

# THE SCHOOL COUNSELING PROGRAM John Carroll University

# The Practicum & Internship Handbook

The School Counseling Program

Department of Counseling

John Carroll University

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#### **Dear Student:**

Welcome to the clinical experience component of the school counselor program. This handbook describes the final step in your formal training within your Master's program and will provide the information you need to plan for and complete the practicum/internship experience.

An important facet of your program, the practicum and internship courses provide the opportunity to test your academic coursework as you put into practice the counseling theories, techniques, and procedures you have learned. During practicum/internship, you will assume the role of the professional school counselor-in-training and provide services to students, staff and parents within a school under appropriate supervision.

This handbook will give you general information about practicum and internship and a step-by-step process for you to identify and plan for your practicum and internship experiences. It is important that your site suits your learning requirements and provides you an opportunity to meet your knowledge and skills objectives. Once a potential site has been located, the School Counseling Practicum/Internship Coordinator will document the appropriateness of the setting and supervision.

**B**egin the process early. If you have questions at any point in this process, please contact your advisor or the School Counseling Practicum/Internship Coordinator.

Sincerely,

Faculty Members of John Carroll University's Department of Counseling

#### Introduction - How to Use this Handbook

This handbook is designed to provide comprehensive information that will assist you in completing the Practicum and Internship experience required for the completion of your degree program. You are encouraged to become thoroughly familiar with its contents, much of which are designed to meet state and national licensure requirements.

#### **Definitions**

In order to promote a clear understanding of the meanings intended in this handbook, a number of specific terms are defined.

**School Counseling Practicum Student**— A student in training to be a school counselor who is enrolled in CG 591 School Counseling Practicum. The practicum course is an entry-level experience, less intensive than the internship course.

**School Counseling Intern**— A student in training to be a school counselor who is enrolled in a specific internship course, CG 598A/B School Counseling Internship. By previously completing the academic and experiential requirements of the practicum course, this student has satisfied the prerequisites necessary to enroll in the internship component of the program.

**School Counselor Trainee**— An individual who is seeking licensure as a professional School Counselor and who is currently enrolled in either a practicum or internship within a counselor education program approved by the Ohio Department of Education. By definition, this term includes both practicum students and interns. This term should be used by both practicum students and interns to designate properly and legally a training status within the profession.

**Practicum/Internship Site**— The location where the practicum/internship experience occurs. This site must meet John Carroll University training program standards for the practicum/internship experiences. A significant portion of the practicum/internship experience must involve direct client contact in this regard. This site must also provide the practicum student or intern with opportunities to perform all activities that a regular employed staff member is expected to perform. These activities must be within the scope of counselor training as delineated by the CACREP Standards for School Counselors mandated by the Ohio Department of Education. All sites must be approved by JCU. The practicum and internship experiences are typically completed at the same location.

**Clinical Coordinator**—This individual is responsible for discussing specific requirements for the practicum/internship experience with the practicum student or intern.

Dr. Tahani Dari\_currently occupies this position within the School Counseling Program and may be reached directly at (216)397-4617 Her office is located in AD 307.

**Clinical Coordinator Assistant**—This individual collects paperwork related to the practicum/internship experience prior to semester-specific deadlines, maintaining an updated file for each practicum/internship student.

Amy Zucca currently occupies this position within the Counseling Program and may be reached directly at 216-397-1708 or at <a href="mailto:azucca@jcu.edu">azucca@jcu.edu</a>. Her office is located in AD309.

**Practicum Instructor** or **Internship Instructor**— This individual instructs a weekly or bi-weekly course during which individual student progress is monitored and individual case studies are presented. In this way, group supervision of students is provided. In some instances, instructors may provide student supervision on an individual basis. The instructor maintains communication with on-site supervisors as indicated, making one on-site visit each semester. Any dialogue regarding significant problems occurring on-site will be initiated with the assistance of this instructor. At the conclusion of the practicum/internship experience, the instructor secures confidential site evaluations from students, delivers these site evaluations to the School Counselor Practicum/Internship Coordinator and assigns credit for the practicum or internship course.

John Carroll University Practicum Supervisor— This individual meets with practicum students on a weekly basis, providing personalized supervision and a weekly review of specific on-site cases encountered by the practicum student. Utilized during the practicum experience only, this supervisor is typically a John Carroll University faculty member or a part time faculty member working under the supervision of John Carroll University faculty. During weekly meetings with the John Carroll University Practicum Supervisor, individual cases are reviewed and counselor trainee progress and performance is critiqued and evaluated. At the conclusion of the semester, this supervisor provides the practicum instructor with a completed Professional Performance Fitness Evaluation, which summarizes the student's progress over the course of the semester. Concurrently, this supervisor is also evaluated by each student, through use of the John Carroll University Practicum Supervisor Evaluation Form.

Practicum/Internship Site Supervisor — This individual is a School Counselor with at least two years of experience and a professional staff member at the practicum or internship site who is directly responsible for providing systematic, intensive supervision of the student's professional training activities and performance. This supervisor must make appropriate provisions for the student's orientation to the practicum or internship site (procedures for assigning clients, emergency procedures, site-specific limits to confidentiality, etc.), providing whatever on-site student working space is feasible. Student goals are developed with the assistance of this supervisor, who maintains responsibility for on-site continuity throughout the practicum/internship experience. This supervisor assists in the evaluation of student performance relative to the stated objectives of the practicum/internship experience, by completing the Professional Performance Fitness Evaluation at the conclusion of practicum and the Counselor Competencies Scale – Revised (CCS-R) at the conclusion of the CG 598A and CG 598B. At this same time, this supervisor completes John Carroll University Counseling Program Evaluation form.

## Practicum (CG 591) Course Requirements

The course, Practicum in School Counseling (CG 591), is the bridge between the coursework in clinical foundations and the more extensive implementation of the role of the professional school counselor during internship. It is expected that students will have taken the core coursework requirements in order to be considered for Practicum.

It is recommended that students complete the following prerequisite courses:

- Counseling Theories (CG 561)
- Counseling Techniques (CG 562)
- Group Dynamics, Processing, and Counseling (CG 535)
- Foundations School Counseling (CG 501)

Students are considered eligible for practicum when these three courses have been completed; however, students may also take CG 535 concurrently with Practicum. Please discuss any questions with the Practicum Coordinator.

Practicum in School Counseling (CG 591) is a prerequisite for Internship I in School Counseling (CG 598A).

CG 591, CG 598A and CG 598B are only offered during Fall and Spring semesters.

## **Requirements for the Practicum Experience**

The practicum experience requires a total of 100 clock hours, including a minimum of 40 hours of direct counseling services with clients (at least 10 of these hours must be in group work), one hour per week of supervision with the student's John Carroll University Practicum Supervisor, and the practicum seminar for 1 ½ hours. All hours in relation to CG 591 coursework should be recorded on the Practicum/Internship Log . This completed form will be presented to the Practicum Instructor weekly during the semester. CG 591 meets for 1 ½ hours weekly for group supervision. Students are required to present cases during group supervision. In this way, the student will gain expertise in appropriate case consultation with fellow practitioners.

**Notebook** – Students should purchase and maintain a three ring notebook for the entire practicum/internship experience. An outline of items to be kept in the notebook can be found <a href="https://example.com/here.25">here</a>. Students are responsible for keeping copies of ALL paperwork for ALL three semesters in the notebook and will be required to turn in their notebook for review at the completion of each clinical course. Some of the forms will be turned in to the instructor at that time.

## **Additional Details Regarding Requirements for Practicum**

The minimum of 40 direct counseling service client contact hours (including a minimum 10 group contact hours) must include work with at least three different individual clients and at least one group containing 5-9 members.

Each student must meet individually with a John Carroll University Practicum Supervisor for at least one hour per week. Over the course of the semester, the student will present case material for the Practicum Supervisor. Discussion of these cases should include a focus on student issues and the investigation of particular aspects of counseling. Understanding the student, developing rapport

with the student, defining the student's problem, enhancing counseling skills within the context of the counseling session, and selecting counseling interventions are all relevant examples of potential supervisor/student discussion.

The practicum course incorporates two types of supervision—individual supervision (through the John Carroll University Practicum Supervisor and the Site Supervisor) and group supervision (through weekly class meetings with the Practicum Instructor). The student will complete a formal evaluation of his/her John Carroll Practicum Supervisor at the conclusion of the practicum course.

The practicum experience requires the development of specific objectives by the student and the demonstration of behavior in accordance with the ethical and professional standards delineated in the American School Counseling Association's <a href="Ethical Standards for School Counselors">Ethical Standards for School Counselors</a>. These standards can be found on the ASCA <a href="website">website</a>.

Additional assignments—including student self-evaluations, John Carroll University Practicum Supervisor evaluations, and site supervisor evaluations of student progress—will be addressed at the outset of the practicum course and detailed on the course syllabus. Over the course of the semester, students may be required to complete other duties such as listening to case material of counseling sessions, researching particular client populations in order to prepare for counseling sessions, or completing related paperwork.

At the completion of the course, students will turn in four evaluations. The <u>Professional Performance Fitness Evaluation</u> should be completed by your:

- John Carroll University Practicum supervisor
- John Carroll University Practicum Instructor
- Site Supervisor
- Self

## **Practicum Grading**

Credit (CR) is assigned by the Practicum Instructor in a Pass or Fail format. If the Practicum Instructor or the Site Supervisor has concerns regarding a student's progress, the Practicum Instructor will meet with the student and the Site Supervisor during the course of the semester to determine an appropriate course of action.

## Things to Do Before Practicum (CG 591)

In order to apply for the Practicum/Internship experience, students will have a variety of forms to complete.

## **School Counseling Program Practicum Registration Intent Form**

The first step of the practicum/internship process is electronically submitting the <u>School Counseling Program Practicum Registration Intent Form</u>. It will assist in clarifying your needs and goals at each phase of your clinical experience. A confirmation email of your submission will be sent to you. Keep a copy of this email in your notebook.

This form **MUST** be submitted no later than **MARCH 1** for a practicum starting during the Fall

semester and no later than **OCTOBER 1** for a practicum start during the Spring semester. Students applying later than these dates will not be permitted to enroll in CG 591.

#### **Determine Your Practicum/Internship Site**

Students who are not currently employed in a school district where they intend to do their practicum and internship may consult with the School Counseling Practicum/ Internship Coordinator who will assist them in developing a list of potential sites. You may also consult the <a href="School Counseling Practicum & Internship School Directory">School Directory</a>.

#### Make Contact with Potential Practicum/Internship Site(s)

If you are planning to do your field experience at the school where you are teaching, schedule an interview with the school principal and senior school counselor. If you are not currently employed in a school, once you have identified several potential internship sites, it is recommended that you begin making telephone calls and scheduling appointments early in the process. When you call each school, ask to speak directly with the senior ranking school counselor and inquire about the specific services provided by each school that a counseling intern would be able to offer. When possible, request an on- site interview at potential schools of interest. Take copies of this manual and your resume with you. It is recommended that you keep a record of the persons you contact and list their positions at the school.

#### Set Up an Interview

For helpful tips regarding this area, consult the <u>School Counseling Practicum & Internship School Directory</u>.

#### **Student Liability Insurance**

Practicum and internship students are required to possess liability insurance required for coverage during the entire practicum/internship experience. Students should obtain a personally held policy, even if coverage is provided by their employer.

The American Counseling Association offers a free student rate for this insurance. Students are advised to choose the \$1,000,000—\$3,000,000 coverage. Students must be members of ACA and in a Master's Level counseling program. There is a student rate of \$96 to join ACA.

See <a href="http://www.counseling.org/membership/membership-benefits">http://www.counseling.org/membership/membership-benefits</a> for more details or call 1-800-347-6647 ext. 284.

The ACA Insurance Trust, Inc. (ACAIT) has partnered with Healthcare Providers Service Organization (HPSO) to provide a comprehensive professional liability program for students. Students interested in obtaining liability insurance for \$37 through this program and not join ACA, should call ACAIT for an application (1-800-347-6647 extension 284) or apply online by visiting the website: <a href="www.hpso.com">www.hpso.com</a>. This is a less expensive option, however joining one's professional organization is both important and allows students other membership benefits as well.

If students do not want to apply by credit card, send address or fax number to have an application sent via mail to:

ACA Insurance Trust, Inc. 5999 Stevenson Avenue Alexandria, VA 22304

#### Phone (800) 347-6647 ext. 284 Fax (703) 823-5267

Email: pnelson.acait@counseling.org

Information on ASCA insurance can be found at <a href="http://www.schoolcounselor.org/schoolcounselors-members/member-benefits-info/liability-insurance">http://www.schoolcounselor.org/schoolcounselor.org/schoolcounselor.org/schoolcounselors-members/member-benefits-info/liability-insurance</a>.

Students can also purchase liability insurance on their own through a private policy.

Once liability insurance is obtained, a copy of the student policy should be provided to their practicum instructor and as well as maintained by the student for inclusion in the practicum/internship notebook. Keep in mind that ACA insurance coverage is for one year only, so apply closer to the start of your practicum or plan to renew during your internship.

## Register for CG 591 Practicum in School Counseling

Register for CG 591 using **BannerWeb**.

#### **Participatory Agreement**

This agreement must be signed by the student, site supervisor, school principal, and John Carroll University representative.

#### **Assignment of Supervisor Form**

The <u>Assignment of Supervisor Form</u> must be signed by the site supervisor.

## **Supervisors Qualifications Form**

The site supervisor must complete the Site Supervisor Qualifications Form.

# School Counseling Program Practicum/Internship Student and Site Information Form

Notification of finding a site must be **s**ubmitted by **MAY 1** for a practicum starting during Fall semester and no later than **DECEMBER 1** for a practicum starting during Spring semester. These deadlines are non-negotiable. Use the online <u>School Counseling Program Practicum/Internship</u> <u>Student and Site Information Form</u> to submit this information. A confirmation email of your submission will be sent to you. Keep a copy of this email in your notebook. Failure to submit this by the deadlines indicated above may result in a student being unable to enter the course.

## Review/Checklist for Starting Practicum (CG 591)

- ✓ School Counseling Program Practicum Registration Intent Form
- ✓ Use the <u>School Counseling Practicum & Internship School Directory</u> to help you find a site, set up interview, secure a site.
- ✓ Proof of personally held liability insurance
- ✓ Register for CG 591
- ✓ Participatory Agreement

- ✓ Assignment of Supervisor Form
- ✓ <u>Site Supervisor Qualifications Form</u>
- ✓ <u>School Counseling Program Practicum/Internship Student and Site Information Form</u>

**Keep copies of all these forms/confirmations in your** <u>Notebook</u>. These will be reviewed in the first day of class.

## Things to Do During Practicum (CG 591)

The Appendix of this Handbook contains forms that you will need to complete during your practicum. Please make additional copies as needed. These forms will be explained more fully in your Practicum Course Syllabus. If you have any questions about a form please consult your instructor or the clinical coordinator, Dr. Tahani Dari.

It is your responsibility to fill the forms out and give them to the appropriate person(s). Please read these forms carefully. If necessary, make multiple copies of these forms. Please print legibly or type responses.

- Practicum/Internship Log
- <u>Client Consent Form</u>: for audio-recording of sessions if site does not have one, and if recording is permitted
- Parental Consent Form: for audio-recording if recording is allowed
- <u>Counselor Self-Efficacy Scale</u>: this will be emailed to you electronically to complete and a summary report of your responses will be emailed to you within two weeks

## Things to Do by the End of Practicum (CG 591)

Forms can be found in the Appendices. If you have any questions about a form please consult your instructor or the Clinical Coordinator, Dr. Tahani Dari.

It is your responsibility to fill the forms out and give them to the appropriate person(s). Please read these forms carefully. If necessary, make multiple copies of these forms. Please print legibly or type responses.

- <u>Professional Performance Fitness Evaluation</u>: At the completion of the course, students will submit four evaluations completed by:
  - John Carroll University Practicum Supervisor
  - Practicum Site Supervisor
  - By the Student him/her self
  - Practicum Instructor
- <u>Counselor Competencies Scale Revised (CCS-R)</u>: This instrument provides evidence of your growth and development in counseling skills, behaviors, and dispositions. Please note that the CCS-R was piloted fall 2015 and spring 2016. The CCS-R will be emailed to your licensed site representative to complete online and a summary report of your responses will be emailed to you at the end of the semester. Keep a copy in your notebook.

## Internship (CG 598A and CG 598B) Course Requirements

The internship is designed to be an intensive hands-on experience conducted in a setting similar to one in which the student will eventually find employment. The internship experience should incorporate activities specific to the practice of professional school counseling, with consistent and extensive supervision.

CG 598A/B Internship in School Counseling should be taken only after a student has successfully completed CG 591 Practicum in School Counseling and its related prerequisites.

The internship experience program requires a total of 600 clock hours on-site, including a minimum of 240 hours of direct service with clients and a minimum of one hour of direct supervision with the Internship Site Supervisor for every 20 hours on-site. All hours in relation to CG 598 coursework should be recorded on the <a href="Practicum/Internship Log">Practicum/Internship Log</a> included in this handbook. CG 598 class meets for 3 hours bi-weekly or 1 ½ hours weekly. Students are required to present cases (possibly including portions of audio or video recorded material) to the class. In this way, the student will gain further expertise in participating in appropriate case consultation with fellow practitioners. The internship experience provides opportunities for students to gain supervised experience in the use of a variety of professional resources that include print and non-print media, professional literature, research findings, and appropriate referral sources and providers.

## Additional details regarding requirements for the Internship Experience

The minimum of 240 direct service client hours must include work typically with individual clients and groups containing at least 5-9 members. For suggested direct service categories in the school setting see  $\underline{\text{here}}$ .

The internship course incorporates two types of supervision—individual supervision (through the Internship Site Supervisor) and group supervision (through weekly or bi-weekly class meetings with the Internship Instructor). The Site Supervisor will complete a formal evaluation of the intern following the completion of the required 600 on-site hours. This evaluation is designed to include an opportunity for the intern and Site Supervisor to consult formally regarding the student's performance during the internship. This evaluation will eventually be forwarded to the Internship Instructor for inclusion in an overall evaluation of the student's work during the semester.

The internship experience requires the development of specific objectives by the student and the demonstration of behavior in accordance with the ethical and professional standards delineated in the American School Counseling Association's <a href="Ethical Standards for School Counselors">Ethical Standards for School Counselors</a>. These standards can be found on the ASCA <a href="website">website</a>.

Additional assignments will be addressed at the outset of the internship course and detailed in the course syllabus. By design, CG 598 is focused on the on-site component of the experience, as direct supervision is experienced on-site and students increase their amount of hours on-site. CG 598 A and B are taken for a total of 6 credit hours and broken up over two semesters.

## **Internship Grading**

Credit (CR) is assigned by the Internship Instructor as a Pass or Fail grade. If the Internship Instructor or the Site Supervisor has concerns regarding a student's progress, the Internship Instructor will meet with the student and the Site Supervisor during the course of the semester, to determine an appropriate course of action. Students who have not completed 600 on-site hours by the end of the semester in question will receive an "in process" grade until they complete the requirements for the internship course.

## **Suggested Direct Service Categories for Internship**

#### I. Individual Counseling

One-to-one counseling for any personal, social, academic, career, or developmental concern. The intern may see students on a regular basis if that is possible and required. Some schools may not do as much of this type of counseling, while others place greater emphasis in this area. Quality time may only be a few minutes in the hall before class, during lunch, or may take form of a regular appointment in the Counseling Office. Please try to log as much one-one-one counseling time as possible.

#### II. Group Counseling

Small groups of children exploring a common theme are popular in most schools. Groups in the elementary setting on Anger Management, Children of Divorce, Socialization Skills, Conflict Resolution, ADHD, and Grief/Loss are just some of the themes interns have worked with in the past. At the middle school level, such themes as Making and Keeping Friends, Self-Esteem, Respecting Rules and Adults, Alcohol and Drug Abuse Prevention, and Test Anxiety are popular. High school interns have developed successful groups on Body Image, Healthy Living, Self-Esteem, Sexuality Issues, Stress Management, and Preparing for College. Group counseling should probably address a particular theme, over several sessions, with 5-8 students, should be psycho-educational and provide opportunity for interaction by all members rather than groups where teaching takes place in a classroom setting. (See Below)

#### III. Group Guidance

Larger class-sized groups where the intern has an opportunity to present a topic to the group and where some opportunity is provided for questions and comments, from at least a portion of those present, may be counted for some of the intern's group time. It is expected, however, that such groups will make up a considerably shorter portion of group time than the above category. While these groups are important and offer an excellent and practical way of addressing real school counseling issues to larger groups, they are typically teaching endeavors. Drug Abuse Prevention, Proficiency Test Preparation, Test Score Interpretation, etc. have been some of the themes reported to be addressed in this fashion by previous school counselor interns.

#### IV. IEP/IAT Participation

Interns may count time served on such teams as direct service to children. Those interns whose professional background in Special Education and whose duties require their regular participation on such teams may count some of this time for internship, but other experiences should dominate the intern's log in areas where little or no time has been spent before.

#### V. Testing and Appraisal

Interns may administer tests if they are judged qualified to do so by a supervisor. They may count this time as direct service if the testing is also followed by interpretation of student's scores in some way to them. In some locations, PSAT pre-testing sessions have been held with students to help them with test taking anxiety and test taking strategies. Some interpretation of what the returned scores mean to the individual student may be offered if this time is to count as counseling service.

#### VI. Parent Consultation

Time spent working with a parent is considered direct service time.

## Things to Do Before Internship I & II (CG 598A&B)

#### Register for CG 598A or B Internship in School Counseling

Register for CG 598A or B using BannerWeb.

# School Counseling Program Practicum/Internship Student and Site Information Form

Notification of finding a site must be **s**ubmitted by **MAY 1** for an internship starting during Fall semester and no later than **DECEMBER 1** for an internship starting during Spring semester. These deadlines are non-negotiable. Use the online <u>School Counseling Program Practicum/Internship</u> <u>Student and Site Information Form</u> to submit this information. A confirmation email of your submission will be sent to you. Keep a copy of this email in your notebook. Failure to submit this by the deadlines indicated above may result in a student being unable to enter the course. <u>You need to submit this form even if you are staying at the same site that you were at for practicum!</u>

#### **Apply for Graduation**

Apply for graduation through the Graduate Studies Office. Information can be found at <a href="http://sites.jcu.edu/graduatestudies/pages/current-students-2/graduation/degree-application/">http://sites.jcu.edu/graduatestudies/pages/current-students-2/graduation/degree-application/</a>

For spring graduation, the deadline is the fourth Monday of November. For summer graduation, the deadline is February 15. For degrees awarded in winter, the deadline is the second Monday of July. Students usually apply for graduation during CG 598A, i.e. one and a half to two semesters prior to the intended graduation date.

Please note that students need to pass the comprehensive exam AND the licensure exam prior to graduation.

## **Comprehensive Exam**

The final examination requirement for the Master's Degree in School Counseling is satisfied through successful completion of the Master's Comprehensive Examination. *It is recommended that students take the exam before their last semester in the program.* In case a student does not receive a passing grade, an additional semester before the anticipated graduation date is available for retaking the exam. The exam must be passed before a student can graduate from the program. More information can be found at <a href="http://sites.jcu.edu/counselingdepartment/pages/info-for-students/comprehensive-exam/">http://sites.jcu.edu/counselingdepartment/pages/info-for-students/comprehensive-exam/</a>.

#### Review/Checklist for Starting Internship (CG 598A or B)

- ✓ Register for CG 598A or B.
- ✓ Proof of personally held liability insurance click <u>here</u> for more information
- ✓ Participatory Agreement
- ✓ Assignment of Supervisor Form
- ✓ Site Supervisor Qualifications Form
- ✓ <u>School Counseling Program Practicum/Internship Student and Site Information Form</u> you need to submit this form even if you are staying at the same site
- ✓ School Counseling Internship Plan of Action
- ✓ Apply for Graduation during CG 598A
- ✓ Register to take the Comprehensive Exam

**Keep copies of all these forms/confirmations in your** <u>Notebook</u>. These will be reviewed in the first day of class.

## Things to Do During Internship I & II (CG 598A&B)

There are the things you will need to complete during the course of your internship. Please make additional copies as needed. These forms will be explained more fully in your Internship Course Syllabus. It is your responsibility to fill the forms out and give them to the appropriate person(s). Please read these forms carefully. If necessary, make multiple copies of these forms when completed. Please print legibly or type responses.

- <u>Practicum/Internship Log</u>: Use for logging of all Internship hours to fulfill Internship hour requirements. Submit to the Internship instructor.
- Weekly Intern Activity Report and Log
- Individual Session Log Sheet
- Group Session Log Sheet
- Client Consent Form: for audio-recording of sessions if site does not have one
- Parental Consent Form: for audio-recording (only for clients under the age of 18)
- <u>Counselor Self-Efficacy Scale</u>: this will be emailed to you electronically to complete and a summary report of your responses will be emailed to you within two weeks
- <u>Client Satisfaction Survey</u>: Complete five (5) if allowed by site and submit to internship instructor

## Things to Do by the End of Internship I (CG 598A)

There are forms that you will need to complete by the end of internship A. Please make additional copies as needed. These forms will be explained more fully in your Internship Course Syllabus. It is your responsibility to fill the forms out and give them to the appropriate person(s). Please read these forms carefully. If necessary, make multiple copies of these forms. Please print legibly or type responses.

• <u>Counselor Competencies Scale - Revised (CCS-R)</u>: This instrument provides evidence of your growth and development in counseling skills, behaviors, and dispositions. Please note that the CCS-R was piloted fall 2015 and spring 2016. The CCS-R will be emailed to your licensed

site representative to complete online and a summary report of your responses will be emailed to you at the end of the semester. Keep a copy in your notebook.

## Things to Do by the End of Internship II (CG 598B)

There are forms that you will need to complete by the end of internship B. Please make additional copies as needed. These forms will be explained more fully in your Internship Course Syllabus. It is your responsibility to fill the forms out and give them to the appropriate person(s). Please read these forms carefully. If necessary, make multiple copies of these forms. Please print legibly or type responses.

- <u>Program Evaluation Form</u>: Student completes one, supervisor completes one
- <u>Counselor Competencies Scale Revised (CCS-R)</u>: This instrument provides evidence of your growth and development in counseling skills, behaviors, and dispositions. Please note that the CCS-R was piloted fall 2015 and spring 2016. The CCS-R will be emailed to your licensed site representative to complete online and a summary report of your responses will be emailed to you at the end of the semester. Keep a copy a copy in your notebook.
- <u>Student Internship Site Evaluation</u>: Return this form to the Clinical Coordinator Assistant, Amy Zucca in AD309

If a student has not completed the necessary hours by the end of Internship II (CG 596B) at the site, he/she may get a **PR** in the course.

#### **Professional School Counselor Licensure**

To apply for a professional school counselor license, submit an online application found at the Ohio School Counselor Association website: www.ohioschoolcounselor.org. You will need a Profession Pupil Services license specializing in school counseling. The initial license is a 5-year professional license.

Requirements for Obtaining a School Counselor License:

- 1. Completion of an approved school counselor training program of preparation in Ohio
- 2. Passing score on the Ohio Assessment for Educators
- 3. Completion of a BCI/FBI background check

#### Ohio Assessments for Educators

All School Counselors need to pass the Ohio Assessment for Educators (OAE) in order to apply for their pupil services license. It is recommended to take this exam towards the end of the school counseling program. It is also recommended that it be taken in a different semester than the John Carroll University comprehensive exam.

The OAE is a 150 question multiple choice computer-based test. The test must be completed in three hours and a score of 220 is needed to pass. The exam can be taken year round. The cost of one exam is \$105 and to take the exam you must agree to all testing rules and policies.

You can visit the following website for more information: <a href="http://www.oh.nesinc.com/">http://www.oh.nesinc.com/</a>

- Under the Registration tab you can register for an account and pay for an exam. After you have paid for the exam you can then register for a specific testing date.
- Under the Prepare tab you can find free information on the make of the exam, test taking strategies, sample questions, and preparation worksheet. You can also purchase a practice assessment as well as an expanded study guide. Information on preparation materials can be found at

http://www.oh.nesinc.com/TestView.aspx?f=HTML FRAG/OH040 PrepMaterials.html

#### **BCI/FBI Background Check**

To obtain BCI/FBI fingerprints and background checks you can call JCU PD and set up an appointment at 216-397-1615. JCUPD is located on the Ground Floor of the D.J. Lombardo Student Center, Room 14. You can also check this website to find other fingerprinting locations: http://www.ohioattorneygeneral.gov/Business/Services-for-Business/WebCheck/Webcheck-Community-Listing

Q&A from the Department of Education Website:

- How much should I expect to pay for the background checks?
  - Cost of the fingerprinting varies, depending on the location or agency providing the service
- Where do I send the results of the background check?
  - Licensed educators and applicants for ODE licenses, certificates and permits, need to have the results sent to the Ohio Department of Education. Please tell the agency you use to send the results to ODE.
- Can I send ODE a paper copy of my background check?
  - No, ODE cannot accept paper copies of background checks. ODE is required to use the background checks sent and reported electronically by BCI.

Go to the Ohio Department of Education (ODE) website <a href="www.education.ohio.gov">www.education.ohio.gov</a> or to Ohio School Counselors Association (OSCA) <a href="www.education.ohio.gov">www.ohioschoolcounselor.org</a> website for information on how you want to get licensed

#### What license do I need to practice as a school counselor in Ohio?

You will need a Profession Pupil Services license specializing in school counseling. The initial license is a 5-year professional license.

#### Where do I apply to get my license?

School counselors are licensed through the Ohio Department of Education. Click the link above to visit the ODE licensure website and create a <a href="SAFE Account">SAFE Account</a> to for your license online. ODE no longer

accepts paper applications.

## What are the requirements for obtaining a school counselor license if I complete a training program in Ohio?

- Completion of an approved school counselor training program of preparation within Ohio;
- Passing score on the *Ohio Assessment for Educators* (#040);
- Completion of a BCI/FBI background check

#### What testing requirements do I have to meet and where can I take that test?

Beginning January 2014, the NEW school counselor licensure exam is the OAE (Ohio Assessment for Educators) and no longer the PRAXIS. <u>Click here</u> to visit the Ohio Department of Education for further information about the testing process. <u>Click here</u> to visit the Ohio Assessments for Educators website to register for testing and access preparation materials. Individuals seeking school counselor licensure must take the following OAE test.

- OAE School Counselor (Test #040)
- Needed score to pass is a 220.

#### How can I obtain a temporary school counselor license?

ODE has provisions for individuals to obtain a one-year temporary pupil service license for those who are hired to work as a school counselor and have not completed their degree programs or are awaiting decisions on professional licensure. There are two pathways for being approved for a temporary license. Both pathways require the individual seeking the temporary license to be currently employed by a school to serve as a school counselor as someone from said school/district must recommend and sign for the temporary license. Beginning January 2014 you will have to apply for a temporary license online using a SAFE account.

- Those with a teaching license must provide the following: 1) current valid standard teaching credential; 2) evidence of enrollment in an approved program of preparation for school counselors; and 3) documentation by the college/university that the applicant demonstrates an understanding of professional identity, social and cultural diversity, human growth and development, helping relationships, group work, assessment, research and program evaluation
- Those with a counselors license must provide the following: 1) current valid license to practice as a counselor from the Ohio Counselor, Social Worker and Marriage and Family Therapist Board; and 2) evidence of enrollment in an approved program of preparation for school counselors

#### Where can I get a BCI/FBI background check done?

<u>Click here</u> to learn more about the BCI/FBI background check requirements. It is recommended that you first check with your local school district, then neighboring school districts or your region's Educational Service Center. If none of these have the ability to electronically complete both background checks, then check with your local law enforcement agencies or use the <u>Ohio Attorney General's Website</u> to find a convenient location.

ODE requests that both background checks (BCI and FBI) be completed electronically through WebCheck so the fingerprints will be sent immediately to BCI. This allows for a much quicker processing of the prints and results reported to ODE. Please ask the agency you use if they have both Ohio and National WebCheck machines. Everyone in Ohio must use WebCheck unless: the individual lives 75 miles away from the nearest WebCheck facility or the individual has a history of 'bad quality prints' that cannot be captured on a WebCheck screen. Licensed educators need to have the results sent to the Ohio Department of Education. Please tell the agency you use to send the results to ODE.

#### Who do I contact if I have questions about my license?

Office of Educator Licensure / 614-466-3593 / educator.licensure@education.ohio.gov

## Appendix A: Forms to Complete Before Practicum (CG 591)



## **School Counseling Program Practicum Registration Intent Form**

Students must electronically submit the <u>School Counseling Program Practicum Registration Intent Form</u>. It will assist in clarifying your needs and goals at each phase of your clinical experience. A confirmation email of your submission will be sent to you. Keep a copy of this email in your notebook.

This form <u>MUST</u> be submitted no later than **MARCH 1** for a practicum starting during the Fall semester and no later than **OCTOBER 1** for a practicum start during the Spring semester. Students applying later than these dates will not be permitted to enroll in CG 591.

John Carroll University School Counseling Program PAGE 1 OF 5

CG 591- Practicum and CG 598A/B - School Counseling Internship

Dear Principal,

The student identified in Part I, below, is nearing the end of a long, rigorous course of study leading to certification as a school counselor. While John Carroll University believes it has provided required coursework in theory, ethical and legal guidelines for practice, and basic counseling skills and techniques, practical experience is still the best method of learning to become a good school counselor. The student is asking that you consider making your site available for attaining the required number of contact hours of counseling experience with the children and adolescents in your school.

If our student is already employed at your site in a teaching role, we realize valuable release time for the student to meet his/her obligations for this experience may be required. Further, we appreciate the time you and your staff set aside for a non-employee student. All prospective practicum and/or internship students will have the required background checks and personal liability insurance plans before beginning at your site. We sincerely appreciate your willingness to make this opportunity available to one of our graduate students. We believe the careful, supervised work of our counselor trainees will be a real asset to your school in terms of service to children and the broader school community.

John Carroll University expects the highest of ethical practice from all of its counselor intern/practicum students and we further recognize your right to terminate from internship or practicum any individual who has, upon joint review, adjudged to have abrogated school policy or has otherwise acted in an unprofessional or unethical manner while representing John Carroll onsite. It shall be further understood that no intern or practicum student will expect additional remuneration, compensation, or special consideration for future employment at your site in exchange for his/her service as a counselor intern.

I welcome your joint participation with John Carroll University in providing this opportunity for our student.

Cecile Brennan, Ph.D., PCC-S, LSC Department of Counseling Associate Professor and Chair (216) 397-1987

John Carroll University School Counseling Program PAGE 2 OF 5

_	_	
Part	M	Λ.
ган	VI.	ıc.

	□ Internship	□ Practicum		
Name:				
Address:				
Work Phone:	Best Time to Call:			
Home Phone: Best Time to Call:				
Are you employed at the int	ernship site? Yes No	_		
If yes, how long have you be	en employed on-site?	Years		
What are your current dutie	es; subjects taught; grade le	evel(s)?		
Part Two:				
Internship/Practicum Site S	chool's Name:			
Site School's Address:				
Site Schools' Phone Number	1			
Grade Levels Served:		<del></del>		
Site School's Principal:				
Site School's Counselor:				
Intern's Supervisory Counse	elor:			
Site Supervisor's Phone Nur	nber:			

The John Carroll University school counselor intern/practicum student identified in Part One above, is required to complete \_\_\_\_ semesters of internship or practicum to complete requirements for State of Ohio certification as a school counselor. The intern/practicum student is expected to document \_\_\_\_ total hours of direct service contact with children present in the site chosen for internship/practicum. Some examples of direct service contact hours are: individual counseling with children; group counseling with children; service as an I.A.T. team member; direct consultation to a parent of a child. All interns and practica students are required to be supervised by a certified school counselor on-site as well as a licensed or certificated University supervisor off-site. All interns are encouraged to purchase professional counseling liability insurance prior to entering internship. All interns or practicum students are required to meet with their on-site supervisor a minimum of one hour for each 20 hours of direct service contact

John Carroll University School Counseling Program PAGE 3 OF 5

with children, or more frequently if the on-site supervisor requests. All interns are required to attend CG 598A/B (Practicum Students CG 591) classes at John Carroll University as part of their off-site supervision. It is desirable to audio tape intern sessions with children for effective supervision. If the site school, its principal, and supervising counselor jointly determine that audio taping of session(s) may occur, a proper consent to tape form shall be secured and signed by the (child's/children's) parent or guardian prior to any taping. John Carroll University will provide such a form (See Appendix B if desired by the on-site team). On the following page the responsibilities of the school counselor trainee, the school site, and the University are clearly delineated.

Participatory	Agreement
This agreement is to promote clarity of understanding in Part One, the site principal and counselor supervisions Practicum/Internship Coordinator. It is not a binding,	sor, and John Carroll University's School Counseling
I, (Site School Principal), have r school's counselor for supervision of the practicum st that the intern may devote the required time in dire the internship period, in return for services as a school of the principal of the internship period.	tudent or intern identified in Part One above. I agree ct contact services with children for the duration of
ALL PARTIES: PLEASE SIGN AND DATE THIS AGREEN	MENT
Practicum Student or Intern:	Date:
Site School Principal:	Date:
Site Supervisor:	Date:
JCU Coordinator:	Date:

John Carroll University School Counseling Program PAGE 4 OF 5

Responsibilities of the university, the site, and the students are listed below:

#### <u>John Carroll University agrees:</u>

- 1. To select a student who has successfully completed all the prerequisite courses.
- 2. To assign a University faculty liaison to facilitate communication between the University and the practicum/internship experience site.
- 3. That the faculty liaison shall be available for consultation with both site supervisors and students.
- 4. That the Practicum Instructor or Internship Instructor will provide class/group supervision sessions the student is required to attend with the purpose of helping students further clarify their work with clients and to assist them in being prepared for clinical supervision. The Instructor is responsible for the assignment of a final grade.
- 5. To advise students that they must have adequate liability insurance.

#### The Practicum/Internship Site agrees:

- 1. To assign a designated Site Supervisor who is licensed school counselor with at least two years of school counseling experience, who has a demonstrated interest in training, and who is willing to provide 1 hour of student supervision for every 20 hours of student work.
- 2. To provide the student with an overall orientation to the school's specific services necessary for the effective implementation of the practicum/internship experiences.
- 3. To provide opportunities for the student to engage in a wide variety of professional activities, over and above the required direct service hours.
- 4. To allow the student to audio or video tape counseling sessions (with consent of the client and the client's parents, in the case of a minor) for supervisory purposes.
- 5. To encourage students to gain experience in the use of a variety of professional resources such as assessment instruments, relevant computer software, print and non-print media, professional literature, research findings, and appropriate referral sources and providers.
- 6. To evaluate the student's performance at the conclusion of his/her practicum and internship, based upon criteria established by the School Counseling Program at John Carroll University, and to evaluate the John Carroll University Counseling Program on the form provided.

John Carroll University School Counseling Program PAGE 5 OF 5

#### The Practicum Student/Intern agrees:

- 1. To abide by existing policies and procedures of the given school and local education agency.
- 2. To prepare a proposed plan for the practicum/internship experience, this includes individual goals and activities designed to facilitate the achievement of these goals. This plan should be endorsed by the Site Supervisor.
- 3. To perform functions agreed upon in the proposed plan, as well as additional functions as directed by the Site Supervisor.
- 4. To inform the Site Supervisor of problems or situations which might affect or change the student's ability to function within the clinical setting.
- 5. To keep a daily log of overall hours, direct contact hours, and supervisory hours, in accordance with John Carroll University guidelines.
- 6. To secure appropriate, personally held liability insurance.
- 7. To demonstrate behavior in accordance with the American School Counseling Association's Code of Ethics and Standards of Practice, adhering closely to standards regarding the maintaining of client confidentiality.
- 8. To obtain written consent regarding audio or video taping from all clients in individual and group counseling prior to treatment, while obtaining written parent/guardian consent for all clients under the age of 18.

#### It is mutually agreed that:

- 1. Any problems or grievances that occur with students will be handled in cooperation with the school, John Carroll University Instructor and/or their immediate supervisors, and the Practicum Student or Intern.
- 2. If any involved party deems it necessary to cancel this agreement, notification must be given at least three weeks prior to the intended date of termination.

## **Assignment of Supervisor Form**

John Carroll University School Counseling Program

Directions: This form must be completed along with the Participatory Agreement Form and the original submitted to the JCU School Counseling Practicum/Internship Coordinator.

Name of School Counseling Practicum/Internship Student:	
School Name:	
Assigned Supervisor Contact Information:	
Name:	
Address:	
Phone Number:	
Certificate(s) and License(s) of Supervisor:	
	_
Practicum will extend forhours a week forweeks, to service, of which a minimum of 40 hours are devoted to direct group guidance or group counseling. One hour of supervision	ct service in individual counseling and
Internship will extend forhours a week forweeks, to service, of which a minimum of 240 clock hours are devoted to face-to-face supervision hours to be provided each week = 1 look direct service hours. The field/clinical supervisor will assufor all clients.	to direct, face to face service. Minimum hour of individual supervision for every
Site Supervisor's Signature:	Date:
Printed Site Supervisor's Name:	Date:
Practicum/Intern Student's Name:	Date:

## **Site Supervisor Qualifications Form**

#### **Licensure Information**

Type of License	State & Department Issuing License	License #/ID & Expiration Date

#### **Certification Information**

Type of Certification	State & Department Issuing Certification	Certification #/ID & Expiration Date

#### Educational/Academic Information

Highest Degree Earned	Major/Program of Study

# School Counseling Program Practicum/Internship Student and Site Information Form

Notification of finding a site must be **s**ubmitted by **MAY 1** for a practicum starting during Fall semester and no later than **DECEMBER 1** for a practicum starting during Spring semester. These deadlines are non-negotiable. Use the online <u>School Counseling Program Practicum/Internship Student and Site Information Form</u> to submit this information. A confirmation email of your submission will be sent to you. Keep a copy of this email in your notebook. Failure to submit this by the deadlines indicated above may result in a student being unable to enter the course.

#### **Notebook Outline**

In a three-ring binder, with dividers noting the following completed documents:

- 1. Practicum/Internship initial-ongoing paperwork
  - School Counseling Program Practicum Registration Intent Form
  - Participatory Agreement
  - Evidence of current malpractice insurance (1,000,000/3,000,000)
- 2. Current resume
- 3. Plan of Action sheets for Practicum/Internship
- 4. Log sheets and completion forms
- 5. Case Presentations and rubrics
- 6. Session Reviews (individual and group)
- 7. Session Critiques (internship only)
- 8. Self-efficacy data
- 9. Program evaluations (self and site supervisor internship B only)
- 10. Additional data, e.g. <u>client satisfaction surveys</u>, (internship only)
- 11. Completed CCS-R forms for each semester

## Appendix B: Forms to Complete During Practicum (CG 591)



**Practicum/Internship Log**John Carroll University
School Counseling Program

Practicum Student	_Practicum Site
JCU Practicum Supervisor	_Practicum Instructor
Semester	

Date:	Total Hours:	Individual Counseling: Hours:	Group Hours:	Supervision Hours:	Other:
Totals:					

## **Client Consent Form**

John Carroll University School Counseling Program

Client's Name	
Address	
Phone (home)	
I agree to be counseled by a practicum student/intern from Carroll University. I understand that this counselor trainee the field of counseling. The counselor trainee will be superv. John Carroll University Practicum Supervisor or Site Superv. counseling interviews may be audio or video taped for purp information is used only for training, with all tapes erased a counseling. Information gathered in the counseling intervie accordance with the American School Counseling Association Counselors. Exceptions to this confidentiality occur when the indication of imminent danger to oneself or others.	has completed advanced course work in rised by, a visor. I further understand that coses of supervision. Recorded at the completion of your involvement in w is strictly confidential and privileged in Ethical Standards for School
If for any reason questions arise regarding the counseling a any reason, you have every right to meet with the counselonabove.	•
I have read the above and understand the nature of the sup- questions have been answered to my satisfaction.	ervisory procedures. Any related
Signature of Client	Date
Signature of Counselor Trainee	 Date

## **Parental Consent Form**

John Carroll University School Counseling Program

Child's Name			
Parent's Name			
	(office)	(Cell)	-
Program at John Carroll Ucourse work in the field o	Iniversity. I understand that this f counseling. The counselor train, a John Carroll University P	racticum Supervisor or Site Supervisor. I	d
supervision. Recorded inf of your child's involveme strictly <i>confidential</i> and <i>p</i> Ethical Standards for Scho	formation is used only for training in the incounseling. Information garivileged in accordance with the	idio or video taped for purposes of ng, with all tapes erased at the completion thered in the counseling interview is American School Counseling Association is confidentiality occur when there is er to oneself or others.	
		g arrangement or if you are dissatisfied for elor trainee and/or the supervisor named	
I have read the above and questions have been ansv		upervisory procedures. Any related	
Signature of Paren	t/Guardian	Date	
Sianature of Couns	elor Trainee		

## **Counselor Self-Efficacy Scale**

This is **emailed to the student electronically to complete** and a summary report of responses is emailed to the student within two weeks. *The survey is shown below for illustrative purposes only.* 

General Instructions: The following questionnaire consists of three parts. Each part asks to rate your beliefs about your ability to perform various counselor behaviors and to deal with particular issues in counseling. Please provide your honest, candid responses that reflect your beliefs about your current capabilities, rather than how you would like to be seen or how you might look in the future. There are no right or wrong answers to the following questions.

Name:	
Email Addre	ess:
Semester:	
Course:	Instructor

Part I: Please indicate how confident you are in your ability to use each of the following helping skills effectively, over the next week, in counseling most clients. When completing these items, please use the 0-9 rating scale, with 0 being equal to no confidence and 9 being equal to complete confidence.

How confident are you that you could use these general skills effectively with most clients over the next week?

HEAL WEEK:	
Attending (orient yourself physically toward the client)	
Listening (capture and understand the messages that clients	
communicate)	
Restatements (repeat or rephrase what the client has said, in a	
way that is succinct, concrete, and clear)	
Open Questions (ask questions that help clients to clarify or	
explore their thoughts or feelings)	
Reflection of Feelings (repeat or rephrase the client's statements	
with an emphasis on his or her feelings)	
Self-Disclosure for Exploration (reveal personal information about	
your history, credentials, or feelings)	
Intentional Silence (use of silence to allow clients to get in touch	
with their thoughts or feelings)	
Challenges (point out discrepancies, contradictions, defenses, or	
irrational beliefs of which the client is unaware or that he or she is	
unwilling or unable to change)	
Interpretations (make statements that go beyond what the client	
has overtly stated and that give the client a new way of seeing his	
or her behavior, thoughts, or feelings)	
Self-Disclosure for Insight (disclose past experiences in which you	
gained some personal insight)	
Immediacy (disclose immediate feelings you have about the client,	
the therapeutic relationship, or yourself in relation to the client)	
Information-Giving (teach or provide the client with data,	
opinions, facts, resources, or answers to questions)	

Direct Guidance (give the client suggestions, directives, or advice	
that imply actions for the client to take)	
Role-Play and Behavior Rehearsal (assist the client to role-play or	
rehearse behaviors in-session)	
Homework (develop and prescribe therapeutic assignments for	
clients to try out between sessions).	

How confident are you that you could do these specific tasks effectively with most clients over the next week?

Keep sessions "on track" and focused.	
Respond with the best helping skill, depending on what your client	
needs at a given moment.	
Help your client to explore his or her thoughts, feelings, and	
actions.	
Help your client to talk about his or her concerns at a "deep" level.	
Know what to do or say next after your client talks.	
Help your client set realistic counseling goals.	
Help your client to understand his or her thoughts, feelings, and	
actions.	
Build a clear conceptualization of your client and his or her	
counseling issues.	
Remain aware of your intentions (i.e., the purposes of your	
interventions) during sessions.	
Help your client to decide what actions to take regarding his or	
her problems.	
How confident are you that you could work effectively even the next	aaleeesta aaliansteeska

How confident are you that you could work effectively over the next week with a client who...

The state of the first state of	
Is clinically depressed.	
Has been sexually abused.	
Is suicidal.	
Has experienced a recent traumatic life event (i.e., physical or	
psychological injury or abuse).	
Is extremely anxious.	
Shows signs of severely disturbed thinking.	
You find sexually attractive.	
Is dealing with issues that you personally find difficult to handle.	
Has core values or beliefs that conflict with your own (i.e.,	
regarding religion or gender roles).	
Differs from you in a major way or ways (i.e., race or ethnicity).	
Is not "psychologically-minded" or introspective.	
Is sexually attracted to you.	
You have negative reactions toward (i.e., boredom or annoyance).	
Is at an impasse in therapy.	
Wants more from you than you are willing to give (i.e., in terms of	
frequency of contacts or problem-solving prescriptions).	
Demonstrates manipulative behaviors in-session.	

## Appendix C: Forms to Complete by the End of Practicum (CG 591)



### **Professional Performance Fitness Evaluation**

John Carroll University School Counseling Program

Student		Semester/Year	
Site		_	
Evaluation comple	eted by: (check and wri	te name)	
_Self-Assessment			
_Site Supervisor	Name:		_
_JCU Supervisor	Name:		-
_Instructor	Name:		_

- N- No opportunity to observe
- 1- Does not meet criteria for program level
- 2- Meets criteria only minimally or inconsistently for program level
- 3- Meets criteria consistently at this program level

## Therapeutic Skills and Abilities

<ol> <li>The student demonstrates the ability to</li> </ol>				
establish a therapeutic relationship.	N	1	2	3
2. The student demonstrates therapeutic				
communication skills including				
a. Creating appropriate structure: (setting	N	1	2	3
and maintaining the boundaries of the				
therapeutic relationship throughout the				
work (i.e. setting parameters for meeting				
time and place, maintaining time limits,				
etc.)				
b. Understanding content: (understanding	N	1	2	3
the primary elements of the client's				
story.)				
c. Understanding context: (understanding	N	1	2	3
the uniqueness of the story elements and				
their underlying meaning.)				
d. Responding to feelings: (identifying	N	1	2	3
client affect and addressing those				
feelings in a therapeutic manner.)				
e. Congruence-genuineness:	N	1	2	3
(demonstrating external behavior				
consistent with internal affect.)				

f.	Establishing and communicating empathy: (taking the perspective of the client without over-identification with client's experience.)	N	1	2	3
g	Non-verbal communication: (demonstrating effective use of head, eye, hands, feet, posture, voice, attire, etc.)	N	1	2	3
h	. Immediacy: (staying in the here and now)	N	1	2	3
i.	Timing: (responding at the optimal moment)	N	1	2	3
j.	Intentionally: (responding with a clear understanding of one's own therapeutic intention.)	N	1	2	3
k	s. Self-disclosure: (skillful and carefully considered for a specific purpose.)	N	1	2	3
diffe	student demonstrates awareness of power rences in the therapeutic relationship and ages these differences therapeutically.	N	1	2	3
4. The s	student collaborates with the client to olish clear therapeutic goals.	N	1	2	3
	student facilitates movement toward the t goals.	N	1	2	3
	student demonstrates adequate knowledge vide variety of theoretical bases.	N	1	2	3
appr	student demonstrates the capacity to match opriate interventions to the presenting cal profile in a theoretically consistent ner.	N	1	2	3
8. The s	student creates a safe clinical environment.	N	1	2	3
abilit	student demonstrates willingness and by to articulate analysis and resolution of al dilemmas.	N	1	2	3
	ent demonstrates focus: (establishes and tains concentration on client goals.)	N	1	2	3

**Professional Responsibility** 

1.	The student conducts self in an ethical manner	N	1	2	3
	to promote confidence in the counseling				
	profession and school district.				
2.	The student relates to professors, colleagues,	N	1	2	3
	supervisors and others in a manner consistent				
	with stated school standards.				
3.	The student demonstrates sensitivity to real and	N	1	2	3
	ascribed differences in power between				
	themselves and others, and does not exploit or				

	mislead other people during or after				
	professional relationships.				
4.	The student demonstrates application of legal	N	1	2	3
	requirements relevant to counseling training				
	practice and the school.				

## Competence

1.	The student recognizes the boundaries of	N	1	2	3
	her/his particular competencies and the				
	limitations of her/his expertise.				
2.	The student takes responsibility for	N	1	2	3
	compensating for her/his deficiencies. Openness				
	to supervision.				
3.	The student takes responsibility for assuring	N	1	2	3
	client welfare when encountering the				
	boundaries of her/his expertise.				
4.	The student provides only those services and	N	1	2	3
	applies only those techniques for which she/he				
	is qualified by education, training, or experience.				
5.	The student demonstrates basic cognitive,	N	1	2	3
	affective, sensory, and motor capacities to				
	respond therapeutically to clients.				
6.	The student demonstrates knowledge and	N	1	2	3
	respect for school policies and procedures.				

## **Maturity**

1.	The student demonstrates appropriate self-control	N	1	2	3
	(such as anger control, impulse control) in				
	interpersonal relationship with supervisors,				
	colleagues and clients.				
2.	The student is honest, fair, and respectful of others.	N	1	2	3
3.	The student is aware of his/her own belief systems,	N	1	2	3
	values, needs, and limitations and the effect of these				
	on his/her work.				
4.	The student demonstrates ability to receive,	N	1	2	3
	integrate and utilize feedback from colleagues and				
	supervisors.				
5.	The student exhibits appropriate levels of self-	N	1	2	
	assurance, confidence, and trust in own ability.				3
6.	The student follows professionally recognized	N	1	2	3
	problem solving process, seeking to informally solve				
	problems first with the individual(s) with whom the				
	problem exists.				

## Integrity

1.	The student refrains from making statements that are false, misleading or deceptive.	N	1	2	3
2.	The student avoids improper and potentially harmful dual relationships.	N	1	2	3
3.	The student respects the fundamental rights, dignity and worth of all people.	N	1	2	3
4.	The student respects the rights of individual to privacy, confidentiality, and choices regarding self-determination and autonomy.	N	1	2	3
5.	The student respects cultural, individual, and role differences, including those due to age, gender, race, ethnicity, national origin, religion, sexual orientation, disability, language, and socioeconomic status.	N	1	2	3

## **Comments/Suggestions:**

Signature of Evaluator	Date
Counselor Trainee	Date

### **Counselor Competencies Scale - Revised (CCS-R)**

The Counselor Competencies Scale (CCS-R) will be emailed to your licensed site representative to complete online and a summary report of your responses will be emailed to you at the end of the semester. Keep a copy in your notebook. *The survey is shown below for illustrative purposes only*.

### Counselor Competencies Scale—Revised (CCS-R) ©

(Lambie, Mullen, & Swank, & Blount, 2014)

The Counselor Competencies Scale—Revised (CCS-R) assesses counselors' and trainees' skills development and professional competencies. Additionally, the CCS-R provides counselors and trainees with direct feedback regarding their demonstrated ability to apply counseling skills and facilitate therapeutic conditions, and their counseling dispositions (dominant qualities) and behaviors, offering the counselors and trainees practical areas for improvement to support their development as effective and ethical professional counselors.

#### **Scales Evaluation Guidelines**

- > Exceeds Expectations / Demonstrates Competencies (5) = the counselor or trainee demonstrates strong (i.e., exceeding the expectations of a beginning professional counselor) knowledge, skills, and dispositions in the specified counseling skill(s), ability to facilitate therapeutic conditions, and professional disposition and behavior(s).
- > Meets Expectations / Demonstrates Competencies (4) = the counselor or trainee demonstrates consistent and proficient knowledge, skills, and dispositions in the specified counseling skill(s), ability to facilitate therapeutic conditions, and professional disposition(s) and behavior(s). A beginning professional counselor should be at this level at the conclusion of his or her practicum and/or internship.
- Near Expectations / Developing towards Competencies (3) = the counselor or trainee demonstrates inconsistent and limited knowledge, skills, and dispositions in the specified counseling skill(s), ability to facilitate therapeutic conditions, and professional disposition(s) and behavior(s).
- > Below Expectations / Insufficient / Unacceptable (2) = the counselor or trainee demonstrates limited or no evidence of the knowledge, skills, and dispositions in the specified counseling skill(s), ability to facilitate therapeutic conditions, and professional disposition(s) and behavior(s).
- Harmful (1) = the counselor or trainee demonstrates harmful use of knowledge, skills, and dispositions in the specified counseling skill(s), ability to facilitate therapeutic conditions, and professional disposition(s) and behavior(s).

<u>Directions:</u> Evaluate the counselor's or trainee's counseling skills, ability to facilitate therapeutic conditions, and professional dispositions & behaviors per rubric evaluation descriptions & record rating in the "score" column on the left.

### CACREP (2009; 2016, Draft #2) Standards relating to the Counselor Competencies Scale—Revised (CCS-R)

- Ethical and culturally relevant strategies for developing helping relationships (CACREP, 2016, Section II, Standard 5.d.).
- Counselor characteristics and behaviors that influence helping processes (CACREP, 2009, Section II, Standard 5.b.; CACREP, 2016, Section II, Standard 5.e.).
- Essential interviewing, counseling, and case conceptualization skills (CACREP, 2009, Section II, Standard 5.c.; CACREP, 2016, Section II, Standard 5.f.).
- Processes for aiding students in developing a personal model of counseling (CACREP, 2016, Section II, Standard 5.m.).
- Strategies for personal and professional self-evaluation and implications for practice (CACREP, 2016, Section II, Standard 1.j.).
- Self-care strategies appropriate to the counselor role (CACREP, 2009, Section II, Standard 1.d.; CACREP, 2016, Section II, Standard 1.k.).
- If evaluations indicate that a student is not appropriate for the program, faculty members help facilitate the student's transition out of the program
  and, if possible, into a more appropriate area of study, consistent with established institutional due process policy and the ethical codes and
  standards of practice of professional counseling organizations. (CACREP, 2009, Section I, Standard P.); CACREP, 2016, Section I, Standard P.)
- Professional practice, which includes practicum and internship, provides for the application of theory and the development of counseling skills
  under supervision. These experiences will provide opportunities for students to counsel clients who represent the ethnic and demographic
  diversity of their community (CACREP, 2009, Section III, Professional Practice; CACREP, 2016, Section III, Professional Practice).
- Entry-Level Program Practicum (CACREP, 2016, Section III, Professional Practice, p. 12).
  - A. Students must complete supervised counseling practicum experiences that total a minimum of 100 clock hours over a full academic term that is a minimum of 10 weeks.
  - B. Practicum students must complete at least 40 clock hours of direct service with actual clients that contributes to the development of counseling skills.
  - C. An average of **one hour per week of individual and/or triadic supervision** is provided throughout the practicum by (1) a counselor education program faculty member, (2) a student supervisor who is under the supervision of a counselor education program faculty member, or (3) a site supervisor who is working in biweekly consultation with a counselor education program faculty member in accordance with the supervision agreement.
  - D. An average of 1 ½ hours per week of group supervision is provided on a regular schedule throughout the practicum by a counselor education program faculty member or a student supervisor who is under the supervision of a counselor education program faculty member.
  - E. Students are covered by individual professional counseling liability insurance policies while enrolled in practicum.
  - F. Supervision of practicum students includes program-appropriate audio/video recordings and/or live supervision of students' interactions with clients
  - G. Formative and summative evaluations of the student's counseling performance and ability to integrate and apply knowledge are conducted as part of the student's practicum.

### Part I: Counseling Skills & Therapeutic Conditions

#	Score	Primary Counseling Skill(s)	Specific Counseling Descriptors	Exceeds Expectations / Demonstrates Competencies (5)	Meets Expectations / Demonstrates Competencies (4)	Near Expectations / Developing towards Competencies (3)	Below Expectations / Unacceptable (2)	Harmful (1)
1. A		Nonverbal Skills	Includes Body Position, Eye Contact, Posture, Distance from Client, Voice Tone, Rate of Speech, Use of silence, etc. (matches client)	Demonstrates effective nonverbal communication skills, conveying connectedness & empathy (85%).	Demonstrates effective nonverbal communication skills for the majority of counseling sessions (70%)	Demonstrates inconsistency in his or her nonverbal communication skills.	Demonstrates limited nonverbal communication skills.	Ignores client &/or gives judgmental looks.
1. B		Encouragers	Includes Minimal Encouragers & Door Openers such as "Tell me more about", "Hmm"	Demonstrates appropriate use of encouragers, which supports development of a therapeutic relationship (85%).  Demonstrates appropriate use of encouragers for the majority of conseling sessions, which supports development of a therapeutic relationship (70%)			Demonstrates limited ability to use appropriate encouragers.	Uses skills in a judgmental manner.
1. C		Questions	Use of Appropriate Open & Closed Questioning (e.g., avoidance of double questions)	Demonstrates appropriate use of open & close-ended questions, with an emphasis on open-ended question (85%).	one & close-ended open & close-ended questions for the majority of counseling sessions amy use closed questions.		Uses open-ended questions sparingly & with limited effectiveness.	Uses multiple questions at one time
1. D		Reflecting a Paraphrasing	Basic Reflection of Content – Paraphrasing	Demonstrates appropriate use of paraphrasing as a primary therapeutic approach (85%).	Demonstrates appropriate use of paraphrasing (majority of counseling sessions; 70%).	Demonstrates paraphrasing inconsistently & inaccurately or mechanical or parroted responses.	Demonstrates limited proficiency in paraphrasing or is often inaccurate.	Judgmental, dismissing, &/or overshoots
1. E		Reflecting <sub>b</sub> Reflection of Meaning	Reflection of Feelings	Demonstrates appropriate use of reflection of feelings as a primary approach (85%).	Demonstrates appropriate use of reflection of feelings (majority of counseling sessions; 70%).	Demonstrates reflection of feelings inconsistently & is not matching the client.	Demonstrates limited proficiency in reflecting feelings &/or is often inaccurate.	Judgmental, dismissing, &/or overshoots
1. F		Reflecting c Summarizing	feelings behaviors & to use summarization to appropriately use summarization inaccurate ability to use ability to		Demonstrates limited ability to use summarization.	Judgmental, dismissing, &/or overshoots		
1. G		Advanced Reflection (Meaning)	Advanced Reflection of Meaning including Values and Core Beliefs (taking counseling to a deeper level)	Demonstrates consistent use of advanced reflection & promotes discussions of greater depth during counseling sessions (85%).	Demonstrates ability to appropriately use advanced reflection, supporting increased exploration in session (majority of counseling sessions; 70%).	Demonstrates inconsistent & inaccurate ability to use advanced reflection.  Counseling sessions appear superficial.	Demonstrates limited ability to use advanced reflection &/or switches topics in counseling often.	Judgmental, dismissing, &/or overshoots

# Score	Primary	Specific Counseling	Exceeds Expectations /	CF Counselor Education Progr Meets Expectations /	Near Expectations /	Below Expectations	S-R 4 Harmful
	Counseling Skill(s)	Descriptors Descriptors	Demonstrates Competencies (5)	Demonstrates Competencies (4)	Developing towards Competencies (3)	/ Unacceptable (2)	(1)
İ	Confrontation	Counselor challenges client to recognize & evaluate inconsistencies.	Demonstrates the ability to challenge clients through verbalizing inconsistencies & discrepancies in the client's words &/or actions in a supportive fashion. Balance of challenge & support (85%).	Demonstrates the ability to challenge clients through verbalizing inconsistencies & discrepancies in the client's words & or actions in a supportive fashion (can confront, but hesitant) or was <i>not</i> needed and therefore appropriately <i>not</i> used (majority of counseling sessions, 70%).	Demonstrates inconsistent ability to challenge clients through verbalizing inconsistencies & discrepancies in client's words &/or actions in a supportive flashion. Used minimally/missed opportunity.	Demonstrates limited ability to challenge clients through verbalizing discrepancies in the client's words &/or actions in a supportive & caring fashion, &/or skill is lacking.	Degrading client, harsh, judgmental, &/or being aggressive
	Goal Setting	Counselor collaborates with client to establish realistic, appropriate, & attainable therapeutic goals	Demonstrates consistent ability to establish collaborative & appropriate therapeutic goals with client (85%).	Demonstrates ability to establish collaborative & appropriate therapeutic goals with client (majority of counseling sessions; 70%).	Demonstrates inconsistent ability to establish collaborative & appropriate therapeutic goals with client.	Demonstrates limited ability to establish collaborative, appropriate therapeutic goals with client.	No therapeutic goals collaboratively established
	Focus of Counseling	Counselor focuses (or refocuses) client on his or her therapeutic goals – i.e., purposeful counseling	Demonstrates consistent ability to focus &/or refocus counseling on client's goal attainment (85%).	Demonstrates ability to focus &/or refocus counseling on client's goal attainment (majority of counseling sessions, 70%).	Demonstrates inconsistent ability to focus ∨ refocus counseling on client's therapeutic goal attainment.	Demonstrates limited ability to focus &/or refocus counseling on client's therapeutic goal attainment.	Superficial, &/or moves focus away from client
	Facilitate Therapeutic Environment	Expresses accurate empathy & care. Counselor is "present" and open to client. (includes immediacy and concreteness)	Demonstrates consistent ability to be empathic & uses appropriate responses (85%).	Demonstrates ability to be empathic & uses appropriate responses (majority of counseling sessions, 70%).	Demonstrates inconsistent ability to be empathic &/or use appropriate responses.	Demonstrates limited ability to be empathic &/or uses appropriate responses.	Creates unsafe space for client
	Facilitate Therapeutic Environment	Counselor expresses appropriate respect & unconditional positive regard	Demonstrates consistent ability to be respectful, accepting, & caring with clients (85%).	Demonstrates ability to be respectful, accepting, & caring with clients (majority of counseling sessions, 70%).	Demonstrates inconsistent ability to be respectful, accepting, & caring.	Demonstrates limited ability to be respectful, accepting, &/or caring.	Demonstrates conditional or negative respect for client

\_\_\_\_\_: Total Score (out of a possible 60 points)

### Part 2: Counseling Dispositions & Behaviors

#	Score	Primary Professional Dispositions	Specific Professional Disposition Descriptors	Exceeds Expectations / Demonstrates Competencies (5)	Meets Expectations / Demonstrates Competencies (4)	Near Expectations / Developing towards Competencies (3)	Below Expectations / Unacceptable (2)	Harmful (1)
2. A		Professional Ethics	Adheres to the ethical guidelines of the ACA, ASCA, IAMFC, APA, & NBCC; including practices within competencies.	Demonstrates consistent & advanced (i.e., exploration & deliberation) ethical behavior & judgments.	Demonstrates consistent ethical behavior & judgments.	Demonstrates ethical behavior & judgments, but on a concrete level with a basic ethical decision-making process.	Demonstrates limited ethical behavior judgment, and a limited ethical decision-making process.	Repeatedly violates the ethical codes &/or makes poor decisions
2. B		Professional Behavior	Behaves in a professional manner towards supervisors, peers, & clients (includes appropriate dress & attitudes). Able to collaborate with others.	Demonstrates consistent & advanced respectfulness and thoughtfulness, & appropriate within all professional interactions.	Demonstrates consistent respectfulness and thoughtfulness, & appropriate within all professional interactions.	Demonstrates inconsistent respectfulness and thoughtfulness, & appropriate within professional interactions.	Demonstrates limited respectfulness and thoughtfulness dacts inappropriate within some professional interactions.	Dresses inappropriately after discussed &/or repeatedly disrespects of others.
2. C		Professional & Personal Boundaries	Maintains appropriate boundaries with supervisors, peers, & clients.	Demonstrates consistent & strong appropriate boundaries.	Demonstrates consistent appropriate boundaries.	Demonstrates appropriate boundaries inconsistently.	Demonstrates inappropriate boundaries.	Harmful relationship with others
2. D		Knowledge & Adherence to Site Policies	Demonstrates an understanding & appreciation for <i>all</i> counseling site policies & procedures.	Demonstrates consistent adherence to all counseling site policies & procedures, including strong attendance and engagement.	Demonstrates adherence to most counseling site policies & procedures, including strong attendance and engagement.	Demonstrates inconsistent adherence to all counseling site policies & procedures, including attendance and engagement.	Demonstrates limited adherence to all counseling site policies & procedures, including attendance and engagement.	Failure to adhere to policies after discussed with supervisor.
2. E		Record Keeping & Task Completion	Completes all weekly record keeping & tasks correctly & promptly (e.g., case notes, psychosocial reports, treatment plans, supervisory report).	Completes all required record keeping, documentation, and assigned tasks in a through, timely, & comprehensive fashion.	Completes all required record keeping, documentation, and tasks in a competent & timely fashion.	Completes all required record keeping, documentation, and tasks, but in an inconsistent & questionable fashion.	Completes required record keeping, documentation, and tasks inconsistently & in a poor fashion.	Failure to complete paperwork &/or tasks by specified deadline.

#	Score	Primary	Specific Professional	Exceeds Expectations /	CF Counselor Education Progr Meets Expectations /	Near Expectations /	Below Expectations	Harmful
		Professional Dispositions	Disposition Descriptors	Demonstrates Competencies (5)	Demonstrates Competencies (4)	Developing towards Competencies (3)	/ Insufficient / Unacceptable (2)	(1)
2. F		Multicultural Competencies	Demonstrates awareness, appreciation, & respect of cultural difference (e.g., race, ethnicity, spirituality, sexual orientation, disability, SES, etc.)	Demonstrates consistent & advanced multicultural competencies (knowledge, self-awareness, appreciation, & skilis) in interactions with clients, peers, and supervisors.	Demonstrates multicultural competencies (knowledge, self-awareness, appreciation, & skills) in interactions with clients, peers, and supervisors.	Demonstrates inconsistent multicultural competencies (knowledge, self-awareness, appreciation, & skills) in interactions with clients, peers, and supervisors.	Demonstrates limited multicultural competencies (knowledge, self-awareness, appreciation, & skills) in interactions with clients, peers, and supervisors.	Not accepting worldviews of others
2. G		Emotional Stability & Self-control	Demonstrates emotional stability (i.e., congruence between mood & affect) & self- control (i.e., impulse control) in relationships with supervisor, peers, & clients.	Demonstrates consistent emotional resiliency & appropriateness in interpersonal interactions with clients, peers, and supervisors.	Demonstrates emotional stability & appropriateness in interpersonal interactions with clients, peers, and supervisors.	Demonstrates inconsistent emotional stability & appropriateness in interpersonal interactions with clients, peers, and supervisors.	Demonstrates limited emotional stability & appropriateness in interpersonal interactions with clients, peers, and supervisors.	Inappropriate interactions with others continuously, high levels of emotional reactants with clients, peers, and supervisors.
2. H		Motivated to Learn & Grow / Initiative	Demonstrates engagement in learning & development of his or her counseling competencies.	Demonstrates consistent and strong engagement in promoting his or her professional and personal growth & development.	Demonstrates consistent engagement in promoting his or her professional and personal growth & development.	Demonstrates inconsistent engagement in promoting his or her professional and personal growth & development.	Demonstrates limited engagement in promoting his or her professional and personal growth & development.	Expresses lack of appreciation for the profession &/or is apathetic in promoting his or her professional and personal growth & development.
2. I		Openness to Feedback	Responds non- defensively & alters behavior in accordance with supervisory feedback.	Demonstrates consistent and strong openness to supervisory feedback & implements suggested changes.	Demonstrates consistent openness to supervisory feedback & implements suggested changes.	Demonstrates openness to supervisory feedback; however, does <i>not</i> implement suggested changes.	Demonstrates a lack of openness to supervisory feedback & does <i>not</i> implement suggested changes.	Defensive &/or disrespectful when given supervisory feedback.
2. J		Flexibility & Adaptability	Demonstrates ability to flex to changing circumstance, unexpected events, & new situations.	Demonstrates consistent and strong ability to adapt & "reads-&-flexes" appropriately.	Demonstrates consistent ability to adapt & "reads-&-flexes" appropriately.	Demonstrated an inconsistent ability to adapt & flex to his or her clients' diverse changing needs.	Demonstrates a limited ability to adapt & flex to his or her clients' diverse changing needs.	Not flexible, demonstrates rigidity in work with clients.
2. K		Congruence & Genuineness	Demonstrates ability to be present and "be true to oneself"	Demonstrates consistent and strong ability to be genuine & accepting of self & others.	Demonstrates consistent ability to be genuine & accepting of self & others.	Demonstrates inconsistent ability to be genuine & accepting of self & others.	Demonstrates a limited ability to be genuine & accepting of self & others (incongruent).	Incongruent and not genuine

\_\_\_\_\_: Total Score (out of a possible 55 points)

### Narrative Feedback from Supervising Instructor / Clinical Supervisor

Please note the counselor's or trainee's areas of strength, which you have observed:					
Please note the counselor's or trainee's areas that warrant impro	ovement, which you have observed:				
Please comment on the counselor's or trainee's general performa	ance during his or her clinical experience to this point:				
Counselor's or Trainee's Name (print)	Date				
Supervisor's Name (print)	Date				
Date CCS was reviewed with Counselor or Trainee –					
Counselor's or Trainee's Signature	Date				
Counselor's or Trainee's Signature	Date				

\* Note. If the supervising instructor / clinical supervisor is <u>concerned</u> about the counselor's or trainee's progress in demonstrating the appropriate counseling competencies, he or she should have another appropriately trained supervisor observe the counselor's or trainee's work with clients to provide additional feedback to the counselor or trainee.

## Appendix D: Forms to Complete Before Internship I & II (CG 598A&B)



## School Counseling Program Practicum/Internship Student and Site Information Form

Notification of finding a site must be **s**ubmitted by **MAY 1** for a practicum starting during Fall semester and no later than **DECEMBER 1** for a practicum starting during Spring semester. These deadlines are non-negotiable. Use the online <u>School Counseling Program Practicum/Internship Student and Site Information Form</u> to submit this information. A confirmation email of your submission will be sent to you. Keep a copy of this email in your notebook. Failure to submit this by the deadlines indicated above may result in a student being unable to enter the course.

## **School Counseling Internship Plan of Action**

Student Name:	Date:
---------------	-------

Objective	How	Anticipated Time Frame	Date Objective Met
Develop this plan		Should be completed prior to beginning internship	
M. Ed.			
Plan and conduct classroom guidance activities			
Individual counseling			
Co-lead/lead group counseling			
Consultation with parents/teachers			
Attend staff meetings			
Develop and conduct a teacher/parent workshop			
Six additional objectives			
1.			
2.			
3.			
4.			
5.			
6.			

## Appendix E: Forms to Complete During Internship I & II (CG 598A&B)



**Practicum/Internship Log**John Carroll University
School Counseling Program

Practicum Student	_Practicum Site
JCU Practicum Supervisor	_Practicum Instructor
Semester	

Date:	Total Hours:	Individual Counseling: Hours:	Group Hours:	Supervision Hours:	Other:
Totals:					

## Weekly Intern Activity Report & Log

John Carroll University School Counseling Program

Directions: This report should be completed weekly and turned into the internship course instructor to be placed in the student's internship file.

Name of Student:			Dat	e: _/_/	/_	_/_ We	ek#:	
Name of School:			Site	Supervi	sor:			
Activity	Mon	Tues	Wed	Thurs	Fri	Current Week Total	Previous Total	Cumulative Total
Supervision								
<ul> <li>Individual</li> </ul>								
• Group								
Counseling								
<ul> <li>Individual</li> </ul>								
• Group								
Consultation								
• Parent								
Administrator								
• Teacher								
• Other:								
Staff Meetings								
In-Service Training								
Documentation								
Other:								
Total:								

•	What specifically am I expected to do?	_
•	In what ways is my assignment different from at the time of the last report?	<del>.</del>
•	Mention specific knowledge or skill objectives that you and/or your superv developed for you.	isor have
•	Describe new areas of growth and development during this report period.	
•	Are there tasks or assignments that you would like to have added to your w	orkload?
Refle	ct on your experience:	
•	Assess your own performance during the past two weeks. Give an example that demonstrates your confidence in implementing counseling services.	of something
•	Describe something that you learned you would do differently.	
Inter	nship Concerns:	
•	Indicate any internship-related problems that you are experiencing. What s now taken to resolve the problem? Is your supervisor aware of this problem	
•	Please indicate any matter that you feel requires the assistance of the international control of the in	nship instructor

Describe your assignment within the school keeping in mind the following:

## **Individual Session Log Sheet**

Counselor Trainee:	Date:
Client ID:	
Log Information:	
Client Gender:	
Age:	
# of Sessions:	
Session Duration	
(in minutes):	
Briefly state client's	s presenting concern(s) and referral source
Session Summary:	Include a summary of what occurred during your session with this client. You may address the client by his/her first name only. Include changes in appearance or mood since last session, additional items of concern, any progress made on homework or other counseling assignments made in last session.

## **Group Session Log Sheet**

Date of Session # of people incl. co	ounselor	Session # Length of S	ession
-	sor present in session? ne:	Yes	No
Charting of Session-	Include unusual events the progress made toward ach homework assigned for ne of participants and counse objective narrative. You m	nieving goals, any spec ext session, and a seati elors. Summarize entir	ial techniques attempted, ng chart showing positions e session in a factual,

## **Client Satisfaction Survey**

Name	of Cour	selor						
Semes	ster/ye	ar						
Numb	er of co	unseli	ng sessio	ons yo	u have j	participated in wit	th this cour	nselor
Indica	te the e	extent	to which	you A	GREE o	r DISAGREE with e	each of the	statements below
Strongl	y disagre	ee (1)	Disagree (	<b>(2)</b>	Neither a	gree or disagree (3)	Agree(4)	Strongly Agree (5)
1. I wo	uld rate	my ov	erall cou	nseling	g experie	ence positively		
2. The	counsel	ing ser	vices I an	n recei	ving me	et my needs		
3. My 0	counsel	or is int	terested i	n and a	acceptin	g of me		
How n Check —— ——	one	tten m tten wo out the	uch wors orse same		ar from	i being in counseli	ng?	
			rall level 3_			at brought you to low	counseling	
			rall level 3_			distress now low		
	rate th			_		y my counselor low		
mgm	<b>J_</b>	<b>T</b>	J	<b>4</b>	т	10 W		

## Appendix G: Forms to Complete by the End of Internship II (CG 598B)



## **Program Evaluation Form**

John Carroll University Clinical Mental Health Counseling Program

The Program Evaluation is automatically emailed via the Survey Monkey system at the end of the semester to CG 596B students and their site supervisors for completion.

## **Student Internship Site Evaluation**

John Carroll University School Counseling Program PAGE 1 OF 2

# \*FOR FUTURE STUDENT INQUIRIES ONLY\* \*WILL NOT BE VIEWED BY SITE EMPLOYEES\*

Name:	Internship Site:
Dates of placement:	
Internship Site Supervisor: _	
<ul><li>Rate the following questions</li><li>1. Very unsatisfactory</li><li>2. Moderately unsatisfactory</li><li>3. Moderately satisfactory</li><li>4. Very satisfactory</li></ul>	about your internship experience using the following scale:
	f on-site supervision. ess of Internship Instructor. experience to career goals.
Rate all applicable experience Report writing. Administration and interest of the staff presentations/case Individual counseling. Classroom group guidant family conferences. Psychoeducational active Consultation. Career counseling.	reviews/ staff in-services. ce activities.
Present an overall rating of y Overall evaluation of int Other	our internship site, using the same scale: ernship site.

## **Student Internship Site Evaluation**

John Carroll University School Counseling Program PAGE 2 OF 2

Please provide brief answers to the following questions:

Please return this form to the Clinical Coordinator Assistant, Amy Zucca in AD309.
9. Would you recommend this site to another student? Why or why not?
8. What could have been done differently to make this a better placement?
7. Did you learn useful, marketable skills during your internship?
6. Were you given appropriate responsibility? Too little responsibility? Too much responsibility?
5. Were you given feedback regularly and consistently during your internship experience, regarding your progress?
4. Were you able to utilize staff resources from all areas of the school district and community?
3. Was your Site Supervisor available for regular consultation?
2. Were the goals of your placement adequately defined between you and your Site Supervisor?
1. Did your orientation session at the beginning of your placement give you an adequate overview of the placement site?