IMPACT Employee Assistance & Work/Life Program Orientation

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What is the IMPACT Employee Assistance Program (EAP)?

The primary objective of the IMPACT EAP is to provide you with:

» a comprehensive assessment,
» non-medical, short-term solution focused counseling,
» support,
» strategies to address immediate needs and stressors and
» an action plan and recommendations for further intervention, when appropriate.
What is the IMPACT EAP?

A resource for any issue (personal, family or work related) that causes stress, pressure or concern in your life

» Complimentary

» Confidential

» Voluntary
Who is eligible for services?

» All employees

» All household members, dependents and non-dependents

» Dependents away from home

» Parents and parents-in-law of the employee
Services Available

» Live 24/7 IMMEDIATE response by licensed mental health professionals

» 3 complimentary counseling sessions

» Priority and emergency scheduling

» Follow up
Services Available

» Professional counseling provided by highly qualified mental health professionals for
  ‣ Stress, anxiety and depression
  ‣ Divorce, marital and family problems
  ‣ Job concerns
  ‣ Alcohol and drug abuse
  ‣ Caregiver stress
  ‣ Parenting
Services Available

» Web-based wellness and work/life resources, including
  ‣ Self-search referral locators
  ‣ Interactive personal development programs
  ‣ Financial calculators and legal documents
  ‣ Health risk assessment tools
  ‣ Seminars
  ‣ Resource centers
  ‣ And much more…

www.myimpactsolution.com
Employee Assistance and Work/Life Program

Offering you and your employees peace of mind that there is always someone to talk to, 24 hours a day, 365 days a year.

> Read more about IMPACT

IMPACT Solutions is widely recognized as a leader in the EAP field.

IMPACT Solutions is a behavioral healthcare and people development consulting firm with an experienced staff of EAP, Student Assistance, counseling, coaching, training, organizational development, and medical specialists. Since 1981,
IMPACT on the Web
The IMPACT Program is a benefit for daily life matters, offering access to confidential professional support 24 hours a day, 365 days a year.

For Live Immediate Assistance Call 1-800-227-6007

Member Login
Please enter your Username to access Work Life Services.
Username* 
Submit

HR/Manager Login
Please enter your Username and Password to access Work Life Services.
Username* 
Password* 
Submit

Forgot your username or password? Contact IMPACT at 1-800-227-6007 for assistance.
Aim for a Healthy Weight
Choose a lifestyle that combines sensible eating with regular physical activity.
Services Available

» Legal assistance

› Complimentary 30 minute consultation

› 25% discount on most fees if further assistance is needed

› Consult with attorneys in your state pertaining to family law, power of attorney, living wills, real estate, etc.
Services Available

» **Financial assistance**
  provided by qualified financial counselors
  - Financial planning services
  - Debt management assistance
  - Bankruptcy prevention
  - Credit report review
  - Educational materials
  - Housing education
» Identify theft prevention & recovery

- Free identity monitoring through the legal and financial center on the web
- Complimentary, professional assistance to
  - help you identify ways to protect yourself from identity theft and/or
  - guide you through the recovery process if you have already been the victim of identity theft
Case Example
45 year old Sally is a 20 year employee with an excellent performance history. She is currently in the midst of a divorce, attempting to quit smoking, has financial hardships and caring for an elderly mother.

24/7 EAP phone support
Sally speaks with a master level licensed mental health professional who provides in-the-moment support and a complete assessment.

Counseling Referral Authorized
EAP phone counselor sends assessment findings to local network counselor to address depression & anxiety.

Elder Care Specialist
Sally receives a referral to an eldercare specialist who provides respite services and home health support referrals.

Financial Counseling Specialist
Sally is then warm transferred to IMPACT’s financial counseling service to address debt issues and collection calls.

Follow up
Sally is called in two weeks to assess her progress. At 6 weeks Sally is sent an outcome survey by email.

IMPACT Website education
EAP Phone counselor refers Sally to the “Quit Center” on the IMPACT website for information and tools to help her quit smoking.
To Access the IMPACT Employee Assistance Program

Call 24/7 for live immediate assistance

800-227-6007

or

For additional resources visit

www.myimpactsolution.com

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