

2015-2016 Officers

Rose Malcolm, 16' President

Rose is currently in her last year of the Clinical Mental Health Counseling Program. She is finishing up her internship at Solutions Behavioral Healthcare, Inc. in Medina. Rose is very interested in pursuing her doctorate in Counseling Education and Supervision. Her research interests are diverse but currently she is interested in Grief and Trauma in children and adults.

Christine Banks-VanAllen, 16' Vice President

Christine is finishing her final year in the Clinical Mental Health Counseling Program. She is currently completing her internship at Premier Behavioral Health Services, where she focuses on treating adolescents and young adults. Her clinical and research interests include strength-based counseling approaches, social justice, and mental toughness. In addition to being the Vice President of Beta Chi, Christine is also a Graduate Assistant for the Department of Counseling.

Emily Vermillion, 16' Secretary

Emily is finishing her final year in the Clinical Mental Health Counseling program. She is currently performing her practicum at Cornerstone of Hope: A Center for Grieving Children, Teens and Adults. Emily will continue at this site throughout internship. Her clinical and research interests are grief/loss, anxiety, depression, trauma, motivational interviewing, and mindfulness.

Megan Bickett, 16' Treasurer

Megan is embarking on her final year in the Clinical Mental Health Counseling Program. She has completed her practicum and is finishing her internship with Ohio Guidestone. Her research and clinical interests include anxiety, depression, mindfulness, and career counseling.

Dr. Nathan Gehlert, Faculty Advisor

Dr. Gehlert is an Assistant Professor at John Carroll University, and is the advisor of Chi Sigma Iota: Beta Chi Chapter at JCU. Dr. Gehlert keeps an active research agenda in the areas of couples counseling, motivational interviewing, and personality theory. Dr. Gehlert is trained as an Imago Relationship Therapist, and has eight years of experience working with individuals and couples. Dr. Gehlert teaches many of the foundational courses here at JCU as well as, Advanced Techniques and the Doctoral Preparation Seminar.

JCU Beta Chi Newsletter

October 2015



Beta Chi: Who Are We?

“Our mission is to promote scholarship, research, professionalism, leadership, advocacy, and excellence in counseling, and to recognize high attainment in the pursuit of academic and clinical excellence in the profession of counseling.” –Chi Sigma Iota Mission Statement

Beta Chi, JCU’s chapter of Chi Sigma Iota, seeks to help students build professional affiliations in the Cleveland area, expose students to multicultural experiences through service, offer learning opportunities through mentorships, and support students on the pursuit of academic excellence. Beta Chi offers opportunities that help students define their areas of interest within the counseling field and determine ways in which they can be active contributors to their prescribed profession.

If you have any questions or suggestions, please contact us at:

BetaChi@jcu.edu

Upcoming Beta Chi Events at JCU



Coming Soon: Beta Chi T-Shirts

Show your JCU Counseling Pride!

Stay tuned for more information about how you can get your very own Beta Chi T-shirt!

Fall Fest with Dr. Faiver
Oct. 19th 2015
Dolan E228 @ 5:00pm

Meet one of John Carroll's esteemed professors: Dr. Christopher Faiver. Dr. Faiver served as Clinical Counseling Program Coordinator for over two decades where he was presented the University's Distinguished Faculty Award. Currently, he is Professor Emeritus in the Department of Counseling, teaching courses in Orientation, Theories, Techniques, and Hypnosis.

Fall food/snacks will be provided.

Beta Chi Presents
The Doctoral
Program Series

Are you thinking about pursuing a doctorate? Beta Chi is pleased to announce the following doctoral programs will be coming to talk at JCU! Come meet the representatives and get valuable information about the programs in North East Ohio.

10/21/15 @ 4:20pm:
University of Toledo

10/28/15 @ 5:00pm:
Cleveland State University

11/11/15 @ 4:20pm:
University of Akron

11/18/15 @ 5:00pm: Kent
State University

Where: Dolan E227

As always, Beta Chi events are open to all John Carroll students enrolled in the CMHC and School Counseling programs.



Counseling around the World

In June, 2015, Dr. Gehlert participated in a faculty exchange program at the University of Social Sciences and Humanities, in Ho Chi Minh City, Vietnam. Dr. Gehlert gave lectures on Motivational Interviewing and Imago Relationship Therapy to faculty and students in the psychology department. He also visited several counseling centers and gave a talk to teachers at a primary school. The mental health field is an emerging field in Vietnam and Dr. Gehlert has been invited to return next summer to give an in-depth training on Motivational Interviewing.

Dr. Gehlert will speak about his experience in Vietnam on November 16th. Beta Chi will be having a fundraiser to support universities in Vietnam at the end of November. Stay tuned for more information regarding both of these Beta Chi events!!

JCU Spotlight

Reflections from the American Counseling Association National Conference 2015

Emily Vermillion had the privilege to attend the national conference this year in Orlando Florida. She was able to learn from knowledgeable individuals in the field of counseling and research. Emily attended presentations on the first randomized control trial in Imago Relationship Therapy, Depression in women and adolescent girls, Counseling and Advocacy for Older Adults, Derald Sue's presentation on Micro-aggressions, and many more! There were many opportunities to attend keynote speaker sessions, poster sessions, presentations of research, and presentations in specialized areas of study. There were plenty of opportunities to focus on your area of specialization or to learn something new!

Registration for the 2016 ACA Conference in Montreal is now open. Register early for the lowest prices!

If you want to share your story here, email us at:
BetaChi@jcu.edu

All Ohio Counselors Conference (AOCC)

Nov. 4th-6th at the Hilton
in Columbus

The All Ohio Counselors Conference is the leading professional development conference in the state of Ohio for licensed counselors, counseling students, supervisors, and counselor educators who work in a clinical/community, school, college, addiction, private practice, or other related setting.

Early Registration Deadline is Oct. 30th 2015.

You can register online at:
<http://www.allohiocc.org>

Beta Chi and the Department of Counseling will be sponsoring a lunch on Nov. 5th at the Hilton Dining room.

Please RSVP for conference to BetaChi@jcu.edu

ACA National Conference 2016 Information

This year's national conference is held in partnership with the Canadian Counseling and Psychotherapy Association. The conference is in Montreal Canada, on March 31st-April 3rd.

Lowest registration rates are available now, and are \$240 dollars for new professionals and students. Discounts available if volunteering at the conference.

You can register online at:
<https://www.counseling.org/conference/register-for-conference>

Beta Chi Fall Calendar of Events

Oct. 19th 2015
Fall Fest with Dr. Faiver
Dolan East 228

Oct. 21st 2015
Doctoral Series – University of
Toledo
Dolan East 227

Oct. 28th 2015
Doctoral Series – Cleveland
State University
Dolan East 227

Nov. 4th-6th 2015
AOCC
Hilton at Eaton
Beta Chi/JCU Counseling
Department Lunch Nov. 5th in
Hilton Dining Room.

Nov. 11th 2015
Doctoral Series – University of
Akron
Dolan East 227

Nov. 16th 2015
Dr. Gehlert's Experience of
Vietnam
Room TBD

Nov. 18th 2015
Doctoral Series – Kent State
Dolan East 227

Nov. 30th 2015
Beta Chi Fundraiser
TBD

Dec. 4th 2015
Beta Chi Holiday Party
TBD

Mar. 31st-Apr. 3rd 2016
ACA National Conference
Montreal, Canada

Stay Tuned for More
Events and Information!