can do vs. must do. After an initial few weeks of feeling great joy, something changed. I became surprised by the rising anger within, and even more surprised to see it was anger directed towards God. When I examined this anger, I recognized how tired I was in ministry and how cheated I felt by how it had separated me from those things I most love: my family and adventure! No matter how hard I worked as a soldier for Christ, the work was always going to be there, the responsibility ever present and ever more urgent. I'm tired Lord, why have you abandoned me! Have you experienced that too? As I read my journal entries from those weeks that turned into months, I saw an increasing depth of revelation of those things that actually served as the barriers to the freedom I sought. Repeatedly I was reminded of long-held attachments, one by one (fear, identity-centered achievements, anxiousness) and at each turn, it became evident it was "my own" choices that led to such a fierce desert experience. Come, Holy Spirit, Come has become my daily mantra. Today I stand joyfully serving, while returning to the well of living water more fearlessly, knowing our dear Lord simply awaits the encounter to love me (and you!) more greatly. Come, Holy Spirit, Come!



CARLA ROBISON:

This past year has been busy. Since our graduation, I supported my mom in her fight with cancer. My mother was diagnosed in July. She had two operations to remove her tumor and began her chemotherapy treatments in September. I've taken her to many of her weekly appointments. After chemo, she began radiation treatments., and I was able to assist in taking her every Friday. She is on the road to recovery and is doing well. I still work as a teacher and administrator at St. John Prekindergarten in Ashtabula. However, I'm also slowly establishing myself as a spiritual director in my church community. I currently have two directees from my parish, Our Lady of Peace. I've been seeing both for on-going direction. I continue to be involved in my parish as a Eucharistic Minister and serve on the RCIA hospitality team. I spent part of my summer helping with the Vacation Bible School at the church. I am an Associate with the Sisters of Notre Dame and attend the monthly faith sharing meetings with the Ashtabula Associates. I'm hoping to retire from teaching in the next couple of years so I can focus on making spiritual direction my full time ministry.

JAMIE SCHMOTZER: Since finishing the ISI certificate program in August of 2015, I have continued to work toward earning the D.Min. in Ascetical Theology at Nashotah House Theological Seminary, and currently I am taking a reading course on fourteenth century mystics, finding John Ruusbroec particularly edifying. I have also recently become the vicar of All Saints Anglican Church in North Canton, and frequently I find myself preparing sermons and catechism classes through the lens of spiritual direction and Ignatian spirituality.



GEORGE SHUNK JR:

Since graduating from ISI, I have been working on getting my **REST** ministry of spiritual direction and various seminars off and running. REST stands for:

Realizing God's unfailing love which
Enables us to consider sin's brokenness that hinders a
Sustained prayer life for experiencing
Trust in our loving Father and in one another.

I also offered the Nineteenth Annotation Retreat to a current ISI first-year student and was a facilitator at the Our Lady Help of Christians PWSI this past spring.

CHARTER CLASS OF 2005

RITA CARFAGNA:

I will be concluding my board involvement at Jesuit Retreat House in June but I will continue to be involved in its capital campaign and strategic planning process. These are exciting times for JRH! I am blessed by my continued participation in prison ministry along with other ISI alums, Margaret Balewski and Amy McKenna, and I continue to see a few people for ongoing spiritual direction. I am grateful to Joan for the two courses she taught this year - the Merton course in the fall and the Christology course this spring. They were energizing, spiritually uplifting, and a real help for my spiritual direction ministry.



DEBBIE DACONE:

In addition to directing my 19th annotation folks (I typically direct two to three people at any one time), I have been part of the team offering Praying with St. Ignatius at St. Christopher parish during Lent where I am on parish staff. Also at St. Christopher I have been both participating in and guiding a group of catechists in "Forty Weeks: An Ignatian Path to Christ with Sacred Story Prayer." I discovered this modern method of praying the Examen at the Ignatian Spirituality Conference in St. Louis this summer and the benefits have been numerous. I was honored to be part of Nurturing the Call: A Practicum Series for Retreat Leaders where I facilitated the session on "Presentation Skills for Group Leadership." I am becoming more active with the Ignatian Spirituality Project and enjoy ministering to the women at Edna House each month. Last but not least, I am always one to find God in prayer study. Joan's class on Thomas Merton left me a deeper understanding of the man as Monk, Mystic, Poet and Prophet. This past semester's Cultivating Christ Consciousness: Christology for Spiritual Directors has been even more enriching of my desire to know, love and follow Christ, day by day. In addition to traveling to St. Louis University last summer for the Ignatian Spirituality Conference, I traveled to Dallas where I participated in a weeklong practicum, Preaching the Spiritual Exercises, at Montserrat Retreat House. This practicum facilitated by the Dallas ISI helped me move an idea to concrete plan. This summer I will facilitate "Woman, You Are Set

Free": A Retreat for Women Wounded by Abortion. One retreat will be at Loyola Retreat House on July 15-17 and at the JRH August 12-14. Please share this with women you direct that might be struggling with their past. Contact the individual retreat house to register. And thank you for keeping these women in your prayers!

MARIAN DURKIN, CSA:

In 2015 we celebrated the 16th Annual Emmaus Retreat (see picture at right. Yours truly is in the first row standing at the far right). This weekend retreat is for those in the GLBT Community, parents, and family members. I co-facilitated the first retreat with Steve Krupa, SJ in 1999 and continue to facilitate with team members who have made the retreat. In May, the team members will gather again to begin planning Emmaus 2016.





DONNAMARIE FLANAGAN-KAMINSKY:

It is a blessing to be able to "catch up" with everyone. I continue to have a full practice of spiritual direction. My Epiphany Hermitage ministry is also vibrant, thanks to God's continual blessings. Several "regulars" come for retreat quarterly, and the Hermitage is used during the week as a place of prayer. Two years ago I began to learn the practice of Mindfulness Meditation. I am just a beginner, but I find this practice very, very helpful. I am developing a retreat or day of reflection around these practices and how they can be incorporated into Ignatian and Franciscan spirituality. I have introduced mindfulness to some of my directees as well as to the

veterans with whom I provide anticipatory mourning counseling. I gave the women's Lenten Retreat at JRH this past February: "Resting in God's Love and Mercy." I also have written a presentation on the Spiritual Works of Mercy from a Spiritual Director's Perspective. I have given this a few times; it is a two-hour workshop. I am available to present these programs. I continue to be active in the Secular Franciscan Order, on the local, regional and national levels. My grandchildren keep me busy and are such a wonderful reminder of the joy and innocence of God. Retirement? Well, I am just "beginning" to "maybe" consider it. I love my work with my veterans and their families, so it is a difficult decision. But I would have more time to write and develop retreats and workshops. I have begun again to write for publication. Blessings to All.

EUGENIA GYI:

My pastoral ministry activities are slowly shrinking, as I am nearing my late seventies. I am still giving the Exercises each summer, using a nine-week individual format, and am blessed with eight + ongoing directees all year round. I am also faithful to my weekly yarn ministry to the elderly/poor. I teach when needed, but mostly just attend and listen. One of my favorite groups is the Ignatian Volunteer Corps (IVC), where I attend monthly meetings and function as a spiritual reflector. What I really love in the group is the diversity: by gender (more men than women), by age (52 to 90+), professional background of the members before retirement, IVC assignments (all at different locations serving the poor), and political and religious views. What is common to all of us is the commitment to serve the poor and live a life aligned with Ignatian spirituality. I also like the meeting format which includes an intimate Mass celebrated by our Jesuit advisor, our sharing of ministry activity, and lively discussion of our assigned books for the year. My private life has been solitary since my husband died four years ago. It is peaceful and quiet: no TV, no radio or telephone calls. I prefer e-news and communication. The only sound is my wall clock which



chimes every quarter hour. I spend my time reading, cooking, yarn-work, being with family and friends, and a little gardening in the summer. I am thankful to God for this most enjoyable period of my life!



MARY KAY JONES:

After 30 years of ministry as a Catholic elementary school teacher, I will be retiring at the end of this school year. I thank God for allowing me to serve Him in this profession I truly loved. I will continue to prepare other Catholic school teachers for their religious certifications and I am thinking about teaching PSR. As always, I wait patiently for the Lord to direct me to where (or if) He wants me to serve.

DARYL KONING:

I retired in July last year, and Sonja and I have been doing quite a bit of traveling, primarily to visit kids and grandkids (Ohio and Oregon). We continue to love the Southwest (Rio Rancho, NM), but are thinking of relocating again to be closer to family. Sonja will retire from her neonatal intensive care unit next June. We started attending a Methodist church late last year, and I recently partnered with the pastor in leading a seven-week spiritual disciplines Lenten series. I prepared the weekly devotions we used, which are patterned much like the retreat materials I have used with small groups over the past couple years, focusing on Jesus' last 72 hours. I also facilitated the talks on Prayer and Praying with Scripture, Spiritual Direction and a Rule of Life. Late last year I went through re-training to be a hospice volunteer with a large non-profit here, and spent about five hours a week for a couple of months with my first patient. In early March, I became part of a



small, new board which will work to the further development of the hospice volunteer program, and I am looking forward to getting busy with that.

CLASS OF2006

KAREN BROER:

In reflecting on the past year, I would say the phrase that comes to mind is Ignatian Indifference. Detaching from those experiences which have been so much a part of my life has been harder than I thought. Leaning into places of transition can be difficult no matter how much we prepare for them. I continue to work at the Cleveland Clinic as a psychologist though I have been gradually reducing hours. For the past two years I have been involved with the Called and Sent Program at the Jesuit Retreat House. The program, Embracing the Mystery, has been presented at the Franciscan Center and Regina Health Center. Though time is limited, I have been doing spiritual direction and participating in a peer supervision group. This summer I traveled with my daughter, son-in-law and two grandchildren to South Africa. We visited Cape Town and Robben Island, the security prison for

Nelson Mandela. What would Africa be without a safari? Five, to be exact! It is hard to describe the beauty of God's creation as seen in the wild. One of the most memorable experiences was an afternoon in a village where we visited an elementary school and orphanage, watched native dances and ate traditional food. Seeing the simple lifestyle reminded us how much we take for granted. We concluded our trip with a visit to Victoria Falls and a boat ride on the Zambezi River. My desire for this year is trying to have a more contemplative life with time for reflection. Spending time with my family will continue to be a cherished gift. I hope to spend more time reading, writing and learning photography. Perhaps some travel will be in the picture. However, being open to the possibilities God might have for me is quite exciting.



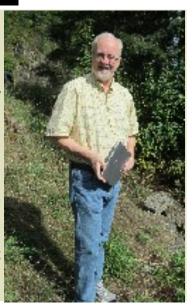


MARY ANN BURKE, SND:

The journey continues with joy in my heart! The past year has provided me with the opportunity for some delightful new adventures. I was privileged to co-present with Amy McKenna two SPA retreats at St. Ignatius High School. Then I was able to facilitate the Living Prayer Retreat at Forest Hill Presbyterian Church. The Nurturing the Call program for retreat leaders continues to inspire and enrich my ministry. Facilitating the program Embracing the Mystery at Regina Health Care Center was very enriching. Food for the Journey introduced us to the "accidental theologians" Hildegard of Bingen, Catherine of Siena and Thérèse of Lisieux, and second semester we read the diaries of Etty Hillesum. This year my community provided me with the opportunity to study and reflect on a DVD program entitled Everyday Mysticism: Finding the Divine in Daily Life presented by Anthony Ciorra, Ph.D. The Jesuit Retreat House has invited me to do a number of eight-day retreats, which have been a real source of grace for me. Through Joan's invitation, I also directed a Nineteenth Annotation Retreat at John Carroll. All is gift. All is blessing.

PATRICK CLEARY BURNS:

Already 2016 has been a most challenging year. The biggest challenges have come through the continuing education programs offered by ISI and the Jesuit Retreat House. In Food for the Journey we have read and prayed with An Interrupted Life, The Diaries of Etty Hillesum, a remarkably articulate and spiritual young woman caught up in the forces of the Holocaust. At the same time I was challenged by Knowing Jesus by James Alison. This is one of the texts in the course Joan Nuth offered ISI alumni: Cultivating Christ Consciousness: Christology for Spiritual Directors. Both books and classes have challenged me to face my own narrowness and pray for the attitude of open acceptance of all that is so characteristic of Jesus. On top of all this, I am immersing myself in the biblical basis of "mercy" in preparation for co-leading a three-weekend series at the John XXIII Retreat Center in Hartford City, IN. These growth opportunities are true gifts for my ministry as a spiritual director, director of eight-day silent retreats at JRH in Parma and the JRH in Oshkosh WI, and leader of JRH's Discernment & Decision-Making program module and Praying With St. Ignatius parish retreat.





HARRY FINKBONE:

I continue to pastor Nova Community United Methodist Church in Nova, Ohio. In July I will begin my tenth year. We have been blessed to begin to have some children in our community. This Sunday school year we had to split into two groups due to age span, as well as numbers. "For the first time in forever" (echoes of *Frozen* — known through my granddaughters!) we will be having a summer Christian activity day for the community in Nova. It will be limited, but it is a start. I continue to see about ten directees for ongoing direction. It is an indescribable blessing to be invited to walk with each of them on their path with and toward God. I am planning one of two retreats I lead each year. This one is a "miniretreat" for one half day. It will ask participants to reflect on the "I am" sayings of Jesus. Then they will be encouraged to reflect on "Who am I?" and "Who does Jesus say that I am?

RICH JERDONEK:

The Holy Spirit continues to animate my spiritual direction practice - meeting with young people at Kent State and CWRU for their Busy Student Retreats, and Saint Ignatius High School alumni and staff for spiritual direction, presenting at Lenten parish retreats and the ISI retreat, supervising ISI second year candidates, directing 19th Annotation retreats and providing ongoing direction. I am in awe of all the ways that Our Lord is working in the hearts of so many and how we respond. This work invites us to be on holy ground and we hope to serve as humble instruments as Jesus teaches us to listen.



GOOD ADVICE FOR SPIRITUAL DIRECTORS

The wise old owl sat up in an oak.
The more he saw, the less he spoke.
The less he spoke, the more he heard.
Let's be like that wise old bird!

- Courtesy of Liz Campbell ('16)

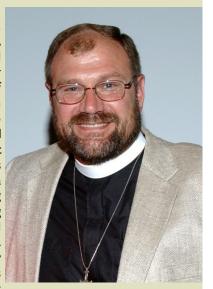


JANET LEHANE:

I continue to work at Saint Ignatius High School and love sharing the Spiritual Exercises and Ignatian Spirituality. I am also grateful that I can offer spiritual direction, and help with faculty/ staff formation. The Northeast Ohio community of people with a shared love of God found from doing the Exercises is a community I love and I am grateful that we come together to nurture each other. I enjoyed Joan Nuth's offering on "Christology" to our ISI community at John Carroll as well as Martha Campbell's "Nurturing the Call" with various leaders encouraging ministerial growth. My family continues to be gift. John, Clare and Beth as well as my extended family and friends keep me grounded. Clare gave me the artwork shown in my updated picture. I hope we all continue our journeys in Christ who sets our hearts free.

PETER NIELSEN:

My experience at ISI has taken me to many unforeseen places and brought many wonderful people into my life. Upon graduation I was busy about offering spiritual direction for others, who were often those I least expected to serve. The poor, those struggling with PTSD, those struggling with addiction, those who were feeling the trauma of being ostracized because of their sexual orientation, as well as several clergy, who were feeling that their calling had gone stale, were amongst those whom God brought my way. The experience of God's grace in all of these relationships continued to "push the envelope" of my own conversion and I knew that I needed intentional time to discern what God would have me do so that I might best be God's conduit with those whom were sent to me. In 2013, I arranged for a sabbatical and went on a Thirty Day Retreat with this question in mind. The retreat was in some ways the most difficult as well as the best experience of my life as God used this time to heal me so that I might serve more fully. Upon my graduation from ISI I was a deacon in the Episcopal Church, and although I would never want anyone to see my taking vows in this Order as a stepping stone, it was true for me that God wanted something Upon return from my retreat I submitted myself to the Diocesan Bishop and Commission on Ministry to help in my decrement to the Priesthood. I am now serving St. Peter Episcopal Church, in Ashtabula, as their Priest-in-Charge, and finding that all my experience as a deacon and spiritual director come into play every day as I serve this community. ISI was truly one major step in my becoming who God would have me be for those whom God would have me serve.



CLASS OF 2007



JOAN CARNEY:

I was delighted to work with three fellow ISI grads, Karen Broer, Sr. Mary Anne Burke, and Emma Krueger, on the Jesuit Retreat House "Called and Sent" module entitled *Embracing the Mystery* at Regina Health Center this year. In addition to retreat work at St. Ignatius High School and the Jesuit Retreat House, I enjoy teaching part time at John Carroll University and maintaining my vibrant spiritual direction practice. My husband Pat and I look forward to the upcoming graduations of our son John and daughter Katie, along with the arrival of a new grandchild due in June.



JULIE EXLINE:

Hi, everyone! Here's a quick update. A lot of my energy is still going into my work in psychology at Case Western. We are finishing up a large project on spiritual struggles and will be starting a new one on supernatural attribution: What are the factors that would cause a person to attribute an event to a supernatural entity (e.g., God, the devil, an angel, a human spirit, destiny, karma), and what are the consequences of making these attributions for a person's life? Although I'm not involved in doing formal spiritual direction at this time, I'm grateful to have many opportunities for spiritually oriented conversations with students, colleagues and friends. I'm re-reading a beautiful book on midlife issues that I had read about ten years ago: Sue Monk Kidd's When the Heart Waits. I really enjoyed attending Joan's class on Thomas Merton last fall and am looking forward to reading more of Merton's work. I also had the chance to do a mindfulness meditation retreat at Spirit Rock Meditation Center last summer and am looking forward to trying a centering prayer retreat at Contemplative Outreach (Snowmass, CO) this year.

EILEEN NOVOTNY:

I continue to provide spiritual direction at the Ursuline Center in Canfield which is a ministry of the Ursuline Sisters of Youngstown. Both my husband Ray and I are associates which means we have made a commitment to supporting the mission and ministries of the Youngstown Ursulines. For me that means that, in addition to spiritual direction, I am Center Director of Program Development. In addition to planning and implementing programs such as our present series "A Year of Encounter with Pope Francis," I offer monthly guided Labyrinth walks and provide resources and support for our prayer shawl ministry group and other groups that use the Center. As part of this year's social justice series we have invited a number of community leaders to reflect on the various issues that Pope Francis challenges us to "encounter" such as racism,



poverty, immigration, homelessness, the environment, etc. This is the second year that Joan asked me to provide supervision for a second year ISI intern and that has been a wonderful experience. Both of the interns I have had are a delight and a source of inspiration. I am constantly going back to review Fleming's *Draw Me Into Your Friendship* to touch base with the Exercises as well as returning to Conroy's *Looking Into the Well*. This is definitely a case of the "supervisor" learning along with the student. On a personal note, I have a new bovine aortic valve and new ascending aorta minus the aneurysm thanks to the Cleveland Clinic and its world class cardiac program. In order to keep everything working I now do aerobic exercises several times a week and work with a nutritionist in developing healthier eating habits. Who says we can't change and learn new things when we get older?



MARIA SKRABEC:

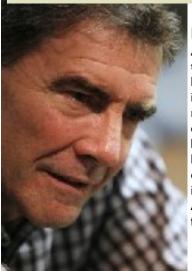
Currently I am doing ongoing spiritual direction and directing wonderful and inspirational people in the Nineteenth Annotation Retreat. 2015 provided the opportunity to attend the St. Louis University Ignatian Spirituality Conference in St. Louis in July. The topic, Ignatian Silence: Heart of Mission, spoke to a need that many of us have, which is to hear God in the quiet, in this noisy and chaotic world. ISI has provided me the tools to develop a more listening heart in my daily life. I will always appreciate that.

CLASS OF 2008

ARLENE ANDERSON:

I had the opportunity in January of this year to take a second trip to the Holy Land. It was a wonderful experience, seeing some sites I'd seen before, but visiting some new and different areas as well. We spent an evening with a Christian family in Bethlehem for dinner and it was one of the highlights of the trip for me. Having taken the Emmaus Walk last spring, we visited this area as well and it was very uplifting. Spending some prayer time with fellow travelers along the Sea of Galilee on the beach where Jesus fixed breakfast for the fishermen was also special. There were many places that brought tears; the Garden of Gethsemane, the Upper Room and the Garden Tomb will always hold special significance for me. I returned home tired, but with a renewed sense of needing and wanting to draw closer to this One who loves us like no other.





LARRY VUILLEMIN:

As a co-founder of Heart to Heart Communications (along with Fr. Norm Douglas), I continue to devote a good bit of time to bringing people together to enrich and support one another in living our ideals, especially at work. Our goal as an impactful community resource of ongoing inner life development continues. We facilitate ongoing leadership groups, community events, retreats, workplace workshops, and faith community missions. In addition to these group efforts, I am involved in occasional individual direction. One note of interest, perhaps. We have begun utilizing Fr. James Martin's book, *The Jesuit Guide to Almost Everything*, in a couple of our leadership groups. These professional/business leaders, of diverse religious traditions, have embraced one another's stories relating to the Ignatian way of "finding God in all things," including their work. With Fr. Norm's having been recently assigned to St. Vincent Parish in Akron as its pastor, Heart to Heart has also expedited its succession planning and the formation of an adjunct faculty, which includes our friend John Ropar (ISI '05).

CLASS OF 2009

ROBIN CRAIG:

Ordained to ministry in the Presbyterian Church (USA), I have recently accepted a call to serve as Interim Pastor to Bethesda-on-the-Bay Lutheran Church in Bay Village. I presented "The Contemplation on Divine Love" as part of The Jesuit Retreat House's Pilgrim Way retreat at St. Anthony of Padua this spring, as well as two evening retreats at JRH, one of them "An Ecumenical Approach to Ignatian Spirituality" with fellow ISI grad Sue Palmer ('12), and the other an evening on "Ignatian Spirituality for Bereaved Parents." I continue to teach at John Carroll; last spring I taught a course I have developed on Religion, Freedom, and Law.



ERIC MULLER-GIRARD:

A couple of years ago, I received an unexpected and surprising phone call. It came from the nominations chairperson of the regional body within the Presbyterian denomination that I belong to. The caller asked me to serve a sequential three-year term of service including one year as moderator of our regional body, a key leadership role encompassing 41 congregations in Northeast Ohio. I felt honored, but also stunned to be considered for this; I felt unqualified to serve in such a role! But God's voice, spoken through the church community that knows me, seems to have proven me wrong, once again. Now, three months into my second year of this leadership sequence, we are down to 39 churches. Clearly, we are being pruned back. Yet this is also an opportune time to be a spiritual director in a leadership role. I believe my current office is an opportunity to steer my (mainline) denomination toward refreshed spiritual vitality and new growth. I now see more clearly how God creatively uses our gifts and faith and relationships to bless people in effective and surprising ways if we will simply follow. I know that without what I have experienced through prayer, spiritual direction, in the ISI, and through its extended community of faith, I would not be in this place today. So, in gratitude, I hope God surprises you, too!



AGNES STRADA:

With most of the children and grandchildren scattered around the country, we've been blessed to be able to visit them fairly often. We go to Connecticut as often as we can, especially since our fifth grandchild was born in July. Maria and family are still in San Francisco; the Connecticut crew is Andrew's family in Fairfield and Pete and Jeannine with our newest grandchild, Christopher, in the Hartford area; Rob is now a chef's assistant in the new Jungle Skipper restaurant in Disney World, so much better and safer than army life; and Paul and Morgan are the awesome family who live here in town. Everyone was home for Christmas this year and we have one crazy picture with the whole group at the Pope's table celebrating our 45th wedding



anniversary with dinner at Buca di Beppo. Our latest trip was celebrating that anniversary in Hawaii. Because we traveled so much this year, I didn't participate in any retreat work. I particularly miss having a 19th Annotation, but maybe next year. At this point, I have a few ongoing directees with whom I meet when they call. Although I'm not doing as much in the ministry that I love, my life is so full and I trust that God will continue to lead me in the direction I should go.



JEAN SULLIVAN:

It is my ongoing privilege and honor to work as Martha Campbell's program assistant for the Jesuit Retreat House "Praying with St. Ignatius" retreat (PWSI). It is a joy to team up with so many ISI alumni and share Ignatian spirituality with people in parishes, congregations and other groups. Every year I enjoy connecting with so many of you to gather available team members for PWSI teams. Another blessing I enjoy is facilitating the JRH Spiritual Directors network and helping people connect with spiritual directors. Last summer's personal highlight was participating in an eight-day silent retreat at JRH; it was so enjoyable I wonder why I waited so long, and I recommend it to all. Recently I have been enjoying using two workbooks authored by ISI alumni, Sharon Seyfarth Garner's *Praying with Mandalas* and Colleen Lasky's *The Evening Examen Prayer Journal*; they both draw me into examination, reflection and meditation. Throughout the year I have been faithfully practicing Pilates and yoga, which has created a peaceful balance of my body and spirit. Life is good! TBTG!

UPDATES ON LIFE AND MINISTRY



CARL TOOMEY:

I am entering my eighteenth year of diaconate ministry, serving all those years at St. Mary Magdalene Parish in Willowick. I have always loved my ministry here and the people that I serve. But in the past couple of years things have been difficult. We had a pastor suddenly go on medical leave in Feb. 2014. Then in February of this year our new pastor, Fr. Stephen Kaminsky, was diagnosed with leukemia and passed away two weeks into Lent. Our community loved him. Fr. Stephen had a great generosity of spirit and a great sense of compassion. Our walk with Christ this past Lent was a difficult one, but at the same time we found consolation in comforting the Suffering One. Things like the Stations of the Cross had new meaning. We washed each other's feet on Holy Thursday, bringing us closer together. We adored the Cross of Christ on Good Friday with tears and sorrow for our loss but found hope in Christ's saving action. The Easter Vigil was filled with light and new life in the form of three new members. Even our "replacement" presider priests, I think, found hope and joy in our community's coming together. We look forward to a new young pastor starting the

first of May, Fr. Steve Breck. For me the past six weeks have brought a new perspective on the third and fourth weeks of the Spiritual Exercises, with all the dyings and risings, the sadness and the joys. But as we all know, God is in all things.

MICKY WOLF:

Life is full these days. I continue to meet with several people for ongoing spiritual direction. In addition, writing is a major focus. I post weekly to my blog (www.mwwrite.blogspot.com) and am in the midst of the first major edit of my recently completed novel. The next step will be to begin the agent query process soon after Labor Day. Other than that, my beloved Greg has been retired for one year. Where did the time go? We've been enjoying catching up on projects around the house, removing wallpaper (ugh!), painting, sorting, discarding and repurposing, among other things. We also spent many hours the first three months of the year helping a close family member with a major home restoration effort. We are humbled and thankful for all the blessings our Lord pours out upon us. As with most of you, we experience challenge and heartache along the way. Nonetheless, we do our best to savor and appreciate life—to live, love, and serve God and others—in this one moment, the only one of which we are assured.



CLASS OF 2010



JOHN CARLSON:

I am currently working as a Chemical Dependency Counselor for Moore Counseling in Euclid, Ohio. Although what I do now is different from spiritual direction, there are a lot of similarities; listening and asking good questions are an integral part of the recovery process in addiction. There is also the element of challenging an individual to see things that they cannot see. The learning curve for this ministry is very steep and can be overwhelming at times, but I learn something new everyday. I am also doing some spiritual direction as God keeps sending me people he wants me to listen to.

PAMELA CHANEY:

Dear Friends, I'm writing to thank you for all the encouragement, wisdom, education, and friendship you have provided as I discerned my ministry. In November 2015, we incorporated MiddleWayMinistries.org as a nonprofit in Ohio in order to have a platform for supporting local women who are building new and healthier lives for themselves and their children. I would not be immersed in this work without each of you – every class, lunch, coffee, and library marathon with you has led me to a deeper understanding of where Jesus is calling me in my daily life and work. I am especially grateful to all ISI spiritual directors – each of you means more to me than I can express because in you – after a 40-something-year-long slog in a lonely desert – I finally found my tribe; my compatriots on the journey into a deeper and mystical relationship with the God of my understanding. As I prepare for graduation from John Carroll this spring, you are on my mind and in my prayers, and each time I think of you, it is with gratitude and joy.





LIZ COTTER:

As I write this, I am on a silent retreat at the Abbey of Gethsemani! Inspired to come here after taking the fall class on Thomas Merton, I've had a grace-filled, peaceful time. Wisdom/ Sophia is so present here! I am sending a watercolor of the Abbey I did on my last day here (see p. 24). It's been a windy, stormy day, but glorious! The photo is of Merton's grave. Monks like to joke that Merton is buried between "two foxes," one being his Abbot James Fox and the other a monk named Bernard Fox.



LAURA FIBBI:

My life and ministry are good and very full. My family and I are currently planning for our third wedding in the past year!!! Yes, three of our daughters will have gotten married in one year. Yes, we are busy! I am still working with the RCIA at St. Mark Church in Cleveland. I have the privilege of walking with people as they explore the Catholic Church. It is an honor to be with these people as they investigate where God is in their life and what faith community may best help them on their spiritual journey. Lately, my favorite place for meeting with busy directees is at various Panera restaurants. Not your conventional site for spiritual direction, but I have found that the friendly, open environment seems to offer a good atmosphere for our sessions. And they are plentiful and scattered around the city so, we have lots of options to meet close to someone's work or home. Maybe I will see some of you at Panera!





JAN MUNSEY:

Recently, as recently as fall semester, I was treated to Dr. Nuth's course on Thomas Merton. In January I treated myself to Merton's autobiography *The Seven Story Mountain* while caring for my sister in my home. My next project is to do another 19th Annotation Retreat, perhaps again while caring for my sister.

CLASS OF 2011



KATE CAMPBELL:

This year I started working as a counselor half time which provides for a much better pace of life. I am also doing a little spiritual direction. I've enjoyed going to Martha Campbell's Food for the Journey gatherings.

SUE CARNAHAN:

I currently live in Ocean Grove, NJ, where my miniature poodle Parker and I are fortunate enough to spend a lot of time at the beach! However, my elderly chihuahua, Ralph, finds the sand distasteful! I'm a licensed massage therapist specializing in both prenatal and geriatric massage. An odd combination, but I enjoy these gentle and nurturing modalities. I'm also a Reiki master. As a professed member of the dispersed monastic Lindisfarne Community, I will be recognized as a solitary monastic at the summer retreat. Ongoing Aikido practice helps keep me out of trouble. I don't do much spiritual direction.





HARRY EBERTS:

Soon after I completed the ISI program in September 2011, I left Cleveland for Santa Fe to accept a call as pastor of the First Presbyterian Church, the oldest continuous Protestant congregation in New Mexico and Arizona. Located close to the historic plaza and the state capitol, the congregation has long been a leader in the community and denomination in social justice and inclusion issues. Spiritual direction has played a large role in my time here; I lead individual and group spiritual direction and have developed a four-year journey to our 150th anniversary in 2017 based on the four movements of the Ignatian Exercises. Sandy Hook prompted me to help start New Mexicans to Prevent Gun Violence which has become, due to the dedication of a growing group of wonderful people, a real voice in the state on gun violence issues. My wife Jenny and I miss Cleveland, but then we look at the mountains and valleys and desert and realize there is sun 330 days a year. Please come visit. We would love to show you around. And it's a great place for a retreat or time away. My love to all with fond memories of my Ignatian training and adventure.

CLAUDETTE MATERO:

In the last year, I have been serving as a team leader and/or table companion for several retreats presented by the Jesuit Retreat House in the parishes. It has been a beautiful experience of service and community as I am privileged to meet so many people hungry for a deeper relationship with our good and gracious God. I co-led with Sharon Bramante "The Christian at Work in the World: Finding God in Daily Life" at St. Dominic Church. In addition, I was a table companion at Forest Hill Presbyterian Church as we offered the "Living Prayer" retreat. It was such a delight to be part of this wonderful experience of ecumenism. In addition, I have worked as part of the team visiting parishes and introducing them to the Called and Sent Programs offered by the Jesuit Retreat House. So many pastors are glad we can come in and present programs during Advent and Lent for them. For my own growth, I continue to participate in the Food for the Journey offerings and these enrich my spiritual life as well as offering a larger community in which to share on such a deep and sacred level. As an associate of the Sisters of Notre Dame, I am also able to be part of additional retreat experiences both as a leader and participant. I continue to praise our good and provident God for all the blessings of my life, especially those that were formed and nurtured by the ISI.



CLASS OF 2012

SANDRA APPELDORN: Since the last edition of *Ignis*, my husband retired from his job of 30 years and started a new one with much less stress, but much more travel. My son relocated from New York City to Cincinnati. And my daughter graduated from high school and is a freshman at Cleveland State University. So, I find myself in a state of transition as I wrap my brain around being an empty nester, reconnecting with my husband again now that we have time and space, and settling into

life without children in my house, unless I count my two very furry and needy, but loving, sheltie dogs. My husband and I recently traveled to Mexico on a sort of second honeymoon, and we both seem to be intent on clearing out and organizing at home--simplifying, or so it feels. I've spent some time with classmates exploring Thomas Merton and Cultivating Christ Consciousness with Joan at John Carroll. I continue to work with sophomore prayer groups, Kairos, and new employee retreats at Saint Ignatius High School where I work full-time as Human Resources Manager. In addition to assisting with supervision of interns with the ISI program, I have been a table companion on several wonderful Praying with Saint Ignatius retreat teams and enjoyed the Nurturing the Call series offered through the Jesuit Retreat House. I "thought" I was being called to a quieting during this transition time, but I have come to understand that my best "thinking" doesn't usually align with the Spirit's call. I am very grateful for and am enormously enjoying the love of the ISI and IRH communities and the abundance of blessings and opportunities placed in my path. So here I am, feeling very loved, graciously blessed, and pleasantly peaceful in my busy transition time filled with joyful anticipation of what's next. Sending all of you my prayers and love until we meet again. Be blessed.



HENEDINE AQUINO:

In July last year, my son and I were blessed to be "guinea pigs" on an 8-day silent retreat, directed by ISI grads under Joan's mentorship and supervision. I plan to take the training myself, one day. What a gift--to be able to companion others, watch them clear the cobwebs of their minds and experience a heightened awareness of God. [NB: Be sure to read Henedine's full description of her experience on page 26]. This summer will be crazy, what with two girls graduating from med school. Then our family will spend eight days cruising in Alaska at the end of May—our last hurrah before the kids go their way. My husband Ben and I continue to dance, and I have taken up piano lessons again. I'm working on two Chopin nocturnes and a waltz—a challenge—and for fun, a gospel version of "Amazing Grace" and "The Prayer." I love it! I thank God every day that I retired from the Emergency Department! I LOVE companioning people. It's what I always did (badly in the past). Thank God the ISI helped me be a kinder, more compassionate, less judgmental companion who totally depends on God for everything.

COLLEEN LASKY:

I am maintaining my practice at River's Edge; I have two separate practices, counseling and spiritual direction. My practice has grown from one full day into two days. I am busier than ever and thanking God for these opportunities every day. Whenever I have free time, I am drawn to writing about prayers from medieval days for directees who have a tendency to get distracted during prayer (like me). My book *The Evening Examen Prayer: A Spiritual Journal* has been doing very well. I feel joyful that I can companion directees and encourage them into closer relationship with God through the Examen. My second book was just released, written for directees who enjoy praying the rosary, It is called *The Scriptural Rosary: Piercing the Darkness with Love.* It was written in response to directees who shared that they often found their minds drifting while praying the rosary. In the book I have coupled the "scriptural rosary" with my photography. My three daughters continue to amaze me every day by how they are called to be and grow in this world. My husband Ken will always be my biggest fan and I love him deeply. And I am bowled over by the love I feel for our I8-month-old grandson Kasey. He is saying "grandpa" ("bumpa") and "grandma" ("maw maw"). I ask him, "How do you pray?" And he claps his hands together and holds them like that for about three seconds. I adore him! Love multiplies!



UPDATES ON LIFE AND MINISTRY



SUSAN PALMER:

It is with sadness that we say goodbye to our friend Sue, who will be wending her way to Arizona permanently this summer. A move envisioned as "someday" in the future became a reality sooner than expected when her husband Roger lost his job here. Both Sue and Roger have elderly parents out west, and as things happened, the right time for the move seems to be now. We will miss you, Sue, your vivacity, your storytelling, and your lovely, soft, gentle British accent! We wish you Godspeed, and only ask that you keep in touch.

VALERIE STULTZ:

Since moving to Delaware, Ohio in retirement, I have enjoyed serving as adjunct faculty at The Methodist Theological School in

Ohio. Last spring I led twenty-five students in the exploration of Spirituality. This spring I taught Polity and accompanied eleven students to General Conference in Portland, Oregon. I currently have four directees, and lead a weekly Ignatian prayer group at my church. In March I led a women's retreat for the Mentor United Methodist Church, acquainting the participants with the courageous women of Exodus through an Ignatian lens. Through the Spirituality Network of Columbus I have connected with a wonderful new spiritual director, as well as a peer supervision group. Enjoying grandchildren nearby, welcoming friends and family into our retreat house, and reconnecting with church family brings great comfort and joy. How grateful I



am for the ISI journey and its influence in my life. Moment by moment I continue to learn to find God in all things.

CLASS OF 2013

DIANE ANTHONY:

At this time I am seeing one woman for ongoing spiritual direction. I am also involved in the "Light of the World" Evangelical ministry in my parish, Queen Of Heaven. This ministry puts on retreats, and forms small faith sharing groups afterwards. This is a very exciting ministry for me. As I am working more hours at our funeral home and still doing a fair amount of babysitting for our grandchildren, this feels like the perfect amount of spiritual direction for me at this time.



MARY COFFEY:

I am counting down the days until the return of spring and the end of grad school. I have loved every minute of it, but I am looking forward to freedom from due dates and from writing weekly response papers. I'll probably be back on campus in the fall for one of Joan's classes, especially because there are no grades, so no pressure!!



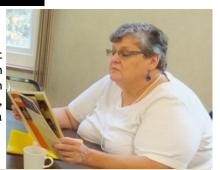
BARB CURRAN:

In May 2014 I graduated with a Master's in Theology from St Mary's Seminary and in January 2015 I was certified as a Lay Ecclesial Minister in the Diocese of Cleveland. I was excited to see where God would lead me to serve him, but never dreamed that would be to care for my 89-year-old mother. On May 31, 2015 I retired from my paying job as a computer analyst and moved my mom to an independent living senior apartment. I currently spend two to three days a week helping her remain "independent," and, although not at all what I had in mind, it is truly a blessing to serve her. I am still able to do ministry as a volunteer in my parish, where I am the co-chair of the Spiritual Formation Committee, direct a Bereavement Support Group, lead a small faith-sharing group, and train and schedule altar servers. However, the ministry that brings me the most joy is leading contemplative retreats. I composed my first retreat at a seminar last year offered jointly by the ISI and the Jesuit Retreat House. I presented it for the Men's Retreat at St Bede's in Mentor last year and was asked back to present it for the Women's Retreat this year. I am currently scheduled to

give the same retreat at the Jesuit Retreat House in August and for the St. Clare/St Paschal Baylon cluster in October.

BETSY KNESTRICK:

I continue to lead the retreats with the Ignatian Spirituality Project (ISP), where we host retreats for women who are in transition or recovering from an addiction. We draw from the local shelters and addiction recovery sources in Cleveland. I am co-coordinator with fifteen women on the team. I continue to see my original retreatants about once a month, and three others from the parish. I am still working at St. Bridget of Kildare parish in Parma and living in Ohio City. I continue to draw on Ignatian Spirituality. It is part of my soul now.





HARRY and LAURIE WINTERS: The past year has been a year of transition for us. Our family has experienced six sudden deaths of people who were very close to us, including both of Laurie's parents and Harry's sister. It feels as if these tragedies are defining so much of our lives. Neither one of us accepted new directees this past fall, but we both have a couple of people with whom we continue to work. We will probably begin directing a few new people this coming fall. Harry took a four-month sabbatical, which couldn't have come at a more appropriate time. He spent most of the first three months alone. He took over five weeks driving to the west coast and back. Then he made an eight-day directed silent retreat in Weston, MA at the Campion Renewal Center. His sabbatical finished on May 29. Laurie continues to work at Akron Children's Hospital in the oncology clinic. Her job is rewarding but is also filled with its

share of grief. Much of the rest of 2016 will be consumed by working on her parent's estate as she continues to use all of her vacation time flying to Oregon.

CLASS OF 2014

PAUL BARBINS:

I have continued my work with individuals in both the Nineteenth Annotation Retreat and other spiritual direction settings. I am also continuing to work in multilingual situations both with groups and individuals. This past year, I began working in group settings with clergy, an on-going interest and passion of mine. I continue to be the pastor at the Latvian Baptist Church of Cleveland.

ELYSE BERRY:

Last fall, I began my Doctor of Ministry degree at Fordham University Graduate School of Religion. I am concentrating on Spirituality and have been loving the program thus far, especially learning more about spiritual direction and Ignatian spirituality. Since the program is mostly online, I have been able to continue to live and work as a hospital chaplain in Cleveland. I am also an ordination candidate in the Disciples of Christ (Christian Church) and couldn't feel more grateful for these exciting changes in my life.



DAVID FELDMAN:

I continue to be amazed and fascinated at the manifold ways grace manifests itself. Grand-fatherhood is a joy I have been savoring for a year now. My ISI experience allows me to participate in deepening the spirituality of appropriate patients in my psychiatric practice, including some jaded by faith traditions. In my peer supervision group I am reminded of the benefits of having directees outside of that practice, an opportunity I will pursue more directly. I recommend the Merton course to all graduates as a wonderful way of developing further the ISI experience.

BETSY HAMM:

I have stayed involved in spiritual direction with young adults and last fall was on a team which helped lead the first Charis Ministries retreat at the Jesuit Retreat House. I also companioned a young adult at my parish, St. Mary in Wooster, on an eight week Ignatian retreat as part of the Coalition with Young Adults Compass Project (www.cyacleveland.org, #shamelessplug).

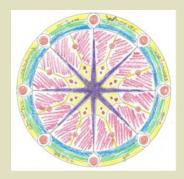
Mostly, though, I have been focused on finishing up my Master of Arts in Pastoral Studies through Loyola University Chicago and will finish my required courses in July. However, while taking my moral theology requirement last summer, I began seriously to consider chaplaincy. Not only did I find the section on healthcare ethics amazing, it seemed those I talked to who heard my story and my interests, asked if I had ever considered chaplaincy. So after much discernment, aided by a conversation with my advisor, I took the plunge this past fall and completed my first unit of CPE at the Cleveland Clinic. Wouldn't you know, I really liked it! So instead of graduating this summer, I am officially pursuing a healthcare chaplaincy concentration. In addition to another elective, this concentration requires completing the last three units of CPE and then applying for board certification through the National Association of Catholic Chaplains. While I will have essentially completed my classes this coming July, I will not graduate for another year. But I feel vey strongly that I have made the right decision since the discernment of spirits was at the heart of my decision making!



SHARON SEYFARTH GARNER:

If I were to choose one word to describe my faith journey over the past year it would have to be "mandalas." In addition to ongoing spiritual direction with several folks through Belly of the Whale Spiritual Direction & Retreat Ministries, I have been developing a method of prayer that blends traditional contemplative practices with the current strong interest in coloring for all ages. What began as a gentle nudge has become a central focus of my ministry. Through God's grace, I have gathered these reflections together into Praying with Mandalas: Contemplative Coloring for Contemporary Christians - a resource that includes mandalas designed specifically for use with intercessory prayer, lectio divina and centering prayer. Praying with Mandalas has become a meaningful and non-threatening point of entry for many into the world of contemplative prayer. I am grateful beyond measure that it seems to be resonating with folks in beautiful ways - on retreats, for hospital spiritual care volunteers, prison ministry, nursing homes, women's ministries and small groups. If anyone is interested in a copy, please feel free to contact me. When not working on prayer mandalas, I have enjoyed time with family and friends - especially getting my son off to college and attending my daughter's concerts and swim meets. I am deeply grateful to the ISI community for the way it offers such powerful support and encouragement to all of us as we seek to embrace the unique ministries to which we have been called.







ROBERT LINTON:



I am pleased to report that the trial lawyer/prodigal son continues to find his way back home. I've embraced the ISI community at St Ignatius High School, where I first encountered the Spiritual Exercises through its Spirituality Program for Adults (SPA). I joined Janet Lehane ('06) in directing the SPA eight-week spring retreat and Amy McKenna ('12) for the fall retreat. Rich Jerdonek ('06) and I are putting together a special SIHS men's five-week retreat for this coming fall. I also helped with the annual SIHS alumni retreat at JRH and the CWRU busy student retreat. I continue retreat work with homeless men in recovery through the Ignatian Spirituality Project. I get lots of juice from one-on-one spiritual direction work with several remarkable men in AA and from the SIHS community. Finally, I've joined the board at the lesuit Retreat House and look forward to trying to keep up with its tireless Executive Director, Rick Krivanka, ('17), and other ISI alums, including its outgoing Chair Rita Carfagna, ('05), who is doing an amazing job with its capital campaign. P.S. My wife Kris—who's active in a prison ministry and other great causes with ISI grads—and I became empty nesters this year when our youngest, Evan (SIHS '15), headed to OSU.

AIDA MANDAPAT:

Right now I am reflecting on the book *Putting on the Heart of Christ*. Here, Gerald Fagin, SJ explores another way of understanding and applying the Spiritual Exercises—through the lens of virtues, including gratitude, reverence and forgiveness. He suggests that rather than asking, "What has God called me to do?" one might ask, "Who has God called me to be?" I highly recommend the book to everyone just as Pat Cleary-Burns ('06) recommended it to me. Networking with other ISI graduates is another rich upshot of having been in ISI. I am amazed and grateful how God pours blessing upon blessing as a result of ISI, all for His greater glory.





BOB MEYER:

I recently moved through my twentieth year as pastor of Wayne Presbyterian Church in Wooster. I have been guiding two people through the Nineteenth Annotation exercises, and offering some short term spiritual direction. I also have been on the team for the "Praying with St. Ignatius" retreat at Our Lady Help of Christians Parish in Lodi this past Lent. My newest spiritual adventure is leading a study series this winter and a retreat in the spring on "The Pilgrimage into the Last Third of Life." I am very interested in aging as a spiritual journey and discovering ways to guide people as they make peace with their past and find new passion and purpose for their lives, no matter what their age. I would love to hear what others are doing in the area of spirituality and aging, and would welcome the opportunity to support one another as we continue to move into this time of unprecedented numbers of people over 65 years of age. "Aging is not lost youth but a new stage of opportunity and strength" (Betty Friedan).



JEFF NELSON:

I continue to offer occasional eigiht-week Ignatian retreats to members of my congregation. But my most notable news is that I've just published a book through Noesis Press entitled Coffeehouse Contemplative: Spiritual Direction for the Everyday. The book explores and explains prayer practices and spiritual direction primarily for a mainline Protestant audience, although it will be very accessible for non-Protestants as well. It is currently available on Amazon. I hope that my spiritual direction colleagues find it useful!

MARK SALCHAK:

Many wonderful experiences have manifested for me since graduation. My exposure to the ISI provided many fulfilling experiences with the Ignatian Spirituality Project, introducing homeless and addicted men to the Spiritual Exercises. My life journey took a revolutionary change when I was asked to bring an Ignatian Spirituality infused aftercare program to the Interval Brotherhood Homes Addiction Recovery Center. I left a thirtyyear career as a real estate broker to join the IBH team full time to start the IBH REACH Project. (REACH is an acronym for Recovery, Education, Affirmation, Community, Hope). The REACH Project is a community of IBH graduates who continue the recovery process through spirituality and social volunteer projects. Since 2014, we have participated in over 10,000 hours of volunteer activities like feeding the homeless, service work to local churches, libraries, nursing homes and food pantries. REACH has had hundreds of spiritual meetings, rooted in the Spiritual Exercises of Ignatius of Loyola. In 2016, REACH was recognized by the Summit County ADM board with the Maggie Carol Smith Trail Blazer award and was acknowledged by the Ohio House of Representatives. Participation in the REACH Project has been identified as one of the two indicators of longevity in recovery by our Outcomes Measurement task force. REACH Project participants are five times less likely to relapse. All of this resulted from a little trifold ISI pamphlet. Thank you, Dr. Nuth and ISI. I am forever grateful.



MARY SENECHAL:



The last year brought many changes to my life. My husband took a long overdue sabbatical and we spent time both in Scotland and Switzerland. Traveling to Iona and spending a week in the Abby working alongside the community was the highlight of the entire trip! Sadly, my mother died in May and we returned from Scotland to join with family to celebrate God's gift to us of her life. Returning to Switzerland, I found God's healing presence in the mountains and from a neighbor in the tiny Swiss village where we stayed. God's grace and spirit was so present there, and this woman, who was a total stranger to me, speaking only French, consoled, hugged and reminded me that we are indeed all one. Our oldest son was married in early August and a joyful noise we did make! Cynthia, our new daughter-in-law, is a blessing to our family. I have continued to practice as a hospice nurse and have returned to painting after a two-year absence. I continue to explore the process of creating art work (although it could be any creative endeavor) as a way of understanding how to open more fully and surrender to the call of God. Martha Campbell's book reflection group, studying Elizabeth Dreyer's book Accidental Theologians, rekindled my passion for women's perspectives on theology. February found me attending the lecture series at Baldwin Wallace University for their Faith and Life series. The lecturer, Dr. Christie, took us on a

guided journey into the "Wild Desert of God" and offered much to reflect upon during times of suffering as a singular and communal experience. Currently I am doing spiritual direction with three women who bring such gifts to me! It is a privilege to be present to witness the movements of God both for them and me. As a hospice nurse I continue my interest in the journey we take toward death and how to accompany and ease the suffering of the dying.

Coalition with Young Adults — Mary Ann Spangler HM ('07)

About 18 months ago, a grant from Catholic Youth Foundation USA out of Washington, DC was sought through the Coalition with Young Adults. The focus of the grant was to provide spiritual direction for young adults ages 18-35 throughout northeast Ohio who may not otherwise have this experience. Trained spiritual directors who have had experience with directing young adults were available and companioned over thirty young folks for a total of over 100 sessions of spiritual direction. Included in the roster of spiritual directors who were ISI trained were: Patrick Cleary-Burns; Brenna Davis; Sr. Marian Durkin, CSA; Michael Feldtz; Rich Jerdonek; Colleen Lasky; Amy McKenna; Sr. Mary Ann Spangler, HM; Agnes Strada; and Deborah Zawislan. Feedback gathered at the end of the grant contained extremely positive comments on the young adult experiences and their desire to continue. At this point, we are exploring funding possibilities to continue to meet this need in some way.

Centering Space: A Peaceful Ministry on the Shores of Lake Erie — Syndie Eardly ('10)



I have been actively involved in the ministry of Centering Space in Lakewood since I graduated from ISI. The century home, located on Lake Erie just west of Lakewood Park, houses a collaborative ministry of the Sisters of Charity of St. Augustine. The non-denominational ministry seeks to provide a prayerful environment and an atmosphere of attentive listening for all who come for weekly prayer, spiritual direction, programs and retreats. For many ISI graduates, Centering Space has provided a welcoming environment for pursuing individual ministry. Although it is a small retreat space (four bedrooms available) it offers a wonderful opportunity for individuals as well as small group overnight retreats. Retreatants particularly love the many meditative spaces, from the wide porch and garden at the back, to the wooded grotto, to the recently landscaped Solstice Steps

at Lakewood Park, which afford a breathtaking view of Lake Erie. Centering Space is also available for private programs, and we have rented the space for days of reflection for school or parish staff or nonprofit boards. Located on the same grounds as Lakewood Catholic Academy, Centering Space has access to the LCA chapel for larger group presentations and the Lakewood Park Women's Pavilion for groups of 100 or more. As many of the CSAs approach retirement, we realize we must plan for a future that, of necessity, will be managed by lay ministers. We cordially invite all ISI students and graduates to contact us at any time to visit the space, attend a prayer hour or program, and learn how you can pursue your own ministry goals in this beautiful location. For more information, visit www.centeringspace.org, or call or email me at syndieeardly@att.net or (216) 403-7435.

MiddleWay Ministries — Pam Chaney (ISI '10), Founder and Director

MiddleWay Ministries Inc. empowers women in Northeast Ohio who have survived childhood and adult abuse, sexual trafficking, addiction, and generational poverty to improve their spiritual, mental, physical, and financial health. We provide evidence-based programs, mentoring, life-skills training, and spiritual retreats to deepen recovery. Since 2010, MiddleWay has helped over 450 women and girls in NE Ohio recognize their strengths and potential. Programs are offered in treatment centers, transitional housing, Juvenile Detention Center, Cuyahoga County Jail, and other places where women and girls are working to find a new and healthier path. MiddleWay is committed to helping women and girls thrive, not just survive. All services are provided free of charge to the women and girls we serve. MiddleWay is entirely funded by private donations, foundations, grants, and sales from our social enterprise, "happy little products" by MiddleWay Women. Our handcrafted items are sold on our website and at Cosmic Bobbins on Shaker Square. Please visit us at MiddleWayMinistries.org to learn how you can support local women who are creating new and healthier lives for themselves and their families. MiddleWayMinistries@roadrunner.com/216-287-2675.







Page 24 ISI ARTISTS



Mary Senechal, "Off the Coast of Maine"



Mary Senechal, "Contemplation"



Liz Cotter, "At Gethsemani"



Mary Coffey, "Come This Way"



Elyse Berry's dog Watson loves Ignatius!



From Mary Senchal ('14): I am conducting several book studies designed to look at the issues of aging and decline and the presence of God in it all. Recent books that I have read and found useful are: Being Mortal: Medicine and What Matters in the End by Atul Gawande, MD and When Breath Becomes Air by Paul Kalanithi, MD, a young neurosurgeon who recently died of cancer. This June I will be working with a local minister to offer a women's retreat weekend. So many books have offered guidance during this year. Joan had given my ISI class a book called The Sacred Gaze by Susan Pitchford. I have re-read this book many times. There is much there to contemplate but the concept of kenosis is of particular interest to me.

From Julie Exline ('07): An entry from her blog at Psychology Today:

"It's a cool, starlit night, and I'm alone in the hotel pool." Leaning back, I release my feet from the bottom. I feel myself lift up. The quiet of the water surrounds and embraces me. I am fully supported. Sometimes people experience God in this way, too - like water that surrounds, holds and sustains us. Our part is lean back and let go-but this isn't easy for most of us..." To read more, go to: https://www.psychologytoday.com/blog/light-and-shadow/201502/floating-exercise-in-simple-trust

From DonnaMarie Kaminsky ('05): Several good books on Mindfulness Meditation are: Full Catastrophe Living by John Kabat Zinn, The Developing Mind, by Daniel J. Siegel, and The Mindful Solution by Ronald Siegel.

REFLECTIONS

EXPERIENCING THE EIGHT-DAY RETREAT

Henedine Aldana ('12)

him to say yes, because I was floored when he responded, experience for me) and, for the record, I never skipped a meal. "Why not?" I felt the Holy Spirit working big time and my heart was filled with gratitude and joy.

When the time came, we drove to JRH together. I was glad that pilgrims came in a variety of ages, sexes, sizes, shapes and inclinations. Among them were retired and active religious and then there were moms like me. One young man in his mid twenties described himself as a "regular." As an IT consultant, he savored eight days a year completely separated from technology. There was a school administrator from Chicago who had been there for well over a month. Several young women arrived a few days later, only for the weekend. One room was #12! WOW! The idea that we had been praying for thing we all had in common: we had cleared our decks for God.

In my entire adult life, I have never had the opportunity to be that quiet or that free—no chores, no cooking, no laundry, no laptop, no phone, no concerns, except to be on time to meet afternoon and not miss meals. The last item was, in fact, my

Last spring I signed up for an eight-day silent retreat at IRH to biggest worry. Driving to the retreat, I had been dismayed that be held from July 13-21, my first silent retreat ever. Because I my watch battery had died — how would I survive? But after a am outgoing and extremely talkative, friends and family were few days I found that it didn't really matter. With over 50 acres astonished and didn't think I would push through with it. to explore, there was ample space for solitude. One sunny Meanwhile, I learned that my son was unhappy in his third year morning, I spied my son on a bench by the meadow, face to the in engineering and was thinking of shifting to mathematics. That breeze. Returning from an after-dinner stroll one evening, I summer, instead of working at an engineering cooperative, he heard his distinctive cough, floating out one of the open found himself at home, working with me. We were spreading windows. About the only times we caught sight of each other mulch side by side, sweat pouring down our faces, when he were at meals. Life was simple. Things fell into a comfortable remarked on the great uncertainty of his future. Acting on a pattern and I had no problem filling the days, exploring quiet whim, I invited him to join me on retreat. I guess I didn't expect ways to be with God. There was never a need to rush (a new

At the farewell lunch, everyone's beaming rested faces were proof that the retreat had done us wonders. We embraced the opportunity to chat and learned that a number of us had in fact been praying for each other — a delightful discovery! My son later accompanied me to my room to help carry stuff to the car. He chuckled loudly, realizing we were heading down the corridor he had once been assigned to long ago, during his Kairos Retreat #144 as a junior at St. Ignatius High School. The way he had committed his room number to memory then was by remembering it was the square root of 144, and, indeed, my each other in the exact same room, years apart, gave me goose bumps. According to my son, the probability that this could have happened by chance was miniscule. Taking note of his thought process, I felt strangely reassured about something else - perhaps mathematics was right for him. I will always my spiritual director for an hour each day, attend mass each treasure our shared experience at JRH and someday I hope we can do it again.

REFLECTIONS

My Holy Week Prayer My Pleading, My Psalm of Lament ©2015 DonnaMarie Flanagan-Kaminsky

In Gethsemane: "...and began to be troubled and distressed. . . . My soul is sorrowful even to death"

"Abba, Father, all things are possible to you. Take this cup away from me, but not what I will, but what you will."

On the Cross: "My God, my God, why have you forsaken me?"

Christ experienced anguish, physical pain, excruciating emotional pain, betrayal, rejection, fear, deep, deep sadness and sorrow.

My Prayer * My Pleading:

Abba, Father – all things are possible to you. I come before you – even as your Beloved Son, Jesus, came before you – pleading with you – begging you to take this cup away from me. O most Holy, Life-Creating Trinity, I cry out to you with the words of Your Beloved Son, Jesus: I am greatly troubled and distressed –My soul is very, very, very sorrowful even unto death –My God, my God – why have you abandoned me. O most Holy, Life-Creating Trinity, I cry out to you – not as someone demanding that you heal me - but as your beloved daughter – relying on Your Goodness, Your Mercy – not because "I deserve" anything, but rather as one of your children. . . .

Luke 13: 10-17: "And Jesus was teaching in the synagogue on the Sabbath...

...there was a woman there who had been crippled by a spirit for 18 years...

She was bent over and could not straighten up at all...

Jesus saw her...

Jesus called her forward...

Jesus touched her...

Jesus said to her: "Woman, you are set free from your infirmity."

She straightened up... and praised God.

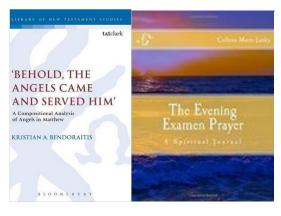
Woman, You are Set Free! Stand Up!

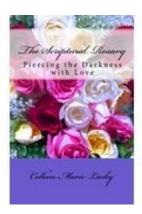
Praise God!

[This is only part of a much longer prayer. For the entire prayer, please contact DonnaMarie at poustinik2@gmail.com.]

BOOKS BY ISI AUTHORS

Looking for something to read or pray with? Try these!







Kristian A. Bendoraitis (17), Behold, the Angels Came and Served Him: A Compositional Analysis of Angels in Matthew (T&T Clark, 2015).

Colleen Marie Lasky ('12), The Evening Examen Prayer: A Spiritual Journal (Dentelle Publishers, 2016, Second Edition).

Colleen Marie Lasky, The Scriptural Rosary: Piercing the Darkness with Love (Dentelle Publishers, 2016).

Jeffrey A. Nelson (14), Coffeehouse Contemplative: Spiritual Direction for the Everyday (Noesis Press, 2016).

Rev. Martha Spong, There's a Woman in the Pulpit: Christian Clergywomen Share Their Hard Days, Holy Moments and the Healing Power of Humor (SkyLight Publishing, 2015). Robin Craig ('09) has two essays in this delightful book.

And watch for Sharon Seyfarth Garner's new, expanded edition of her *Praying with Mandalas*, soon to be published by Upper Room Press.

ISI CONTINUING EDUCATION OPPORTUNITIES



For the second summer the ISI has held at JRH the **Practicum** in **Directing the Eight-Day Retreat**, a two-week program designed for ISI grads. During the first week, after an intensive instructional day, participants were on retreat themselves in silence, and directed each other's prayer. During the second week they met at least two retreatants daily for the eight-week retreat experience. They were mentored both weeks, and experienced peer group supervision in the second week. Last year Bruce Batchelor-Glader ('05), Kate Campbell ('11), and Liz Nau ('13) were the first participants. This year Liz Campbell

('16), Nancy Rowell ('07), and Carol Anne Smith ('16), pictured to the left with Joan, participated.

NEW COURSES: Last year, the ISI added two continuing education courses to its curriculum: **Thomas Merton: Monk, Mystic, Poet, Prophet** in the fall and **Cultivating Christ Consciousness: Christology for Spiritual Directors** in the spring. Both were well attended and appreciated.

This coming fall will see the advent of **The Poetic Prophecy of the Book of Isaiah.** It will be taught twice: Monday from 6:30 to 9pm and Tuesday from 12:30 to 3 pm. A brief preview: "In the book of Isaiah we find the sweep of Biblical theology displayed as in no other single book of the Bible. . . . The nature of God, the nature of reality, the problem of sin, the effects of sin, the need for redemption, the meaning of life, the hope of eternal life, all are to be found in this book as in no other. Beyond that, these ideas, which could be dry as dust, are expressed with incomparable literary power and beauty" (John N. Oswalt, *The Holy One of Israel*). Except for the psalms, the book of Isaiah is referenced more often in the New Testament than any other book in the Hebrew Bible. It is extremely relevant for both liturgical and personal prayer, which will be a strong focus of this course. You will be encouraged to pray with it as well as study its historical background and



Statue of Isaiah, Colonna dell'Immacolata, Rome

theology. WATCH FOR THE REGISTRATION ANNOUNCEMENT!

ISI WELCOMES



KELLIE SCHWABL, who joined us as ISI Administrative Assistant in March and has quickly learned the ropes. We are grateful for her gracious and generously helpful presence.

KENNETH WILLIAM GUION, son of Dan Guion ('16) who came into the world on March 24, 2016. Welcome to the world, Kenneth!



UPCOMING EVENTS

This is the time of year when ISI grads have many opportunities to gather with each other and with the current ISI cohorts. **MARK YOUR CALENDARS** for the following:

Thursday, July 28: Prayer & Potluck for the Feast of St. Ignatius at JCU, 6:30 pm, place TBA. **Saturday, August 27:** Opening Retreat Annual Wine & Cheese Social, 7:30 pm to whenever. **Sunday, August 28:** Retreat Mass at JRH, 10 am.

Sunday, August 28: Certification Ceremony Honoring the Class of 2016, JCU Dolan Auditorium, 2 pm, followed by reception.

COME JOIN US FOR ANY OR ALL!
THE MORE THE MERRIER!!!



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