

WINTER 2019

COUNSELING, SOCIAL WORK, MARRIAGE and FAMILY THERAPY, CHEMICAL DEPENDENCY, and PSYCHOLOGY CONTINUING EDUCATION WORKSHOPS

For full course descriptions, instructor information and to register, go to:

<http://sites.jcu.edu/ce/pages/counseling-workshops/>

Cost: \$25/hour. \$22.50/hour for alumni. \$25/course for students.

Refunds are given in form of a workshop credit for up to one year.

Each workshop satisfies 3 CE hours or 3 NBCC hours unless otherwise noted.

Workshops are held in the Dolan Science Center Room 202-203.

John Carroll University offers free, convenient, and close parking!

Title	Date(s)	Meeting Time
<p>The Re-Emerge of Crack Cocaine in the Wake of the Opiate Epidemic 3 CE hours or 3 NBCC hours OPA: 3 hours OCSWMFT: 3 hours OCDP: (C2 – Counseling Procedures & Strategies with Addicted Populations 2 hours and C6 – Pharmacology 1 hour) OR R1 – Field Related Other 3 hours Martina Moore, Ph.D., LPCC, LICDC-CS</p>	Friday 1/25/2019	9:00 a.m. – 12:15 p.m.
<p>Group Supervision: Effective, Efficient and Challenging OPA: 3 hours OCSWMFT: Supervision 3 hours OCDP: S6 – Supervision Specific Other 3 hours OR R1 – Field Related Other 3 hours Paula J. Britton, Ph.D., LPCC-S</p>	Friday 2/15/2019	9:00 a.m. – 12:00 p.m.
<p>Resolving Ethical Questions & Ethical Dilemmas: A Structured Approach OPA: Ethics Competency and Professional Conduct 3 hours OCSWMFT: Ethics 3 hours OCDP: C9 – Legal & Ethical Issues in Counseling 3 hours OR P7 – Ethics for Prevention 3 hours OR R1 – Field Related Other 3 hours Cecile Brennan, Ph.D., LPCC-S</p>	Friday 3/22/2019	9:00 a.m. – 12:00 p.m.

John Carroll University Office of Continuing Education is an approved provider for the Ohio Counselor, Social Worker, and Marriage and Family Therapists Board (Provider #RCS030604 and #RTX091802.) John Carroll University is approved by NBCC as an Approved Continuing Education Provider (ACEP Number 4064.) John Carroll University is approved by the Ohio Psychological Association Office of Mandatory Continuing Education to offer continuing education for psychologists. John Carroll University [tax id: 00PO-340714681] maintains responsibility for the program. Participating Ohio psychologists' signatures are required on the day of the class. John Carroll University is an approved course provider for the Ohio Chemical Dependency Professionals Board (50-21692.)



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The Re-Emerge of Crack Cocaine in the Wake of the Opiate Epidemic

In the wake of the opioid epidemic we have begun to see a re-surge of crack cocaine. Some experts are predicting that we will encounter a catastrophic collision between opiates and cocaine. This workshop will review both drugs opiates which is a central nervous system depressant and cocaine which is a central nervous system stimulant. We will review the chemical makeup of both drugs, and how these drugs effect the body, physiologically and psychologically. We will also cover the increase in combining these two drugs and the introduction of fentanyl upon both. Best treatment practices for both substances will be introduced and treatment methods for ongoing recovery.

9:00 Review of cocaine, opiates and how the body responds both physically and psychologically
10:00 Break
10:15 The recovery process for opiates and cocaine and the interaction complications
11:00 Evidenced based treatment approaches and levels of care appropriate for cocaine and opiate users

By the end of this workshop, attendees will be able to:

1. Understand the chemical makeup of opiates and cocaine and how the body responds to both psychically and psychologically.
2. Understand the interaction of both drugs the effects the recovery process.
3. Articulate specific, evidence-based treatment methods for both substances.

Martina Moore, Ph.D., LPCC, LICDC-CS holds a Ph.D. in counseling, education, and supervision. She is the President and CEO of Moore Counseling & Mediation Services, Inc., (MCMS). This organization has seven outpatient alcohol and drug treatment centers in Northeast, Ohio. MCMS is also an employee assistance provider (EAP) for many local and national organizations. Dr. Moore and her team started along with Judge Marilyn Cassidy, the first Human Trafficking court in Northeast, Ohio. This program has successfully touched the lives of over 100 human trafficking victims. Her agency is also the provider for four City of Cleveland specialized dockets. Including drug court, mental health court, veterans court, and human trafficking.

Dr. Moore is faculty at John Carroll University and an instructor at The Gestalt Institute of Cleveland. Dr. Moore is on the board of directors for Serving and Learning Together (SALT), a non-profit organization where she works on philanthropic activities to provide services such as building dispensaries, schools, and libraries in under developed countries. In August of 2017 and 2018, Dr. Moore traveled to Ho Chi Minh City, Vietnam where she taught students and psychology professionals treatment methods for the substance use disorder population.

Group Supervision: Effective, Efficient and Challenging

This workshop will provide an overview of the group supervision process. Several different models will be introduced, and participants will apply different approaches, including an adaptation of reflecting team supervision. The ethical issues involved in group supervision and group supervision contracts will be addressed. In a small group format a "game" will be played, which encourages participants to consider how they would handle different group supervision scenarios, and case studies that highlight ethical issues will be discussed, including possible ways to manage the challenges. Cases include ethical issues in the supervision of family therapy and addiction professionals. The workshop is both didactic and experiential.

9:00 Introduction to Group Supervision (lecture)
10:00 Application of group supervision technique
10:30 Supervision Game
11:00 Case discussions

Workshop Objectives:

1. Participants will learn about the specific types of supervision groups; their benefits and challenges.
2. Participants will be given an opportunity to practice different group supervision models with emphasis on multiple perspectives.
3. Participants will learn and discuss complexities of providing group supervision and apply this learning to case examples.

Paula J. Britton, Ph.D., LPCC-S has been a professor of Clinical Mental Health Counseling at John Carroll University (JCU.) for 26 years. She is a licensed psychologist and a PCC-S, with over twenty years of diverse clinical experience including an administrator and supervisor in a family service agency, a project director of a large research grant and maintains a small private practice. She has given over 100 local, state, and national professional presentations and workshops in the areas of supervision and ethics as well as numerous publications. Currently, she is a supervisor of: Master level therapists in private practice, Doctoral Interns for Clinical Mental Health Counseling, and Practicum/Internship students in Clinical Mental Health Counseling Program at JCU.

Resolving Ethical Questions & Ethical Dilemmas: A Structured Approach

This workshop will present a template to be used when confronted with an ethical question or ethical dilemma. Participants will first be guided through the use of the template. Then they will be presented with the opportunity to implement the template in response to a number of cases. Finally, participants will use the template to resolve questions or concerns that have arisen in their own clinical practice.

9:00 Review of common ethical questions and ethical dilemmas
9:45 Description of the ethical decision-making process
10:00 Application of ethical decision-making template
11:30 Summary and Q & A

Upon completion of the workshop participants will be able to:

1. Distinguish between an ethical question and an ethical dilemma.
2. Consult relevant sources in order to gather data which will inform the decision-making process.
3. Apply a decision-making model in order to resolve ethical dilemmas.
4. 9:00-10:00 Review the ethical codes of mental health professions with special attention to the code for addictions counselors. Particular attention will be placed on the role of personal values and the importance of considering cultural issues.

Cecile Brennan, Ph.D., LPCC-S is a licensed professional clinical counselor with a supervisory designation, a counselor educator and a clinician in private practice. She is currently an Associate Professor in the Department of Counseling at John Carroll University. During her time at John Carroll, she developed a certificate program in Spiritual Wellness & Counseling. Dr. Brennan's primary areas of scholarly inquiry are counseling ethics, the interface of spirituality and counseling, and the socio-cultural context of mental dysfunction.

Dr. Brennan has been active in a number of professional organizations and regularly presents at local, state and national counseling conferences. In addition, she has written a number of scholarly articles and book chapters. Prior to her present position at John Carroll University, she taught in the Art Therapy & Counseling Program at Ursuline College and has worked as a high school teacher and counselor.