

### **Counseling Program Objectives: Core Sequence**

After completing this program, the student will be able to:

1. Demonstrate an understanding of the major principles of research design and program evaluation. Evaluate research reports for methodological and statistical appropriateness. (CG 509, ED 530)
2. Apply basic counseling and facilitative communication skills in individual and small group settings. (CG 500, CG 562 & CG 535, CG 591/592, CG 596/CG598)
3. Demonstrate an understanding of counseling theories, and evidence-based counseling approaches. Appropriately apply various theoretical approaches when working with clients and/or students. (CG 514, CG 561, CG 591/592, CG 596/CG598)
4. Demonstrate understanding of the psychosocial foundations of human development, behavior and learning, and apply that knowledge when working with clients and/or students. (CG 505, CG 591/592, CG 596/CG598)
5. Counsel and advocate for individuals from diverse social, cultural, sexual orientation and economic backgrounds with an awareness of how discrimination and societal expectations can impact healthy psychological development and the counseling process. (CG 500, CG 563, CG 591/592, CG 596/CG598)
6. Demonstrate knowledge of group process and procedures by describing and analyzing group process, and by applying basic techniques of group counseling. (CG 535, CG 591/592, CG 596/CG598)
7. Conduct a developmentally appropriate career exploration and assessment that demonstrates an understanding of career development theory and the career counseling process. (CG 531, CG 591/592, CG 596/CG598)
8. Demonstrate the ability to select and evaluate assessment instruments for possible use with clients and/or students. (ED 530, CG 591/592, CG 596/CG598)
9. Model legal and ethical understanding of the ASCA or ACA ethical standards. Demonstrate knowledge of the appropriate ethical code and of the ethical decision making process. (CG 500, CG 591/592, CG 596/CG598)

### **Counseling Program Objectives: Clinical Mental Health Counseling**

After completing this program, the student will be able to:

1. Identify as a clinical mental health counselor who is knowledgeable about the history and development of the clinical mental health counseling profession, is aware of the challenges facing the profession, and is prepared to advocate for the profession. (CG 500, CG 573, CG 592, CG 596)
2. Assess, evaluate, and diagnose clients using assessment instruments and the DSM-5. (CG 571, CG 572, CG 573, CG 574, CG 592, CG 596)
3. Determine, based on the assessment and diagnosis, an appropriate treatment plan for clients. (CG 514, CG 573, CG 574, CG 592, CG 596)
4. Implement interventions and treatment plan, and continuously assess the effectiveness of the intervention. (CG 574, CG 592, CG 596)

### **Counseling Program Objectives: School Counseling**

After completing this program, the student will be able to:

1. Identify as a school counselor who is knowledgeable about the history and development of the school counseling profession, is aware of the challenges facing the profession and is prepared to advocate for the profession. (CG 500 & CG 501)
2. Plan a developmentally appropriate school-counseling program that supports academic, personal/social, and career development. The program should be modeled on the ASCA standards and should take into consideration the specific needs of a particular school setting. (CG 501, CG 538, CG 591, CG 598)
3. Communicate, collaborate and consult with school age students, their families, school staff, and community agency representatives to promote a safe, healthy, and effective learning environment. (CG 501, CG 538, CG 591, CG 598)
4. Implement a system of on-going program evaluation by establishing a framework for record- keeping and continuous feedback from program stakeholders. (CG 538, CG 591, CG 598)