

# CLINICAL MENTAL HEALTH COUNSELING

## MASTER OF ARTS

The Clinical Mental Health Counseling Program consists of 60 semester hours of academic coursework and leads to a Master of Arts degree upon successful completion of all requirements. The degree is designed to meet the current academic requirements of the State of Ohio Counselor, Social Worker, and Marriage and Family Therapist Board for the licenses of Professional Counselor (PC) and Professional Clinical Counselor (PCC). Also, the Clinical Mental Health Counseling degree meets the academic requirements for the National Counselor Certification (NCC) of the National Board for Certified Counselors. Counselors licensed as PCCs in the State of Ohio function at an independent practice level, allowing them to diagnose and treat mental and emotional disorders without supervision. PCCs who obtain the State Board's supervision credential may also supervise other counselors. PCCs may maintain a private practice.

The Clinical Mental Health Counseling Program involves an interdisciplinary course of study and has been designed to meet the needs of the part-time student while also accommodating full-time study. Courses are primarily offered in the evening to accommodate students who work during the day.

### Accreditation

- State of Ohio Counselor, Social Worker, and Marriage and Family Therapist Board
- Council on Accreditation of Counseling and Related Educational Programs (CACREP)
- American Society of Clinical Hypnosis for clinical hypnosis coursework

### Admission Requirements

- An undergraduate major in a recognized area, together with advanced undergraduate coursework (12-18 semester hours) in the social and behavioral sciences, including coursework in psychology or sociology

or teacher certification. Applicants who do not have prerequisites for specific graduate courses will be required to make up deficiencies.

- An undergraduate cumulative GPA of at least 2.75 (4.0 scale).
- A satisfactory score on the Miller Analogies Test (MAT) or the Graduate Record Examination (GRE).
- Three letters of recommendation from persons familiar with the applicant's academic work, professional work, vocational commitment, and suitability for the role of counselor are required. Ideally, these letters will come from former professors and/or employers who can comment on the suitability of the applicant for graduate study.
- A letter of intent from the applicant outlining career objectives and goals. The letter should be 400-600 words in length. It will be evaluated for content and grammatical and mechanical correctness.
- Evidence of work or volunteer experience
- Applicants must participate in an interview process that will include a writing sample composed in response to a provided written prompt, and both a group and a personal interview. The applicant's interview will be evaluated by the admission committee.

### Mission and Goals

The Clinical Mental Health Counseling Program is designed to create professional counselors who embody the Jesuit essence of "persons for others." The program endeavors to:

- Offer a broad-based education that will prepare students to become competent and effective professional counselors
- Ensure awareness and understanding of multicultural issues, as well as a mindfulness of the evolving pluralistic and technological society
- Promote commitment to the counseling profession through involvement in

**Telephone**  
**(216) 397-1987**

**Fax: (216) 397-3045**

**Program Coordinator**  
**Dr. Cecile Brennan**  
**counseladmin@jcu.edu**

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**[www.jcu.edu/graduate](http://www.jcu.edu/graduate)**

professional counseling organizations and in other activities that encourage professional identity as a counselor.

- Some Graduate Assistantships are available. Graduate assistants are given a tuition waiver for 15-18 credit hours per year plus a stipend. Students are expected to spend 20 hours per week working for the Department.

## Honorary Society

- National award-winning Beta Chi Chapter of Chi Sigma Iota International Counseling Honorary Society

## Faculty

- **Ryan Allen, Ph.D.** (Ball State University). Assistant Professor. Human Development, Psychometrics, Neuropsychology.
- **Cecile Brennan, Ph.D.** (Cleveland State University). PCC-S, NCC. Assistant Professor. School Counseling, Clinical Counseling, and Ethics.
- **Paula Britton, Ph.D.** (University of Akron). PCC-S, NCC. Professor. Wellness, HIV, women's issues, field experience, supervision.
- **Theron Ford, Ph.D.** (Miami University of Ohio). Assistant Professor. Teacher Education; Multicultural Education; Special Education.
- **Jonathan Lent, Ph.D.** (University of Akron). PCC-S, NCC, LSC. Instructor. Counselor Education.
- **Kathleen M. Manning, Ph.D.** (University of Toledo). Assistant Professor. Educational Psychology; Physical Education and Exercise Science.
- **John Rausch, Ph.D.** (Kent State University). Associate Professor. Research, Assessment, Developmental Psychology.
- **Yi Shang, M.A.** (Boston College). Instructor. Research, Assessment, Statistics.
- **Nancy Taylor, Ph.D.** (Kent State University). PCC-S. Assistant Professor. Forgiveness, chemical dependency, family, spirituality, supervision.

## Financial Assistance

- The University's Office of Admissions and Financial Aid offers assistance on student loans.

## Course of Study

### Core Sequence

CG 500	Orientation to Clinical Mental Health Counseling .....	3 cr.
CG 509 or ED 502*	Research and Evaluation .....	3 cr.
CG 535	Group Dynamics, Processing, and Counseling .....	3 cr.
ED 530	Tests & Measurements .....	3 cr.
CG 561	Counseling Theory .....	3 cr.
CG 562	Counseling Techniques .....	3 cr.
CG 505	Human Growth and Development .....	3 cr.
CG 563	Diversity Issues in Counseling .....	3 cr.
CG 531	Life-Style and Career Development .....	3 cr.

### Clinical Sequence

CG 570	Psychopathology .....	3 cr.
CG 571	Evaluation of Mental and Emotional Status .....	3 cr.
CG 572	Diagnosis of Mental and Emotional Disorders .....	3 cr.
CG 573	Methods of Intervention, Prevention, and Ethics .....	3 cr.
CG 574	Treatment of Mental and Emotional Disorders .....	3 cr.

### Field Experience Sequence

CG 592	Practicum in Clinical Mental Health Counseling .....	3 cr.
CG 596A	Internship in Clinical Mental Health Counseling I .....	3 cr.
CG 596B	Internship in Clinical Mental Health Counseling II .....	3 cr.

### Electives

Nine (9) hours of electives must be approved by the adviser and include courses related to the student's professional work. Courses are to be selected from among graduate offerings in appropriate departments. Specialty areas are available in chemical dependency, clinical hypnosis, wellness, children and family, spiritual issues, women's issues, and psychoeducational testing, among others.

\*Special sections offered for Counseling students.

### Exit Requirements

- Successful completion of Counselor Preparation Comprehensive Examination (CPCE) of the Center for Credentialing & Education (CCE). This is a normed, objective examination.
- Successful completion of both 100-hour practicum and 600-hour internship. Evaluation by JCU faculty member and on-site supervisor.

## Program Statistics

- Number of students: ..... 90
- Percent who enter doctoral programs: ..... 5%
- Student faculty ratio: ..... 10:1
- Average class size:
  - lecture: ..... 15
  - laboratory: ..... 15
  - field experience: ..... 8
- Mean undergraduate GPA: ..... 3.2
- Mean MAT score: ..... 52%
- Mean GRE score: ..... 1050 (Verbal and Quantitative combined)
- Average time to complete program:
  - full-time: ..... 2.5 years
  - part-time: ..... 3.5 years